



Howard County

RECREATION & PARKS

2016 WINTER

*Valentine's
Truffle-Making*
page 13



ACTIVITY GUIDE

Online Registration
STARTS
DECEMBER 2, 6 PM

INCLUDES 2016 SPRING/SUMMER COMPETITIVE SPORTS

www.howardcountymd.gov/rap

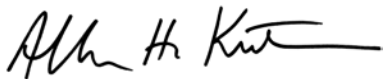
Welcome to the Winter 2016 Activity Guide!

Welcome to the 2016 Winter Activity Guide, your source for all the great programs, leagues, classes and special events being offered by Howard County's Department of Recreation & Parks this season.


From arts programs for preschoolers to teen outings, adult fitness classes and sports leagues for all ages, there is something for everyone! Beginning January 4, 2016, we've added the Go50+ Fitness Package. A three-tiered membership program, the Go50+ Fitness Package offers residents age 50 and older access to our three community centers and the new Ellicott City 50+ Fitness Center (see page 6).

We also have two exciting additions to our Recreation & Parks service offerings. This past September, we opened the Nature Place at the Robinson Nature Center, an area that offers children the opportunity to explore and discover nature year round (see below). To help you navigate our beautiful parks, we've created the HoCo Parks Mobile App, now available for free from the Apple Store and Google Play (see page 57).

Despite the colder weather, we hope you are able to find a fun activity this winter season to help you get up, get out and get active in Howard County!



Allan H. Kittleman
Howard County Executive



John R. Byrd
Department of Recreation
& Parks Director



Allan H. Kittleman



The Nature Place at Robinson Nature Center

The Nature Place at the Robinson Nature Center opened with a ribbon-cutting ceremony on September 20, 2015. Open year-round, the Nature Place is designed to provide an area of nature exploration, discovery and adventure for children. The space features a building area, nature art area, music and movement area, large climbing log, log steppers, and an underground tunnel slide. It also includes original wooden animal carvings by Columbia artist Evelyn Mogren. For more information on Robinson Nature Center, see page 9.



Cover photo: Valentine's Truffle-Making & Wine-Tasting returns to the Robinson Nature Center on February 13. Bring a friend, your sweetheart or your awesome self out to learn the art of hand-rolling delectable chocolate truffles and enjoy wine tasting from a local vineyard. See page 13 for more information.

How to Register

Howard County residents may register online beginning December 2 at 6 PM and by all other methods beginning December 3. Out-of-County residents may register online beginning December 9 at 6 PM and by all other methods beginning December 10. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 87. Please let us know if you have any questions or suggestions — we always like to hear from you.

- On-line: www.howardcountymd.gov/rap
- Phone/Relay: 410-313-7275 (8 AM-4:30 PM, M-F)
- Fax: 410-313-4658
- Mail-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia, MD 21046
(Form on page 91)
- Walk-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia (8 AM-4:30 PM, M-F)
- Bain 50+ Center (410-313-7320)
5470 Ruth Keeton Way, Columbia (9:30 AM-2 PM, M-F)
- Gary J. Arthur Community Center
2400 Rte. 97, Cooksville
(8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)
- North Laurel Community Center
9411 Whiskey Bottom Road, Laurel
(8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)
- Robinson Nature Center
6692 Cedar Lane, Columbia
(9 AM-5 PM, W-Sa; Noon-5 PM, Su)
- Roger Carter Community Center
3000 Milltowne Drive, Ellicott City
(7 AM-10 PM, M-Sa; 7 AM-9 PM, Su)

Inclement weather & program status lines:
Pages 87 and 88.

If you would like this Guide in a larger font,
please contact Susan Potts, 410-313-4628.

Is the class you want full? Place your name on
the waiting list. We try to open new sections
for filled classes that have waiting lists.

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Extend Your Child's School Day Through Our Before- & After-School Programs

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Spring Break – Celebrate World Cultures
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Spring Break Volleyball Academy
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Ultimate Junior Sports & Games
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8-13 yrs / Mar 28-Apr 1 / Page 82
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Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those between 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone and Friday Fun Zone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec).



**3 CENTERS,
1 LOW PRICE!**

- The Fit4U Package allows you to use our three community centers' fitness facilities.
- No enrollment fees.
- Center membership included!

Pricing for 13-49 yrs

Yearly	\$25/month
6 Months	\$30/month
3 Months	\$35/month
Monthly	\$40/month
Drop-In/Guest Rate	\$5/visit

Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85	\$55	\$35	\$15	\$5/visit

Additional Information

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for couples (two adults in same household).
- Call one of our centers for more pricing information (page 8).

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

GJACC = Gary J. Arthur Community Center NLCC = North Laurel Community Center
RCCC = Roger Carter Community Center



GO50+

Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County. Effective January 4.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs

Price: FREE

50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/Aerobics Studio*

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, Pool Access During Open Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (5 yrs +)	\$25 / \$50 (Non resident)
Annual Adult (16 yrs +)	\$25 / \$50 (Non resident)
Card Replacement Fee	\$10
Daily Center Pass	\$5

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur), 410-313-2764 (Roger Carter) or 410-313-1162 (Meadowbrook).

Basketball (Family & 16 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10 PM	M
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9 PM	M
16 yrs +	N Laurel Comm Ctr	6-7 PM	Tu
16 yrs +	Roger Carter Comm Ctr	8-10 PM	M
16 yrs +	Roger Carter Comm Ctr	7-10 PM	Sa
50 yrs +	Gary J Arthur Comm Ctr _{1,2}	9-11 AM	M, W & F
50 yrs +	N Laurel Comm Ctr	10 AM-noon	M & W

1. No full-court games at GJACC. 2. This is an Office of Aging program

Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr	10 AM-2 PM	Tu
N Laurel Comm Ctr	10 AM-2 PM	Tu

Friday Family Fun Night (Family, all ages)

It's an open gym for the whole family. Basketball hoops can be lowered for younger members. No full-court games so that there is space for everyone.

Gary J Arthur Comm Ctr	5:30-7 PM	F
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MAC Pre-K Drop-in Play! (2-5 yrs)

Continuous starting Jan 4 / \$4 per parent/child per day, \$2 per additional child per day

The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula hoops, big wheel trikes, scooters and more! Parent involvement required. (No class: 3/28-4/1).

Meadowbrook Ath Comp	9:30 AM-noon	M, W & F
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Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr	9 AM-noon	F
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Ping Pong (16 yrs +)

N Laurel Comm Ctr	Noon-4 PM	Sa
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Social Sandbox

Meet friendly local moms to talk about the kids and have fun!

Takes place in the gym. Chaperone must be at least 16 years old.

Gary J Arthur Comm Ctr	Noon-1 PM	Th
N Laurel Comm Ctr	9:30 AM-11:30 AM	Th

Stroller Moms & Friends

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 16 years old.

Gary J Arthur Comm Ctr	8-11 AM	W & F
N Laurel Comm Ctr	8-9 AM	Tu & Th

Swimming

Full schedule: www.howardcountymd.gov/RCCC.htm

Lap Swim (13 yrs +) / Roger Carter Comm Ctr

Swim in one of our six lap lanes.

6-10 AM	M, W, F	7:30-9:30 PM	M-F
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Open Swim (All ages)

Noon-5 PM	M-F	Noon-9:30 PM	Sa
9 AM-8:30 PM	Su		

Pre-K Swim / Roger Carter Comm Ctr

Meet friendly local families to talk about the kids and have fun! Chaperone must be at least 16 years old. View full schedule online.

10 AM-noon	M-F
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TeenZone (12 yrs +)

Come shoot hoops, play billiards, ping pong and games. Or just come and hang out!

Gary J Arthur Comm Ctr	2:30-5:30 PM	Tu-Th
N Laurel Comm Ctr	2:30-5:30 PM	M-F
Roger Carter Comm Ctr	2:30-5 PM	M-F

NEW! Toddler Time

Bring your little ones indoors to play with push toys, hula hoops, tunnels and other gross motor skill activities. Through interactive play children develop motor skills and social skills.

N Laurel Comm Ctr	9:30-11:30 AM	Tu
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Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10 PM	W
Family	Roger Carter Comm Ctr	5-7 PM	Sa
16 yrs +	Gary J Arthur Comm Ctr	7-9 PM	W
16 yrs +	N Laurel Comm Ctr	5:30-7 PM	Th
16 yrs +	Roger Carter Comm Ctr	7-10 PM	W
16 yrs +	Roger Carter Comm Ctr	5-7 PM	Sa



Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY AT A
HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

ADVENTURE, NATURE & OUTDOORS
410-313-4623

GARY J. ARTHUR COMMUNITY CENTER
410-313-4840

MEADOWBROOK ATHLETIC COMPLEX
410-313-1163

NORTH LAUREL COMMUNITY CENTER
410-313-0390

PAVILIONS IN THE PARKS
410-313-4682

ROBINSON NATURE CENTER
410-313-0400

ROGER CARTER COMMUNITY CENTER
410-313-2764



flickr



GARY J. ARTHUR COMMUNITY CENTER

2400 Rte 97, Cooksville, MD 21723

Registration: 410-313-4840

Hours: 7 AM-9 PM, M-Sa; 9 AM-6 PM, Su

Closed: Nov 26-27, Dec 25, 2015 and Jan 1, Mar 27,

May 30, Jul 4, Sep 5, Nov 24-25, Dec 25, 2016

Closing at 5 PM: Dec 24 & 31, 2015 and

Dec 24 & 31, 2016

www.howardcountymd.gov/GJACC.htm



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NORTH LAUREL COMMUNITY CENTER

9411 Whiskey Bottom Rd, Laurel, MD 20723

Registration: 410-313-0390

Hours: 8 AM-9 PM, M-Sa; 9 AM-6 PM, Su

Closed: Nov 26-27, Dec 25, 2015 and Jan 1, Mar 27,

May 30, Jul 4, Sep 5, Nov 24-25, Dec 25, 2016

Closing at 5 PM: Dec 24 & 31, 2015 and

Dec 24 & 31, 2016

www.howardcountymd.gov/NLCC.htm



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ROGER CARTER COMMUNITY CENTER

3000 Milltowne Drive, Ellicott City, MD 21043

Information/Rentals/Reservations: 410-313-2764

Hours: 6 AM-10 PM, M-F; 7 AM-10 PM, Sa;

7 AM-9 PM, Su

Closed: Nov 26-27, Dec 25, 2015 and Jan 1, Mar 27,

Nov 24-25, Dec 25, 2016

Closing at 5 PM: Dec 24 & Dec 31, 2015 and May 30,

Jul 4, Sep 5, Dec 24 & Dec 31, 2016

www.howardcountymd.gov/RCCC.htm

Kiwanis-Wallas HALL

3300 Norberts Way, Ellicott City, MD 21042
 Info: 410-313-2636
 Reservations: 410-313-2637
 Center Hours: 8 AM-5 PM, M-Th; 8 AM-4 PM, F
 Closed: Nov 26-27, Dec 25, 2015 and
 Jan 1, Mar 27, May 30, Jul 4, Sep 5, Nov 24-25, Dec 25, 2016
 Closing at 5 PM: Dec 24 & 31, 2015 and Dec 24 & 31, 2016
 Perfect for larger events with a banquet capacity of 200 people.
 Room dividers can partition the facility into three areas.



MEADOWBROOK ATHLETIC COMPLEX

5001 Meadowbrook Lane, Ellicott City, MD 21043
 Info: 410-313-1161
 Facility Rental: 410-313-1163
 Recorded Info: 410-313-4452
 Inclement Weather/Facility Status: 410-313-4452
 Gym Hours: 410-313-4452
www.howardcountymd.gov/MAC.htm

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9 AM, M-F.
 Info: Matthew Knoerlein, 410-313-1163.
 Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults).
 Info: Matthew Knoerlein, 410-313-1163.

Winter (Jan-Mar)

Adults: \$59, season; \$25, month
 *Also includes select local school gym drop-in basketball and volleyball.
 Youth: \$25, season; \$10, month



6692 Cedar Lane, Columbia, MD 21044
 Info: 410-313-0400
 Facility Rental: 410-313-0400
 Center Hours: 9 AM-5 PM, W-Sa;
 Noon-5 PM, Su

Closed: Mondays, Tuesdays and Nov 26-27, Dec 25, 2015 and Jan 1, Mar 27, Nov 24-25, Dec 25, 2016
www.howardcountymd.gov/RobinsonNatureCenter.htm

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission*

Adults: \$5

Children (3-17 yrs): \$3

Children (under 3 yrs): Free

* Admission is complimentary for individuals and families every Wednesday. Group visits are subject to admission fees and must be booked in advance.

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, discounts in the gift shop during designated events and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Non Resident)

Student (with valid school ID): \$20 / \$40 (Non Resident)

Individual: \$25 / \$50 (Non Resident)

Family: \$50 / \$100 (Non Resident)

(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 or visit www.friendsoftherobinsonnaturecenter.org for details.

Patron: \$175

Supporter: \$250

Sustainer: \$500

Lifetime: \$1,000

Field Trips

We offer year-round field trip programming for All ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Pavilions are perfect for birthdays, family outings and more.

Pavilion & Facility Rentals

Information/Reservations: 410-313-4682

*For North Laurel Park Pavilion: 410-313-0390

www.howardcountymd.gov/rentals.htm

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$155 / \$185
Centennial Park Pavilion A, B & C	\$150 / \$180
Centennial Park Pavilion D	\$360 / \$390
Centennial Park Pavilion E, F & G	\$150 / \$180
Centennial Park Pavilion H	\$900 / \$930
Centennial Park Pavilion O	\$155 / \$185
Cedar Lane Park East Pavilion	\$320 / \$350
Cedar Lane Park West Pavilion	\$400 / \$430
Guilford Park Pavilion	\$155 / \$185
Hammond Park Pavilion	\$155 / \$185
High Ridge Park Pavilion	\$300 / \$330
Meadowbrook Park Hawksview Pavilion	\$350 / \$380
North Laurel Park Pavilion*	\$300 / \$330
Rockburn Branch Park Pavilion	\$225 / \$255
Savage Park Pavilion	\$330 / \$360
Waterloo Park Large Pavilion	\$155 / \$185
Waterloo Park Small Pavilion	\$130 / \$160
Western Regional Park Pavilion 1	\$200 / \$230
Western Regional Park Pavilion 2 & 3	\$155 / \$185
Western Regional Park Pavilion 4 & 5	\$350 / \$380

Indoor Facilities

Info: 410-313-4682

www.howardcountymd.gov/CentersFacilitiesRentals.htm

Ellicott City Colored School, Restored: 410-313-5131

Gary J. Arthur Community Center: 410-313-4840

Kiwanis-Wallas Hall: 410-313-2636

North Laurel Community Center: 410-313-0390

Patapsco Female Institute Historic Park: 410-313-5131

Pfeiffer's Corner Schoolhouse: 410-313-4682

Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity and Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711



Come visit Santa at the Thomas Isaac Log Cabin.

Historic Howard County Programs

- Howard County Recreation & Parks heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.
- Information about historic sites, visit www.howardcountymd.gov/HistoricalSites.htm.
- Event Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.
- To see photos, visit [Pinterest](#) /hocorec.

Midnight Madness at the Firehouse Museum All ages / Dec 4 / Free

Take a break from shopping during Midnight Madness and drop into the Firehouse Museum as we kick off the 2015-16 holiday season in historic Ellicott City. Warm up as we share stories about the brave actions of our fire department, who started out in this very building.

Firehouse Museum 4-8 PM F

Santa's Workshop at the Thomas Isaac Log Cabin All ages / Dec 4 / Free

Join Santa and his elves on this very special evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa, with the help of some elf friends, presents a workshop that promises to captivate children of all ages.

Thomas Isaac Log Cabin 4-8 PM F

Santa at the Thomas Isaac Log Cabin All ages / Dec 5 / Free

Start your holiday season off right with a visit to Santa while enjoying the festive holiday decorations at the Thomas Isaac Log Cabin. Children, come enjoy this season opener in the historic district. If Mrs. Claus is done with her baking, she may come out too! Bring your camera... that perfect shot for your holiday greeting card is waiting.

Thomas Isaac Log Cabin Noon-4 PM Sa

4th Annual Martin Luther King, Jr. Day of Remembrance

All ages / Jan 18 / Free

Join us on this special day of remembrance at the Roger Carter Community Center, named in memory of Howard County's own prominent community leader. An invocation with a special musical program by the Bain Center Gospel Choir highlights the day. Visitors learn about Roger Carter's contributions to Howard County and more. Please bring a nonperishable food item for donation to a local food bank.

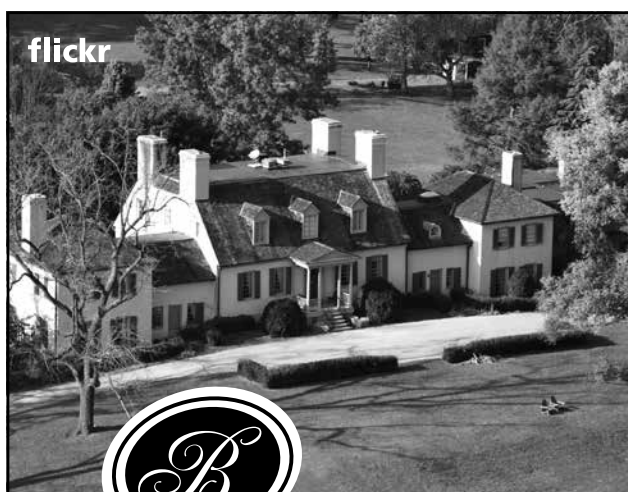
Roger Carter Comm Ctr 10 AM-1 PM M

Presidents Day at Pfeiffer's Corner Schoolhouse

Grades 3-6 / Feb 15 / \$10

On this holiday celebrating the birthdays of George Washington and Abraham Lincoln, children learn about these leaders, their families and how they influenced the nation as presidents through stories, games and hands-on activities in a one-room schoolhouse built in the 1880s. Come see what going to school was like in the 19th century! Bring a nut-free snack and beverage.

RP3050.601 Pfeiffer's Corner Schoolhouse 10 AM-noon M



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BELMONT

MANOR & HISTORIC PARK

Now Booking
THROUGH
2017

- Beautiful Historic Manor House on 68 acres of protected park land
- Suitable for meetings, retreats, receptions, presentations, holiday parties, company picnics, team building & events
- Wi-Fi & AV equipment
- Conference room, ballroom & dining rooms with adjacent break rooms & gas fireplaces
- Game package & billiards room
- Howard County Conservancy Nature Center on-site
- Convenient location, minutes from BWI Airport, I-95 & Rt 100

TO BOOK OR FOR MORE INFORMATION

Call 410-313-0200 or email calen@howardcountymd.gov

6555 Belmont Woods Road, Elkridge, MD 21075
www.belmontmanormd.org

Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements

- Be at least 18 years old or 13-17 years old with parental consent;
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.hocovolunteer.org.

Info: Shawnté Berry, 410-313-4624 or
sberry@howardcountymd.gov.

Community Knitting & Crocheting Group

55 yrs + / 2nd and 4th Wed of the month / Free

Information on page 59.

RP3070.601 Kiwanis-Wallas Hall 1-3 PM W

CHECK OUT THE NEW VOLUNTEERS WEBSITE

Event Dates: 11/07/2015 - 11/07/2015

Family Volunteer Day



Saturday, November 7
9 AM-noon

Parks and facilities throughout Howard County.
Information: 410-313-4704.
Pre-registration required by Oct 29.
For project descriptions and to preregister visit:
www.hocovolunteer.org



Family Volunteer Day Patapsco Female Institute...

*Thank you for your interest in
volunteering with Howard County. For the latest
opportunities, please visit us at
www.hocovolunteer.org*

Rentals

Historic Sites

Volunteers



The Holiday Train Garden delights all ages!

Special Events & Family Activities

December

Holiday Train Garden

All ages / Nov 21-Jan 10 / Free

Come visit us and enjoy some holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains. Visitors of all ages delight in the buttons to activate accessories or sounds. Enter for a free drawing to win four passes to the B&O Railroad Museum in Baltimore. Train garden open during center operating hours.
Gary J Arthur Comm Ctr

Christmas in the Park

All ages / Dec 1 / Free

Kick off the holiday season with a tree lighting! Join County Executive Allan H. Kittleman for some hot chocolate and caroling with the Howard High School Chamber Choir. (Enjoy a special visit from Santa Claus and seasonal holiday characters.) Info: 410-313-7275.

Centennial Pk South 6-7:30 PM Tu

Holiday Mart

All ages / Dec 5 / \$5, ages 5+; Free, 4 yrs & under

Join us for the 43rd year. Find seasonal gifts and merchandise created by 130 juried artisans. Enjoy horse and carriage rides, door prizes and a children's craft corner. Shoppers know this is the place to find unique handcrafted items and home decor. You're sure to find something for everyone on your list! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check available. Info: 410-313-4840.

Gary J Arthur Comm Ctr 10 AM-5 PM Sa

Deck the Halls Winter Workshop

3-11 yrs / Dec 5 / \$10, center members; \$15, nonmembers

Get into the holiday spirit while enjoying festive holiday music, seasonal crafts, refreshments and entertainment by Blue Sky Puppet Theatre showcasing Rufus the Red-Nosed Reindog. You are encouraged to bring nonperishable food items and new toys for charitable donations. Preregistration is required. Registration/Info: 410-313-0390.

RP4400.601 N Laurel Comm Ctr 3-4:30 PM Sa

Deer Santa

2-6 yrs / Dec 13 / \$20 (one child & adult)

Santa's reindeer have many skills. Come discover our special "Reindeer Trail." Hike through the woods as we test our skills against those of our four-legged friends in this family-friendly adventure. Then come back inside to warm up with a snack, make a seasonal craft and get a photo with Santa! Register an additional adult (\$5) or child (\$15). Registration/Info: 410-313-0400.

RP4871.501 Robinson Nature Ctr 2-4 PM Su

Deer Santa

"Program was a lot of fun for the kids. Great with a variety of activities. Nice to have walk through the woods, a craft and Santa visit. Would be a fun annual program."

January

NEW! Fitness and Nutrition Seminar

18 yrs + / Jan 7 / Free, fitness members; \$5, nonmembers

Jump start the year by learning new exercises, stretches and techniques for workout regimens. Suitable for all ability levels, this seminar includes healthy nutrition information by our Fitness Coordinator.

Preregistration is required. Registration/Info: 410-313-2764.

RP5400.601	Roger Carter Comm Ctr	Fitness members	6-8 PM	Th
RP5400.602	Roger Carter Comm Ctr	Nonmembers	6-8 PM	Th

Snowflake Ball for Dads & Daughters

4-12 yrs / Jan 9 / \$32, center members (one child & adult); \$40, nonmembers (one child & adult)

Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts and ice cream sundae bar. Each additional daughter is \$16 for center members and \$20 for nonmembers. Inclement weather date: January 16. Preregistration required. Registration/Info: 410-313-4840.

RP4165.601 Gary J Arthur Comm Ctr 5:30-7:30 PM Sa

NEW! GJACC Indoor Track 5K

All ages / Jan 10 / Free, Fit4U & Go50+ Fitness members; \$25, nonmembers

On your mark! Get set! Go! Come in from the cold and take on a 5K indoors on our center's 3-lane indoor track. Info: Sara Schwab, 410-313-4842.

RP4132.601 Gary J Arthur Comm Ctr 7-10 AM Su

NEW! Belmont Manor Tea and Tour:

Traditional English Afternoon Tea

18 yrs + / Jan 16 / \$30 per person

Enjoy a traditional English afternoon tea in the stately Belmont Manor House, built in 1738. You are greeted by our friendly butler, Henry, and the Duchess of Bedford, Anna, the originator of the afternoon tea. Costumed staff available to answer questions. **For All Belmont Manor Tea Events:** Your palette is tempted with a bottomless pot of tea, a manor scone with clotted cream and jam, tea savories (petite sandwiches), and unique desserts, all made by the ElkrIDGE Furnace Inn chefs. New menus are served each month. After your dining experience, we invite you on a self-guided tour of the Manor House. Wear comfortable shoes while touring.

RP9903.601 Belmont Manor & Historic Pk 2-4:30 PM Sa

Martin Luther King, Jr. Day of Service

All ages / Jan 18 / Free

Join us for a day of service to celebrate Martin Luther King, Jr. for his honorable contributions. Spend the day remembering him by partaking in ceremonies and various activities. Info: 410-313-0390.

N Laurel Comm Ctr 11 AM-3 PM M

4th Annual Martin Luther King, Jr.

Day of Remembrance

Jan 18 / Page 11

Daddy-Daughter Sweetheart Dance

4-11 yrs / Jan 23 / \$40 (one child & adult)

Escort your princess to a memorable evening of dancing and fun. Dad (or special adult) and your little sweetheart enjoy dancing with a live DJ, light refreshments, crafts, a souvenir photo and ice cream sundae bar. Please register early. Each additional daughter is \$20. Inclement weather date: January 30. Preregistration is required. Registration/Info: 410-313-4634.

RP1029.601 Roger Carter Comm Ctr 4-6 yrs 4-6 PM Sa

RP1029.611 Roger Carter Comm Ctr 7-11 yrs 7-9 PM Sa

Frozen Fest

All ages / Jan 24 / \$7, Robinson annual pass holders;

\$10, general admission; Free, under 3 yrs

Robinson puts the cool in winter with this fun, family-oriented festival. If you and your family have cabin fever, come out and make your own ice cream, create tracks in the snow and take guided winter hikes along the trails. Check out the cold-blooded creatures that live at the nature center during live animal presentations. Get cozy while watching a movie in the NatureSphere full-dome theater. Explore all things frozen through fun experiments, make a fun winter craft to take home and chase those winter blues away. Preregister to secure your family's spot.

Registration/Info: 410-313-0400.

RP4828.601 Robinson Nature Ctr 1-4:30 PM Su

February

Calling All Crafters: Crafter Jurying

18 yrs + / Application deadline Feb 12, 2016 / \$20

Crafts persons, you're invited to participate in the jurying process for Wine in the Woods and Holiday Mart 2016. Submit four professional digital photos on a CD, or photographs of your work (no Polaroids). Images must be representative of your original handcrafted art or craft items and display. Selection is based on uniqueness, originality, quality, display and popularity. You are notified by April. Fee is non-refundable. Download the 2016 Jurying Application at www.howardcountymd.gov/rap (forms and applications). Info: Linda Bell, 410-313-4831, or GJACC front desk, 410-313-4840.

NEW! Belmont Manor Tea and Tour:

"Galentine's" Day Tea

18 yrs + / Feb 6 / \$30

Grab your daughters and best girlfriends, your hats, and fancy outfits for this special day at the Manor House. Delight in a Victorian afternoon tea. (See Belmont Manor Tea and Tour, page 12, for more details.) Be transported to a bygone era at this Valentine's Day event just for the ladies.

RP9903.602 Belmont Manor & Historic Pk 2-4:30 PM Sa

Mommy-Son Valentine's Dance

3-12 yrs / Feb 6 / \$32, center members (one child & adult); \$40, nonmembers (one child & adult)

Make this Valentine's Day memorable. Moms (or special adults) and sons, come to an evening jam-packed with fun, refreshments, live DJ, dancing,



Learn about Santa's deer, then get a picture with the man himself (page 12).

games, crafts, a souvenir photo and an ice cream sundae bar. Each additional son is \$16 (center members) and \$20 (nonmembers).

Inclement weather date: February 20. Preregistration required.

Registration/Info: 410-313-0390.

RP4401.601 N Laurel Comm Ctr 5:30-7:30 PM Sa

Valentine's Truffle-Making & Wine-Tasting flickr

21 yrs + / Feb 13 / \$25 per person or \$40 per couple

Join us for a unique and environmentally friendly Valentine's experience at the Robinson Nature Center! Bring a friend, your sweetheart or your awesome self out to learn the art of hand-rolling delectable chocolate truffles so that you never have to buy pre-packaged chocolates again. Enjoy wine tastings from a local vineyard and learn about the sustainable practices used in their business. Each person leaves with eight hand-rolled truffles. Special thanks to our partner, Whole Foods, for its help in making this event a success. Registration/Info: 410-313-0400.

RP4847.601 Robinson Nature Ctr 2-4 PM Sa

March

NEW! Belmont Manor Tea and Tour:

Spring Afternoon Tea

18 yrs + / Mar 12 / \$30

Spring is just around the corner! Savor a glorious afternoon tea at Belmont Manor. (See Belmont Manor Tea and Tour, page 12, for more details.)

RP9903.603 Belmont Manor & Historic Pk 2-4:30 PM Sa

Ghosts of Belmont Investigation

18 yrs + / Mar 19 / \$20 per person

Join the locally inspired ghost tracking team as they guide you on a tour and paranormal presentation of Belmont Manor House, grounds, and cemetery. Learn from and meet experts in the field, paranormal authors, investigators and mediums. Acquire knowledge of equipment including a video camera, voice recorder, EMF meters, and ghost box. Cameras and your own equipment are welcome. Who knows what you will find on this paranormal investigation of Belmont! Bring a flashlight and dress for the weather. See page 56 for Paranormal Investigation Lecture Series.

Registration/Info: 410-313-0200.

RP9901.601 Belmont Manor & Historic Pk 7-10 PM Sa



Celebrate spring during one of our Spring Egg Hunts.

Columbia Baseball Fest

Mar 19 / Page 71

Spring Egg Hunt flickr

2-10 yrs / Dates below / \$7, center members; \$10, nonmembers

Celebrate spring and quality family time! Bring your basket to collect eggs and enjoy prizes, refreshments, games, and craft time. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/ Info: 410-313-4840 (GJACC) or 410-313-0459 (NLCC).

RP4163.701	Gary J Arthur Comm Ctr (GJACC)	Mar 19	2-3 PM	Sa
RP4163.711	N Laurel Comm Ctr (NLCC)	Mar 20	3-4 PM	Su

Kids Fest flickr

2-12 yrs / Mar 26 / \$5 per participant

Come experience what we have to offer your children at the 3rd annual Kids Fest! This exciting event features sports instruction, games, activities, arts and crafts, food, and much more. Bring the whole family and enjoy fun for all ages. Space is limited and preregistration is required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP5905.701	Meadowbrook Pk	11 AM-2 PM	Sa
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Pool Egg Hunt flickr

2-10 yrs / Mar 26 / \$7, center members; \$10, nonmembers

Celebrate spring by hunting for eggs in our 25-meter pool. Plastic eggs are filled with surprises and float in the pool. All children must be accompanied by an adult in the water. Bring your own basket! The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/Info: 410-313-2764.

RP5400.701	Center members	Roger Carter Comm Ctr	Noon-1:30 PM	Sa
RP5400.702	Nonmembers	Roger Carter Comm Ctr	Noon-1:30 PM	Sa

April

Butterfly Gala

All ages / Apr 9 / \$35 per family

The Howard County Therapeutics Program and Robinson Nature Center cordially invite families of children and adults with special needs to join an evening of sensory-friendly activities celebrating spring. Enjoy hands-on

activities throughout the Center, light hors d'oeuvres, music and dancing. This event is designed for families; supervision is not provided. We can't wait to celebrate with you! Please register by April 6. Info: 410-313-0400.

RP4860.702	Robinson Nature Ctr	6:30-9 PM	Sa
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NEW! Hop To It at GJACC

3 yrs + / Apr 9 / \$5, center members; \$7, nonmembers

Join us on our escapade as we hop our way down the fitness trail and search for all the items on our scavenger hunt list. Fun for the entire family! Light refreshments provided at the end of the trail.

Info: Sara Schwab, 410-313-4842.

RP4180.601	Gary J Arthur Comm Ctr	9-10:30 AM	Sa
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2nd Annual Historic Ellicott City

Earth Day Clean-up

All ages / Apr 23 / Free

Celebrate Earth Day by picking-up litter along the tree lines and streets of Historic Ellicott City. Meet at Roger Carter Community Center for a continental breakfast. We provide gloves, bags and an event t-shirt to each volunteer. All are welcome! Register by April 18!

Registration/Info: 410-313-2764.

RP5400.701	Roger Carter Comm Ctr	7:30-10:30 AM	Sa
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Community Yard Sale at NLCC

All ages / Apr 30 / \$15 per space; Free for shoppers

Clean out your basements, closets and garages and haul it down to the North Laurel Community Center for a day of selling and buying. Reservations required. Registration/Info: Laura Yingling, 240-338-8534 or NLaurelYardSale@gmail.com.

N Laurel Comm Ctr	8 AM-noon	Sa
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Save The Date

NEW! Muffins with Mom –

A Mother's Day Event

2-12 yrs / May 1 / \$7, center members; \$10, nonmembers

Enjoy an early celebration of mom's special day! Join us for a delicious muffin, light refreshments, story reading and craft time. Preregistration is required. Registration/Info: 410-313-0459.

RP4403.701	N Laurel Comm Ctr	3-4 PM	Su
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Spring Flea Market

18 yrs + / May 7 / \$20 per space; \$5 for 6' table; Free for shoppers

Get started on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Gary J. Arthur Community Center for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required at least one week before the event.

Info: 410-313-4840.

RP4141.701	Gary Arthur Comm Ctr	9 AM-noon	Sa
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National Road Yard Sale at Roger Carter

18 yrs + / May 28 / \$15 per space

The Historic National Yard & Sidewalk Sale is the area's longest continuous sale. From downtown Baltimore to St. Louis, this sale runs for 284 miles. Join Roger Carter and other community members as we participate in a fun day of selling and buying. Space is available on a first-come, first-served basis. Reserve a space by May 22. Registration/Info: Montrez Brown, 410-313-2764 or mjbrown@howardcountymd.gov.

RP5400.702	Roger Carter Comm Ctr	9 AM-noon	Sa
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School's out? Spend your day off snow tubing!

Adventure & Outdoors

- www.howardcountymd.gov/adventure.htm
- Custom adventure and outdoor programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, biking and a mobile skate park.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

Archery

Lil' Archers

4-5 yrs / 2 classes, start dates below / \$35

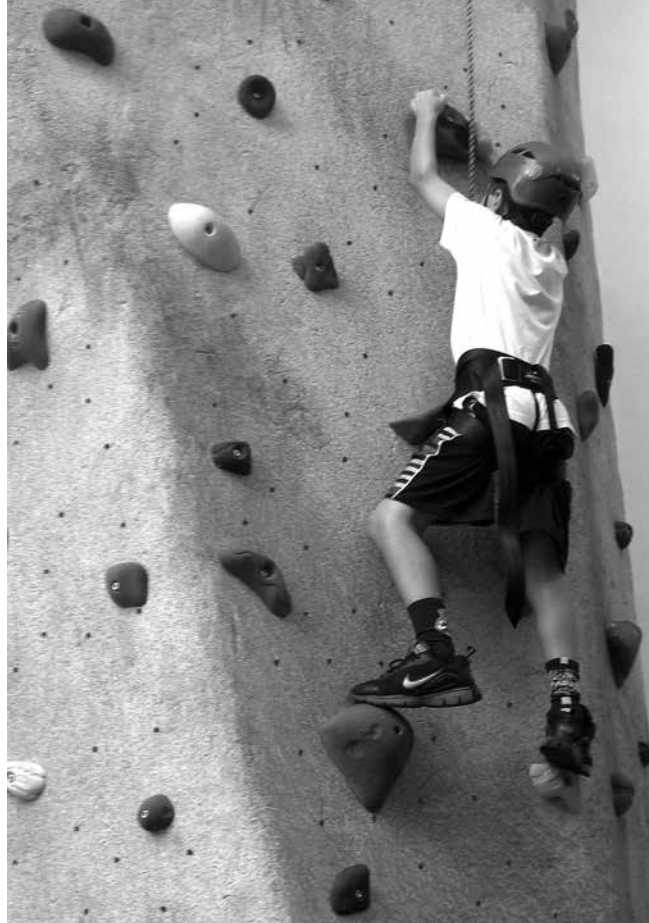
Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. No experience necessary and all equipment supplied for use during the program. Detailed information is emailed.

RP9061.631	Meadowbrook Ath Comp	Jan 7	4-5 PM	Th
RP9061.632	Meadowbrook Ath Comp	Feb 11	2-3 PM	Th
RP9061.633	Roger Carter Comm Ctr	Feb 20	10-11 AM	Sa

Rock Climbing

Indoor Rock Climbing at Roger Carter Community Center

Boost your confidence, get a great workout or just give the 26-foot-tall climbing wall a try during Open Climbs (\$5 for 20 minutes!). Visit www.howardcountymd.gov/rockclimbing.htm for additional details. Climbing Wall rentals and parties are also available. Info: Dawn Thomas, 410-313-1754.



Ascend to the top of the Roger Carter Community Center wall.

Special Events

Outdoors

School's Out Rock Climbing & Swimming

9-13 yrs / Dates below / \$73

Start your week rising to new heights on our indoor climbing wall! No experience necessary. Fee includes equipment, instruction and supervision. Build confidence and make new friends while participating in rock climbing and team building games, then relax in our indoor pool. Detailed info is emailed to participants prior to the event.

Info: Matt Medicus, 410-313-1769.

RP9240.601	Roger Carter Comm Ctr	Feb 5	9 AM-5 PM	F
RP9240.602	Roger Carter Comm Ctr	Feb 8	9 AM-5 PM	M

Snow Tubing

School's Out Snow Tubing & Movie

11 yrs + / Dates below / \$90

Zoom down the perfectly carved lanes and relax on the moving carpet as it conveys you and your tube back to the top. You don't have to be an expert skier or boarder to have fun tubing; anyone can tube and have a blast doing it! In the afternoon, retreat inside for a pizza lunch on your way to a local cinema to see one of the new movies you have been anxiously awaiting. Fee includes snow tubing at a nearby ski resort, movie, lunch, supervision and transportation from Long Gate Park & Ride. Detailed info is emailed.

RP9433.601	Long Gate Park & Ride	Feb 5	8 AM-6 PM	F
RP9433.602	Long Gate Park & Ride	Feb 8	8 AM-6 PM	M



Earn a certificate and patch by hiking all of the Appalachian Trail in Maryland.

Trail Hikes

- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- www.howardcountymd.gov/trailhikes.htm.

Appalachian Trail Hikes

The Appalachian Trail crossing Virginia, Maryland, and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Trip leaders interpret points of interest. All sections are generally between 6 and 9 miles. (Hike leaders keep a moderate pace.) Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

Maryland Appalachian Trail Hike Section #5

8 yrs + / Jan 9 / \$17

Explore the 50-foot-high arch monument built as a tribute to Civil War newspaper correspondents and hike along a wooded mountain ridge. Moderately difficult terrain: 6.5 miles.

Gathland State Park to Reno Monument

RP9180.601 Long Gate Park & Ride 8 AM-4 PM Sa

Maryland Appalachian Trail Hike Section #3

8 yrs + / Feb 20 / \$17

See the remains of the Black Rock Hotel, a 1900s gambling house, then hike to the panoramic view and fresh-water springs at Annapolis Rocks. Moderately difficult terrain: 8.4 miles.

Wolfsville Road to Rte. 40

RP9180.602 Long Gate Park & Ride 8 AM-4 PM Sa

Pennsylvania Appalachian Trail Hike Section #2

8 yrs + / Mar 12 / \$20

Grab some additional AT miles and enjoy your lunch at the Rocky Mountain shelter during this generally downhill hike. Moderate terrain: 6.3 miles.

Snowy Mountain Rd to Caledonia State Park

RP9180.603 Long Gate Park & Ride 8 AM-6 PM Sa

Maryland Appalachian Trail Hike Section #4

8 yrs + / Mar 19 / \$17

Cross the backpacker's bridge over I-70 and hike through the rolling forest to the Washington National Monument. Moderate terrain: 6.5 miles.

Rte. 40 to Reno Monument

RP9180.604 Long Gate Park & Ride 8 AM-4 PM Sa



CUSTOM

Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info: Dawn Thomas, 410-313-1754 or dthomas@howardcountymd.gov.



Take a seat in the Robinson Nature Center "NatureSphere," a full-dome movie theater and planetarium, and enjoy cool and enriching shows!

Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter.htm for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.

Astronomy & Planetarium

- The NatureSphere is a digital planetarium and dome-style movie theater.
- For all planetarium shows, please arrive 15 minutes prior to the show time to be seated.
- Due to dark conditions, we cannot seat you during the show.
- Previews of planetarium films: www.howardcountymd.gov/naturespherefeatures.htm.
- Below is in order by date.
- Fee is per person.
- Tickets/Registration/Info: 410-313-0400.

Family Fridays at the NatureSphere

5 yrs + / Dates below / \$6

Treat your family to a Friday evening of spectacular space delights. This program features a full-dome movie preceded by a fun, family-friendly planetarium presentation about current happenings in our night sky. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater. Fee is per person.

Robinson Nature Ctr / 6:30-7:30 PM

RP4801.601	<i>Passport</i>	Jan 8	F
RP4801.602	<i>Passport</i>	Jan 22	F
RP4801.603	<i>Stars</i>	Feb 5	F
RP4801.604	<i>Stars</i>	Feb 19	F
RP4801.701	<i>Earth, Moon & Sun</i>	Mar 4	F

First Friday Late Nights in the NatureSphere – What's Up?

18 yrs + / Dates below / \$6

What's up in the sky tonight? Looking for a unique Friday night experience? Leave the kids at home and bring your date or a group of friends to the Robinson Nature Center for some top-notch astronomy and entertainment. This program is for adults and features a full-dome movie preceded by a planetarium presentation about current happenings in our night sky and space science. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater. Fee is per person.

Robinson Nature Ctr / 8-9 PM

RP4800.601	<i>Stars</i>	Jan 8	F
RP4800.602	<i>Black Holes</i>	Feb 5	F
RP4800.701	<i>Impact!</i>	Mar 4	F

Winter Wednesday Movies

3 yrs + / Dates below / \$2, preregistration; \$3, day of show

Get out of the cold and come join us at the Nature Center on Wednesdays for full-dome movies in the NatureSphere planetarium with your little one. View one of our popular children's full-dome movies that explore fun, educational topics such as Earth's history going back to the dinosaurs, constellations, the planets and more. Fee is per person.

Robinson Nature Ctr / 11-11:30 AM

RP4854.601	<i>The Little Star that Could</i>	Jan 6	W
RP4854.602	<i>One World, One Sky: Big Bird's Adventure</i>	Jan 13	W
RP4854.603	<i>Earth, Moon & Sun</i>	Jan 20	W
RP4854.604	<i>Zula Patrol: Down to Earth</i>	Jan 27	W
RP4854.605	<i>The Little Star that Could</i>	Feb 3	W
RP4854.606	<i>One World, One Sky: Big Bird's Adventure</i>	Feb 10	W
RP4854.607	<i>Earth, Moon & Sun</i>	Feb 17	W
RP4854.608	<i>Zula Patrol: Down to Earth</i>	Feb 24	W





Teach your Lil' Acorn about nature through interactive activities, songs, a puppet show and walk.

Star Storytelling:

Our Constellations (Parent/Child)

3-8 yrs / Dates below / \$3 per ticket with paid admission or Robinson annual pass

Join us for half-hour presentations in the NatureSphere digital planetarium. Let your little one discover the stories behind our favorite constellations. Through views of space, stories and song, give your child a special nighttime experience during the day! Each month focuses on a different constellation. Preregister to secure your seats.

Robinson Nature Ctr / 11-11:30 AM

RP4802.601	Pleiades - the Seven Sisters	Jan 9	Sa
RP4802.602	Pleiades - the Seven Sisters	Jan 23	Sa
RP4802.603	Orion the Hunter	Feb 13	Sa
RP4802.604	Orion the Hunter	Feb 27	Sa
RP4802.701	The Big Bear and Little Bear	Mar 5	Sa

NEW! Stellar Saturday Mornings

5 yrs + / Dates below / \$3 per ticket with paid admission or Robinson annual pass

Visit the Nature Center for a before-lunch movie treat in our cozy NatureSphere planetarium! View one of our popular full-dome movies that explore fun, educational topics such as Earth's history going back to the dinosaurs, constellations, the planets and more.

Robinson Nature Ctr / 11:15 AM-noon

RP4855.601	<i>Titans of the Ice Age</i>	Jan 16	Sa
RP4855.602	<i>Dinosaurs Alive!</i>	Jan 30	Sa
RP4855.603	<i>Titans of the Ice Age</i>	Feb 6	Sa
RP4855.604	<i>Dinosaurs Alive!</i>	Feb 20	Sa

Family & Parent/Child

• Tickets/Registration/Info: 410-313-0400.

First Saturday Discovery Days

3-10 yrs / Dates below / Price of admission or free with Robinson annual pass

Join us on the first Saturday of each month as we introduce our special "theme" of the month. Each Discovery Days program teaches you about native plants and animals through games, stories and crafts. Each half-hour program is available on a first-come, first-served basis to the first 15 children and their adult chaperone. You can continue to explore each month's theme throughout the remainder of the month at the Field Station in the Children's Discovery room, through posts on our Facebook page or during special weekend hours with docent-led activities.

Robinson Nature Ctr / 11:30 AM-noon

Trees	Jan 2	Sa
Weather	Feb 6	Sa
Dinosaurs & Fossils	Mar 5	Sa

Frozen Fest

Jan 24 / Page 13

Lil' Acorns Winter Wonders (Parent/Child)

2-3 yrs / Dates below / \$18 (adult & child)

Winter is full of new discoveries for you and your little one. Hold your lil' acorn's hand during an unforgettable morning. This is your chance to share with your youngster the fascinating changes that occur in winter through a parent/child interactive program including song, sensory activities, a puppet show and a short walk through the woods. If you would like to register an additional person (\$9), please call 410-313-0400.

Robinson Nature Ctr / 10:30 AM-noon

RP4817.601	Oh, Deer!	Jan 16	Sa
RP4817.602	All Around Underground	Feb 20	Sa

"Lil' Acorns Winter Wonders"

-Thanks so much! There was a great range of visual and tactile fun!

-Great program!! Good variety and good length. Perfect for our 1st time :)

NEW! Wednesday Puppet Theater

2 yrs + / Dates below / \$5 per person

Join us on the last Wednesday of the month for a nature-themed puppet theater presentation. Puppet shows highlight a different nature topic each month. After the puppet show, create a simple craft to take home. All children must be accompanied by an adult for the duration of the program. Children under 2 years of age are free.

Robinson Nature Ctr / 11:30 AM-noon

RP4871.601	Hibernation	Jan 27	W
RP4871.602	Opossums	Feb 24	W

Winter Crisp Nature Walk with Campfire Treats

All ages / Jan 30 / \$7 per participant; Free, under 3 yrs

There's nothing like a crisp winter day! Get out and get active with your family on this guided nature hike. Discover how to identify trees in winter, the survival tactics of wildlife and many more winter wonders. Restore your warmth and energy around a campfire with hearty, cinnamon-spiced, fire-baked apples. Children must be accompanied by a registered adult.

RP4815.601	Robinson Nature Ctr	2:30-4 PM	Sa
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One Smart Cookie

7 yrs + / Feb 12 / \$10, individual; \$35, family (up to 5 members)

Plan your family's Friday fun and compete against other families in our nature trivia program. Participate in entertaining challenges and special raffles. Delicious "design-your-own" cookie bar included! You are welcome to bring your dinner. Doors open at 6:15 PM and trivia starts at 6:30 PM. The topic is outer space and the cookie bar features sugar cookies.

RP4888.601 Robinson Nature Ctr 6:30-8:30 PM F

Winter Fairy Tea Party

3 yrs + / Feb 21 / \$45 (one child & adult); \$20 each additional person

Enjoy a winter fairy program in which you learn about the plants and animals in the woodland fairies' kingdom. Your little one dons a pair of fairy wings and journeys through the nature center, then creates his/her very own fairy house to take home. Afterwards, savor an impeccably catered sit-down tea service by Sweet Simplicitea tea room. Enjoy tea, lemonade and delightful treats just right for little fingers. Price includes program, materials, full tea service and gratuity. As this is a catered event, you must register no later than February 14 to attend.

RP4865.601 Robinson Nature Ctr 2-4 PM Su

NEW! Timberdoodles in the Gloaming

8 yrs + / Mar 12 / \$5 per person

Join Howard County Bird Club member David Cummings to track the elusive Timberdoodle. Also known as the American Woodcock, the Timberdoodle played a historic role in the creation of the 1,021-acre Middle Patuxent Environmental Area. Now in decline, there are a few locations in Howard County where Timberdoodles still can be consistently found. David meets you at the Robinson Nature Center and leads a carpool train to an area near the Patuxent River State Park, where you learn more about this fascinating bird. Dress warmly and sharpen your eyes and ears as we hunker down in the twilight in anticipation of sighting this denizen of dusk.

RP4805.701 Meet at Robinson Nature Ctr 4-7 PM Sa

Youth

- Programs listed in order by start date.
- Registration/Info: 410-313-0400.

Nature Center Home School Workshop

2015-2016

All ages / Dates below / \$30 per season, HC family; \$36 per season, out-of-county

Connect with other home school families through the Robinson Nature Center home school workshop. Give your children the chance to socialize and collaborate with other home school children on nature, earth, and life science projects. Families can join the workshop at the beginning of the school year or beginning of each season (fall, winter, and spring). By joining, families have special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, and tailored student projects on the 2nd Thursday of each month between September and May 5. Workshop families also receive discounts on home school classes. Registration closes for each season when full.

Robinson Nature Ctr / 2-3:30 PM / 2nd Th of each month

RP4885.650 Winter season (Dec 10, Jan 14, Feb 11)

RP4885.750 Spring season (Mar 10, Apr 14, May 12)

NEW! Nature Center Home School Classes 2015-2016

3-9 yrs / Dates & class themes below / \$30* per child; \$15* per adult

Give your home school student hands-on, immersive experiences each month (September-May). Students are divided by age (3-5 and 6-9 years). All adult and child participants must register. Siblings younger than three are welcome, but must be accompanied by a parent at all times. Register for each season of classes in which you are interested.

Info: www.howardcountymd.gov/RNChomeschool.htm.

Winter – Cross Disciplinary

(Nature & Math: Dec 4; Nature & Art: Jan 8; Nature & Language Arts: Feb 5)

RP4885.611 3-5 yrs Robinson Nature Ctr 2-3:30 PM F

RP4885.613 6-9 yrs Robinson Nature Ctr 2-3:30 PM F

RP4885.612 Adult Robinson Nature Ctr 2-3:30 PM F

Spring – Life Science (Plants: Mar 3; Fungi: Apr 7; Microorganisms: May 5)

RP4885.711 3-5 yrs Robinson Nature Ctr 2-3:30 PM F

RP4885.713 6-9 yrs Robinson Nature Ctr 2-3:30 PM F

RP4885.712 Adult Robinson Nature Ctr 2-3:30 PM F

* Fees listed are for non-workshop participants. If your family enrolls in the home school workshop, fees are reduced to \$24 per child per season and there is no charge for adults to attend each class. You must enroll at the beginning of each season to receive this discount.

Beat the Winter Blues at Robinson Nature Center's

Frozen Fest

Sunday, January 24

1-4:30 PM



- Make your own ice cream
- Meet live, cold-blooded animals
- Try fun, wacky winter experiments and much, much more!



For more information, call 410-313-0400 or
visit www.howardcountymd.gov/RN/Programs.htm.

NEW! School's Out Nature Day Mini-Camp 6-12 yrs / Feb 5 / \$35

While school is out, join us for an incredibly fun half day at the Robinson Nature Center. Explore nature fun and survival strategies of animals and other wildlife through live animal presentations, movies in our planetarium, crafts and nature hikes. Pack a snack and a non-perishable lunch (no nut products). Info/forms: www.howardcountymd.gov/RNCdaycamps.htm.

RP4812.601 Robinson Nature Ctr 8:30 AM-1 PM F

NEW! Bare Branch Bash

6-10 yrs / Feb 27 / \$10

Discover the wonders of the winter woods in this spectacular collaborative program between Robinson Nature Center and the Howard County Woodworkers Guild (www.hcwg.org). Take a short guided walk through the forest to discover how you can tell trees apart in the winter, and then join members of HCWG as they demonstrate woodcarving techniques. Children practice using modeling clay and Popsicle sticks. For adults interested in carving, we are offering a Woodworking Workshop at the same time (see RP4875.602). Sign up for both programs, and let each generation enjoy the wonders of the winter woods and the crafts they can produce.

RP4875.601 Robinson Nature Ctr 10 AM-noon Sa

Adult

- Programs listed in order by start date.
- Tickets/Registration/Info: 410-313-0400.

Valentine's Truffle-Making & Wine-Tasting Feb 13 / Page 13

NEW! "Naked" Tree ID and Woodworking Workshop 18 yrs + / Feb 27 / \$15

Join local carver Harold Goodman and members of the Howard County Woodworkers Guild (www.hcwg.org) in this incredible winter workshop. Take a short guided hike through the forest to discover how you ID winter trees, and then join members of HCWG to learn about how to find, reclaim and/or sustainably harvest resources for woodworking projects. Participants learn woodcarving techniques and begin their own carving project. Learn about HCWG resources available for those interested in future carving endeavors. If you have a child, we are offering a kid-friendly version of this program at the same time (see RP4875.601). Sign up for both programs, and let each generation enjoy the wonders of the winter woods and the crafts they can produce.

RP4875.602 Robinson Nature Ctr 10 AM-noon Sa

Trainings & Certifications

NEW! Teaching Young Children Outdoors Through the Growing Up WILD Curriculum 18 yrs + / Dates below / \$10

Learn how to connect young children (3-7 years old) to nature through 27 hands-on, developmentally appropriate activities. We demonstrate how to teach about wildlife through elements of art, nature, music, movement, math and literacy (both indoor and outdoor activities). Participants who complete workshop receive a Growing Up WILD curriculum guide. **Register by January 20 for January 23 class; and by January 23 for January 28 class.** Three hours of MSDE curriculum elective credit available for teachers.

RP4833.601 Robinson Nature Ctr Jan 23 3:30-7 PM Th

RP4833.602 Robinson Nature Ctr Jan 28 9 AM-12:30 PM Sa



School's out on February 5, so join us for a Nature Day Mini-Camp!

NEW! Connecting School-Aged Children to Nature Through the Project WILD Curriculum 18 yrs + / Feb 17 & 18 / \$20

Join us for two evenings of training to learn how to engage school-aged children using wildlife — and all the lessons it can teach us — as a context for learning. In this hands-on, interdisciplinary workshop for teachers and educators, we demonstrate a number of engaging lessons and activities. All participants receive the Project WILD curriculum guides. You must attend both evenings of training to receive the guide. **Register by February 13.** MSDE credit available once 3 different trainings have been completed.

RP4833.603 Robinson Nature Ctr 3:30-6:45 PM W & Th

NEW! Maryland Master Naturalist Certification Training 18 yrs + / 9 classes starting Mar 15 / \$250

Certified Maryland Master Naturalists engage citizens as stewards of Maryland's natural ecosystem and resources. Individuals apply, and if accepted into the training course, receive more than 60 hours of instruction from experts in diverse fields. Class topics range from insects, mammals and stream ecology to interpretation, astronomy and geology and include hands-on experience outdoors. Classes take place on Tuesdays between March 15 and May 17. (No class 3/29.) In order to receive their Maryland Master Naturalist Certification, participants must attend trainings and give 40 hours of volunteer service to the Robinson Nature Center or Banneker Historical Park. Payment goes to the University of Maryland Extension.

Applications for this program are accepted from December 8-January 8. You must submit your application during this timeframe to be considered for this program.

Info/to apply: www.howardcountymd.gov/RNCtrainings.htm
or Kelly Vogelpohl at kvogelpohl@howardcountymd.gov.

Robinson Nature Ctr & Banneker Historical Pk 9 AM-4 PM Tu

Trips & Tours

- All children under 18 must be accompanied by an adult.
- Info: Ginny Russ, 410-313-7279.

December

NEW! 'Tis the Season with Brian Stokes Mitchell 6 yrs + / Dec 12 / \$99

Enjoy an exciting holiday show at the Joseph Myerhoff Symphony Hall in Baltimore. Tony Award-winning Broadway phenomenon Brian Stokes Mitchell joins the Baltimore Symphony Orchestra SuperPops to warm your heart with traditional and contemporary holiday favorites. Mitchell is a charismatic vocalist and host and is sure to delight in this festive holiday treat. There is an appearance by the guy in the red suit. Grand Tier seating. RP4521.501 Bain Ctr and Long Gate Park & Ride Noon-6 PM Sa

Music in the Mansion

12 yrs + / Dec 19 / \$99

Spend a wonderful afternoon at the Engineers Club in the beautiful, historic Garrett-Jacobs Mansion feasting on delicious food and glorious music. This Baltimore jewel delights with its pre-concert buffet followed by the *Christmas Cheer Concert* presented by the Concert Artists of Baltimore. RP4528.501 Bain Ctr and Long Gate Park & Ride 10 AM-5 PM Sa

NEW! Handel's "Messiah" at Strathmore

12 yrs + / Dec 20 / \$99

Begin your holidays with uplifting holiday music. The critically acclaimed National Philharmonic Orchestra and Chorale, conducted by Stan Engebretson, brings joy, spirit and tidings of the season. Promenade seating at the Music Center at Strathmore in Bethesda, MD. RP4527.501 Bain Ctr and Long Gate Park & Ride 1-7 PM Su

January

Toby's South Pacific

18 yrs + / Jan 20 / \$52

Let's get away to somewhere warm and sunny. How about the *South Pacific*? Be transported to an island paradise at Toby's Dinner Theatre. What could be more inviting than a great buffet, marvelous music, sailors and friendly natives? Doors open at 10:30 AM; meet trip leader in lobby. Aloha! RP4501.601 Toby's Dinner Theatre, Columbia 10:30 AM-3:30 PM W

Wednesday in Washington

18 yrs + / Jan 27 / \$49

Catch the newest exhibits, visit an art gallery or museum, and enjoy all that Washington, D.C. has to offer. You are dropped off and picked up between the East and West Buildings of the National Gallery of Art (on 4th Street). The day and meal are on your own; there is a lot of walking. RP4502.601 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W

February

American Indian Museum

18 yrs + / Feb 10 / \$52

Join us in Washington, D.C. for a guided tour at the American Indian Museum, which features the lifeways, history and art of indigenous peoples throughout the Western Hemisphere. Walking is involved and lunch is on your own at the Mitsitam Native Foods Café in the museum. RP4503.601 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W



Join us for Wednesday in Washington and check out all the sites!

National Portrait Gallery & American Art Museum

18 yrs + / Feb 24 / \$52

Have you ever wondered what all our presidents looked like? The National Portrait Gallery in Washington, D.C. features the only complete collection of presidential portraits outside of the White House. See the gallery of American Presidents and many other special exhibits. You are visiting with the figures who have shaped culture, art and politics of the United States. Stroll across the Kogod Courtyard and enter the Smithsonian American Art Museum which features the nation's first collection of American art. Its artworks reveal key aspects of America's rich history from the colonial period to today. Lunch is on your own at Courtyard Café or nearby restaurants. May be a lot of walking. RP4504.601 Bain Ctr and Long Gate Park & Ride 10 AM-5 PM W

March

Philadelphia Flower Show

18 yrs + / Mar 7 / \$86

The Pennsylvania Horticultural Society presents its 2016 Flower Show at the Pennsylvania Convention Center in Philadelphia. This is the biggest and best indoor flower show in the world. This year the theme is Explore America. The show honors our treasured national parks with acres of themed and floral displays. Breathtaking imagery exposes the vast beauty of our national parks. Shop at more than 160 shops in the marketplace and enjoy the interactive displays. There is a lot of walking and lunch is on your own, on site or at nearby historic Reading Terminal Market. RP4505.701 Bain Ctr and Long Gate Park & Ride 8 AM-7 PM M

NEW! NSO Coffee Concert #1

18 yrs + / Mar 11 / \$69

Join us at the Kennedy Center Concert Hall for the new series of Coffee Concerts. The National Symphony Orchestra presents: Christoph Eschenbach, conductor; Jean-Yves Thibaudet, piano - Picker Concert for Orchesta (world premiere); Liszt's "Piano Concerto No. 2;" Brahms' "Symphony No. 3;" Brahms' "Three Hungarian Dances." The concert begins at 11:30 AM; you may want to bring a meal on the bus or enjoy a meal at the Kennedy Café after the show. The concert is two hours long. RP4506.701 Bain Ctr and Long Gate Park & Ride 9:30 AM-4:30 PM F



Join us on our annual spring trip to see the Cherry Blossoms.

Saint Patrick's Celebration

18 yrs + / Mar 16 / \$85

Join us for a Saint Patrick's Day celebration (a day early). Enjoy lunch at the Tir Na Nog Irish Restaurant located at the Inner Harbor in Baltimore. There is time to stroll and shop along the Inner Harbor. Cost includes lunch.

RP4512.701 Bain Ctr and Long Gate Park & Ride 10 AM-4 PM W

Walters Art Museum

18 yrs + / Mar 23 / \$52

Enjoy a docent-led tour of this magnificent museum in Baltimore. After your tour, lunch is on your own at Sascha's Café or any of the other restaurants in the area. Some walking involved.

RP4513.701 Bain Ctr and Long Gate Park & Ride 10 AM-4 PM W

April

NEW! NSO Coffee Concert #2

18 yrs + / Apr 1 / \$69

Enjoy our second Kennedy Center Coffee Concert by the National Symphony Orchestra as they present: Cristian Măcelaru, conductor; Nikolaj Znaider, violin – Faure's "Pavane;" Brahms' "Violin Concerto;" Jalbert's "In Aeternam;" Debussy's "La Mer." The concert begins at 11:30 AM and runs approximately 1½ hours. You may want to bring a meal on the bus or get something at the Kennedy Café after the show.

RP4507.701 Bain Ctr and Long Gate Park & Ride 9:30 AM-4:30 PM F

Cherry Blossoms & Odyssey Cruise

18 yrs + / Apr 6 / \$99

Enjoy the beauty of the Cherry Blossoms while cruising down the Potomac River in Washington, D.C. Join us on our annual spring trip to view the beautiful cherry trees. Hear live music and historic narration as you dine on a delicious three-course meal. Menu selection made at table. Cherry trees expected but not guaranteed to be in bloom.

RP4508.701 Bain Ctr and Long Gate Park & Ride 9:30 AM-3:30 PM W

Cherry Blossoms & D.C. Memorials

18 yrs + / Apr 7 / \$52

Get up close and personal as you walk among the Cherry Blossom trees. You visit the World War II Memorial and the Franklin Delano Roosevelt Memorial. Washington, D.C. Tour Guide Fran Greccourt helps you with your visit. A late lunch stop in the area is planned. There is a lot of walking. Cherry trees expected but not guaranteed to be in bloom.

RP4509.701 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM Th

American Treasure Tour

18 yrs + / Apr 28 / \$99

See tens of thousands of items displayed over three acres on the American Treasure Tour in Oaks, PA. A tram tour takes you through decades of American history and collectibles. Do you still have your Hopalong Cassidy lunch box or old Barbie Doll? What are they worth? Take a trip back to your childhood with these huge exhibits. Enjoy a hot buffet lunch after the tour.

RP4510.701 Bain Ctr and Long Gate Park & Ride 8 AM-6 PM Th

May

NEW! Monticello & Montpelier

18 yrs + / May 11-12 / \$475 per person in double room; \$535, single room

In Charlottesville, VA, explore Montpelier, the home of James Madison, 4th President of the United States. Tour Monticello, an architectural masterpiece and beloved mountaintop home of Thomas Jefferson, our 3rd President. Enjoy lunch and a tour at Historic Michie Tavern. Visit Ash Lawn-Highland, home of our 5th president, James Monroe. Fee includes hotel accommodations, transportation, entry fees, one dinner, one lunch and one breakfast. Gratuities for tour guides and driver are collected on bus. Other meals are on your own. There may be a lot of walking.

RP4511.701 Bain Center pick up only 7 AM-9 PM W-Th



Licensed Child Care is enriching and fun for your little one.

Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through Middle school students, along with our Therapeutic Recreation Extended Care (TREC). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rp and click on Licensed Child Care (on left side of webpage). For space availability, call 410-313-7275.



Healthy Childcare - A Healthy Howard initiative supported by The Horizon Foundation

Healthy Howard Childcare

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Healthy Howard Healthy Childcare initiative and are enrolled in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2015. If class minimums are not met, a combined class will be offered. Info: Shavon Pearson, 410-313-4633 or spearson@howardcountymd.gov.

Bushy Park ES

RP2252	3 yrs	9:30 AM-1:30 PM	M & W	\$254, month
RP2252	4 yrs	9:30 AM-3 PM	M, W & F	\$509, month

Fulton ES

RP2256	3 yrs	9:30 AM-1:30 PM	Tu & Th	\$254, month
RP2256	4 yrs	9:30 AM-3 PM	M, W & F	\$509, month

Roger Carter Comm Ctr

RP2292	3-5 yrs	9:30 AM-3 PM	M & W	\$254, month
RP2292	3-5 yrs	9:30 AM-3 PM	Tu, Th & F	\$509, month

Triadelphia Ridge ES

RP2266	3 yrs	9-11:30 AM	M, W & Th	\$242, month
RP2266	4 yrs	9 AM-noon	M-Th	\$314, month

Veterans ES

RP2269	4 yrs	8 AM-4 PM	M-F	\$780, month
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Veterans ES has options for those registered in Veterans RECC program.

Please call registration at 410-313-7275 for pricing.



The Can-TEEN Club is a fun place for middle schoolers.

Elementary School Before & After Care

Before & After Care for Elementary School 2015-2016 Academic Year

Grades K-5 / M-F, duration of school year 2015-2016 / Prices below

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Before School / 7 AM to beginning of school day / \$201, month

After School / End of school day to 6 PM / \$309, month

Before & After School / 7 AM-6 PM / \$446, month

RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollfield Station ES	RP2068	West Friendship ES

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Grades 6-8 / M-F, duration of school year 2015-2016 / \$324, month

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise which is essential to everyday living. Participants engage in several community service outings and events which include visiting Recreation and Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs.

Info: Lakishia Major, 410-313-4717 or lmajor@howardcountymd.gov.

End of school day to 6 PM / Program must have minimum enrollment to operate

RP2370	Bonnie Branch MS
RP2372	Elkridge Landing MS
RP2373	Ellicott Mills MS
RP2374	Folly Quarter MS
RP2376	Lime Kiln MS
RP2378	Patapsco MS
RP2382	Thomas Viaduct MS

Howard County's 2016 Children on Board

CHILD CARE & PRESCHOOL INFORMATION FAIR

Sunday, January 24
1:00 - 4:00 PM

FREE ADMISSION!

Please bring a non-perishable donation
for the Howard County Food Bank

Ten Oaks Ballroom

5000 Signal Bell Lane, Clarksville, MD 21029

BACK BY POPULAR DEMAND!

Parents as Teachers (PAT) will offer
a 15-minute informational session:
"How to Choose an Early Childhood
Program," every hour. Limited seating.

 **Office of
CHILDREN'S SERVICES**
Howard County Department of Citizen Services

www.howardcountymd.gov/children

If you need this information in an alternate format,
or need accommodations to attend this event,
call 410-313-1940 no later than January 15.

410-313-1940 (VOICE/RELAY) • children@howardcountymd.gov



We have specially designed swim classes for all ages and abilities!

Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation Inclusion Opportunities (TRIO)

13-21 yrs / 4-5 wks / \$355 per month

This therapeutic-based program offers individual with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention and skills development for transitioning. Program is not held when schools are closed. Staff to participant ratio is 1:3 for the school location and 1:5 for the park location. No transportation is provided to the site. (No program 1/1, 1/18, 2/5, 2/8, 2/15, 3/25, 3/28-4/1.)

Cedar Lane School / 2-6 PM / M-F

RP2501.611	Jan
RP2501.612	Feb
RP2501.613	Mar

Cedar Lane Pk / 2-6 PM / M-F

RP2501.621	Jan
RP2501.622	Feb
RP2501.623	Mar

Aquatics

Puddles (Parent/Child)

2-5 yrs / 6 classes starting Jan 14 / \$53

Preschoolers with developmental disabilities learn safety and gain an introduction to swim skills while having fun. Parents must accompany child in the water. Appropriate swim wear is mandatory. Goal: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

RP4201.601	Cedar Lane School	6:15-7 PM	Th
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NEW! Sensory Swim

2-21 yrs / 6 classes starting Jan 23 / \$40

Children and teens with developmental disabilities experience the warm aquatic pool at their own pace. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion and self-confidence, enhance fitness level and gain sensory stimulation. Lifeguard provided, supervision is required by the parent or caregiver.

Cedar Lane School

RP4207.601	2-12 yrs	12:45-1:30 PM	Sa (Parent/Child)
RP4207.602	13-21 yrs	1:30-2:15 PM	Sa

Splashes

6-12 yrs / 6 classes starting Jan 13 / \$53

Children with disabilities learn and improve swimming skills. Siblings can register one week after open registration. Please call to verify class level and placement. Goal: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

Cedar Lane School

RP4205.601	6-8 yrs	Level 1	6:30-7:15 PM	W
RP4205.602	9-10 yrs	Level 2	7:15-8 PM	W
RP4205.603	11-12 yrs	Level 3	8-8:45 PM	W

Aquatic Skills Development

8 yrs + / 6 classes, start dates below / \$68

This semi-private skills session increases endurance, core strengthening and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently.

RP4200.601	Roger Carter Comm Ctr	Jan 5	7:30-8 PM	Tu
RP4200.602	Roger Carter Comm Ctr	Jan 5	8-8:30 PM	Tu
RP4200.603	Roger Carter Comm Ctr	Feb 16	7:30-8 PM	Tu
RP4200.604	Roger Carter Comm Ctr	Feb 16	8-8:30 PM	Tu

Waverunners

13-21 yrs / 6 classes starting Jan 14 / \$53

Teens with disabilities sharpen swimming skills and improve fitness. Some participants may require someone to accompany them in the pool at the staff's discretion. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence and improve ability to understand directions.

RP4213.601	Cedar Lane School	7-7:45 PM	Th
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Water Fitness/Open Swim

18 yrs + / 6 classes starting Jan 14 / \$55

Adults with developmental disabilities exercise in a warm aquatic pool at their own pace. Instructor provides guidance and exercises. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion and self-confidence and enhance fitness level.

RP4309.601	Cedar Lane School	7:45-8:30 PM	Th
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Crafts & Fine Arts

Expressions of Art

13 yrs + / 6 classes starting Jan 23 / \$80

Express yourself! Teens and adults with developmental disabilities expand their creativity using a variety of art materials. They make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills and improve ability to understand directions.

RP4302.601 Cedar Lane Pk 9:30-11 AM Sa

Dance

Dances

13 yrs + / Dates below / \$15

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided. Prepackaged donations only please.

Bain Ctr / 7-10 PM

RP4301.601	Decades Dance — 80's Flashback	Jan 23	Sa
RP4301.602	Sweet Heart Dance	Feb 6	Sa
RP4301.603	Leap Year Dance	Feb 27	Sa
RP4301.604	St. Patrick's Dance	Mar 12	Sa

Enrichment

Teen Venture

13-21 yrs / 6 events starting Jan 15 / \$140

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate-to-high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

RP4206.601 Various Locations 7-9:30 PM F

Friday Night Socials

22 yrs + / 6 events starting Jan 29 / \$120

Adults with developmental disabilities enjoy this casual group with easygoing recreation-based activities and socializing. Staff provide activity facilitation; caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette and increase ability to listen to others.

RP4306.601 Various Locations 7:30-9 PM F

Out & About

22-51 yrs / 6 events, start dates below / \$165

Adults with mild developmental disabilities enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5.

Goal: Increase self-awareness through environmental orientation, improve social etiquette and increase ability to listen to others.

Fee is inclusive of activities other than dining.

Various Locations / 6:30-9 PM

RP4308.601	O&A I	22-30 yrs	Jan 22	F
RP4308.602	O&A II	31-51 yrs	Jan 29	F
RP4308.603	O&A III	22 yrs +	Jan 16	Sa



Explore your creative side while improving fine motor skills.

Sports

Strikes & Spares Bowling League

13-35 yrs / 8 classes starting Jan 16 / \$91

Adults with developmental disabilities improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week in this program. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase range of motion, improve athletic skills and improve ability to stay on task.

Brunswick Normandy Lanes Ctr

RP4313.601	13-17 yrs	12:30-2 PM	Sa
RP4313.602	18-35 yrs	12:30-2 PM	Sa

Pinbusters Bowling League

35 yrs + / 8 classes starting Jan 16 / \$88

Adults with developmental disabilities enjoy socializing with peers. Bowl one or two games per week in this program. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

Brunswick Normandy Lanes Ctr

RP4312.601	11:30 AM-12:45 PM	Sa
RP4312.602	1-2:15 PM	Sa



**HAVE AN IDEA FOR
A NEW PROGRAM?**

Tell us by calling
410-313-4700 or
410-313-7275!

Pre-K (0-5 yrs) Classes & Activities

Adventure & Outdoors Page 15

Nature & Environment Page 17

Adventures in Learning

The Early Years Matter – Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them!

- Info: Cindy Ochs, 410-313-4681.
- Staff members do not change diapers.

Tots Discovery Jr.

2 yrs / 6 classes starting Jan 29 / \$90

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while tots explore and meet new friends. It's a wonderful way to make a seamless transition into our *Tots Discovery* classes. (No class 2/5.)

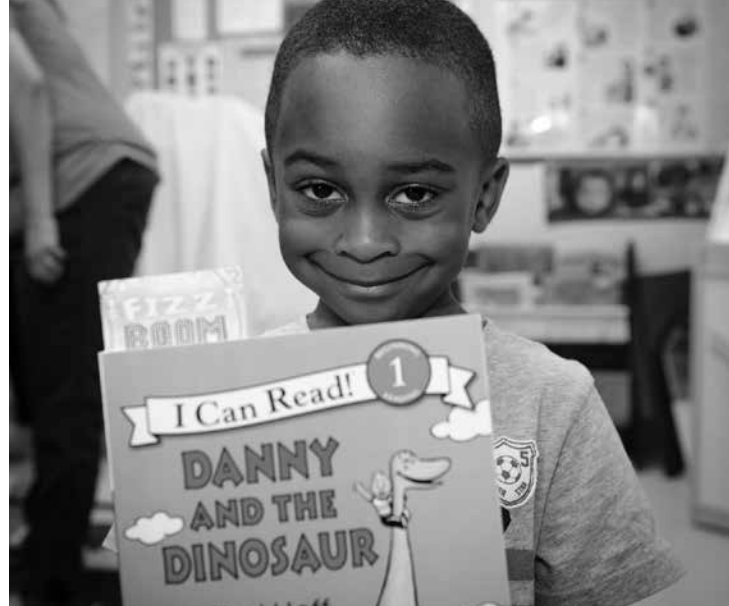
RP3204.601 Forest Ridge ES 10-10:45 AM F

Tots Discovery

2 yrs / 8 classes, start dates below / \$125

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. A \$45 NON-REFUNDABLE deposit holds a spot for the second session. (No class 2/4.)

RP3201.601	Dayton Oaks ES	Jan 19	10 AM-noon	Tu & Th
RP3201.611	Dayton Oaks ES	Feb 23	10 AM-noon	Tu & Th
RP3201.602	Forest Ridge ES	Jan 19	10 AM-noon	Tu & Th
RP3201.612	Forest Ridge ES	Feb 23	10 AM-noon	Tu & Th
RP3201.603	Rockburn ES	Jan 19	10 AM-noon	Tu & Th
RP3201.613	Rockburn ES	Feb 23	10 AM-noon	Tu & Th



Exploring with books is just one adventure in learning.

Preschool Adventures

2½-4 yrs / Class lengths, start dates & prices below

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, and arts and crafts, along with sports-specific activities (including basketball, soccer, football and other sports) in the gym. Participants should bring a nut-free lunch. A \$45 NON-REFUNDABLE deposit holds a spot for the second session. Register for Monday-Thursday and receive a 10% discount off. (No class 2/4, 2/8, 2/15.)

8 classes / Gary J Arthur Comm Ctr

RP6971.601	Jan 25	9:30 AM-12:30 PM	M & W	\$135
RP6971.602	Jan 26	9:30 AM-12:30 PM	Tu & Th	\$135
RP6971.611	Feb 29	9:30 AM-12:30 PM	M & W	\$135
RP6971.612	Mar 1	9:30 AM-12:30 PM	Tu & Th	\$135

16 classes / Gary J Arthur Comm Ctr

RP6971.603	Jan 25	9:30 AM-12:30 PM	M-Th	\$245
RP6971.613	Feb 29	9:30 AM-12:30 PM	M-Th	\$245

"Ms. Deanna is phenomenal! Can't say enough good things about her"

My First School

2 yrs, 9 mos-3 yrs, 9 mos / 8 classes, start dates below / \$125

This program helps children make a successful transition to an independent experience. They develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. A \$45 NON-REFUNDABLE deposit holds a spot for the second session. (No class 2/4, 2/8, 2/15.)

RP3202.601	Rockburn ES	Jan 25	10 AM-noon	M & W
RP3202.611	Rockburn ES	Feb 29	10 AM-noon	M & W
RP3202.602	Bonnie Branch MS	Jan 19	10 AM-noon	Tu & Th
RP3202.612	Bonnie Branch MS	Feb 23	10 AM-noon	Tu & Th
RP3202.603	N Laurel Comm Ctr	Jan 19	10 AM-noon	Tu & Th
RP3202.613	N Laurel Comm Ctr	Feb 23	10 AM-noon	Tu & Th

Tots Discovery, Preschool Adventures, My First School, Step into School, Kindergarten Jump Start

\$45 non-refundable deposit holds a spot for the second session of these classes.



Your budding artist's skills come to life in our art programs.

Step into School

3 yrs, 9 mos-4 yrs, 9 mos / 8 classes, start dates below / \$130

This specialized program helps your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! A \$45 NON-REFUNDABLE deposit holds a spot for the second session. Fee includes snack. (No class 2/8, 2/15.)

RP3221.601	Bonnie Branch MS	Jan 25	9:30 AM-noon	M & W
RP3221.611	Bonnie Branch MS	Feb 29	9:30 AM-noon	M & W
RP3221.602	N Laurel Comm Ctr	Jan 25	9:30 AM-noon	M & W
RP3221.612	N Laurel Comm Ctr	Feb 29	9:30 AM-noon	M & W

Kindergarten Jump Start

4 yrs, 6 mos-5 yrs, 11 mos / 8 classes, start dates below / \$175

This academic program prepares children for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small and large group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior.

Music, movement and art make the learning fun! A \$45 NON-REFUNDABLE deposit holds your spot for the second session. Participants should bring a nut-free lunch. (No class 2/8, 2/15.)

RP1727.601	Ellicott Mills MS	Jan 25	9:30 AM-1 PM	M & W
RP1727.611	Ellicott Mills MS	Feb 29	9:30 AM-1 PM	M & W

Awesome Athletes, Amazing Artists (Parent/Child)

2-4 yrs / 6 classes starting Jan 29 / \$90

If you enjoy being active and creative, than this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend. (No class 2/5.)

RP6973.601	Gary J Arthur Comm Ctr	9:30-10:30 AM	F
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Marshmallow Math

3-5 yrs / 6 classes starting Jan 29 / \$90

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting goldfish or making a number nine snack mix! Have a ball with gumballs, graph with marshmallows, explore terrific tanagrams and play a tenpin bowling game! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 2/5.)

RP3206.601	N Laurel Comm Ctr	10 AM-noon	F
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One Day Specials

- Parent or caregiver is welcome to attend.
- Info: Cindy Ochs, 410-313-4681.

Mommy & Me Fun Days (Parent/Child)

2-3 yrs / Dates below / \$14

Enjoy a morning full of quality time designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures.

Ellicott Mills MS / 10-10:45 AM / F

RP3212.601	Dora's Valentine	Feb 12
RP3212.602	Sesame Street Adventures	Feb 19
RP3212.603	NEW! Dinosaur Roar	Feb 26
RP3212.604	NEW! Pirates & Princesses	Mar 4
RP3212.605	Mickey Mouse Clubhouse	Mar 11
RP3212.606	NEW! Cars	Mar 18

Cooking

- More cooking classes for 4 years + starting on page 33.
- Info: Cindy Ochs, 410-313-4681.

C is for Cooking! (Parent/Child)

2 yrs / 6 classes starting Feb 11 / \$99

Let's get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Zoe's Rainbow Fruit Salad, Abby Cadabby's Pixie Snack Mix and Oscar's Cheese Tortilla.

RP3209.601	Ellicott Mills MS	9:45-10:45 AM	Th
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Eating the Alphabet

3-5 yrs / 6 classes, start dates below / \$99

A is for apples! B is for beets! C is for carrots! Eating the alphabet is loads of fun one letter at a time! Inspired by the entertaining story "Eating the Alphabet" by Louis Ehlert, children learn the alphabet and enjoy a corresponding snack for each letter. Watch them become excited about eating healthy snacks. They also develop early literacy skills, including letter recognition, letter-sound relationships, listening and reading comprehension, and other important early literacy skills. (No class 2/8.)

RP3203.601	Forest Ridge ES	Feb 1	10 AM-noon	M
RP3203.602	Thomas Viaduct MS	Feb 12	10 AM-noon	F

Crafts & Fine Arts

• Info (unless listed in description): Cindy Ochs, 410-313-4681.

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

20-36 mos / 6 classes starting Feb 6 / \$89

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided.

RP0133.601 Roger Carter Comm Ctr 9:30-10:15 AM Sa

Petite Picassos by Abrakadoodle (Parent/Child)

2-3 yrs / 6 classes starting Feb 12 / \$89

Experience art with your toddler by creating modern masterpieces while discovering colors, textures and shapes. Fee includes participation of a parent or favorite adult and one child.

RP3215.601 Rockburn ES 10-10:45 AM F

Abrakadoodle Art Mini Doodlers

3½-5 yrs / 6 classes starting Feb 6 / \$89

Get creative! Learn and imitate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided.

RP0134.601 Roger Carter Comm Ctr 10:30-11:15 AM Sa

Cookies & Canvas with Rachel Middleton (Parent/Child)

4 yrs + / Mar 6 / \$39 (1 child & parent)

Unleash your inner Picasso. You and your child receive step-by-step instructions. No experience necessary. Fee includes supplies, paint, canvas, brushes, aprons and easels. Cookies are provided; please bring your drink. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP3300.601 Roger Carter Comm Ctr 9:30-11:30 AM Su

Dance

• Info (unless listed in description): Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

• In order by youngest age, then alphabetical.

Dance With Me! With Sandra Duerr (Parent/Child)

1½-2 yrs / 6 classes, start dates below / \$45

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1003.601	Roger Carter Comm Ctr	Jan 6	8:45-9:30 AM	W
RP1003.602	Roger Carter Comm Ctr	Feb 17	8:45-9:30 AM	W
RP1003.611	Gary J Arthur Comm Ctr	Jan 7	9-9:45 AM	Th
RP1003.612	Gary J Arthur Comm Ctr	Feb 18	9-9:45 AM	Th

Mommy & Me Movement

by Misako Ballet Studio (Parent/Child)

2-3 yrs / 8 classes starting Jan 27 / \$75

Bring your toddler to an exciting movement class where you exercise and move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teacher: Cecilia Ituarte.

RP1005.601 Misako Ballet Studio 10-10:45 AM W

Parent/Child Movement & Song by Kinetics Dance Theatre

2-3 yrs / 8 classes, start dates below / \$65

Encourage your child's imagination as you explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Section 601 & 602 teacher: Jodi Guzewish. Section 603 teacher: Rachel Wolfe.

RP1007.601	Kinetics Dance Theatre	Jan 19	9:45-10:30 AM	Tu
RP1007.602	Kinetics Dance Theatre	Jan 23	10:15-11 AM	Sa
RP1007.603	Kinetics Dance Theatre	Jan 23	1:45-2:30 PM	Sa

Princess Pre-Ballet with Sandra Duerr

2½-3½ yrs / 12 classes, start dates below / \$75

Learn ballet basics with the help of princess stories and their music. Leather ballet shoes required. Performance during last class. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1008.601	Roger Carter Comm Ctr	Jan 6	9:40-10:10 AM	W
RP1008.611	Gary J Arthur Comm Ctr	Jan 7	9:50-10:20 AM	Th

Ballerina Basics by Kinetics Dance Theatre

3-6 yrs / 8 classes starting Jan 20 / \$79

Do you dream of being a ballerina? This class introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Teacher: Lauren Snyder. (Adult classes offered concurrently; contact studio, 410-480-1686.)

RP1011.601 Kinetics Dance Theatre 9-10 AM W

Ballet & Tap by Dance Connections, Inc.

3-5 yrs / 8 classes, start dates below / \$99

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the class, dancers are introduced to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms. Dancers need leather ballet and tap shoes. (No class 1/18, 2/13, 2/15.)

Dance Connections, Inc.

RP1025.601	Jan 11	10:45-11:30 AM	M
RP1025.602	Jan 11	1-1:45 PM	M
RP1025.603	Jan 13	1:45-2:30 PM	W
RP1025.604	Jan 23	1:30-2:15 PM	Sa
RP1025.605	Jan 23	2:15-3 PM	Sa





Grab a friend and sign up for a fun dance class!

Creative Dance by Kinetics Dance Theatre

3-6 yrs / 8 classes, start dates & prices below

This introduction to dance incorporates imagination, creative expression and a lot of fun! Dancers are introduced to loco-motor skills, rhythm, patterns and spatial awareness. What a wonderful way to learn to dance! Leotard and bare feet recommended. Section 601 teacher: Carol Asher. Section 602 teacher: Jodi Guzewish. Section 603 teacher: Rachel Wolfe. (Adult classes offered concurrently on Mondays; contact studio, 410-480-1686.)

Kinetics Dance Theatre

RP1010.601	Jan 11	9-10 AM	M	\$79
RP1010.602	Jan 23	9:30-10:15 AM	Sa	\$65
RP1010.603	Jan 23	1-1:45 PM	Sa	\$65

Creative Movement After School

by Cindee Velle Ballet

3-5 yrs / 16 classes starting Jan 8 / \$115

This introduction to dance incorporates the exploration of space, rhythm, body awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Enjoy a showcase at the end of the session for family and friends (additional costume fee applies). Teacher: Amy Spears. (No class 1/22, 2/5, 3/25, 4/1, 4/8, 5/20.)

RP1019.601	Veterans ES	4:10-4:55 PM	F
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Fairy Dance & Storytelling

by Kinetics Dance Theatre

3-5 yrs / 8 classes starting Jan 19 / \$65

This fun class provides a special introduction to dance! Let your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Dancers should wear leotard and bare feet. Teacher: Alexandra Krebs.

RP1006.601	Kinetics Dance Theatre	9-9:45 AM	Tu
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Frozen Ballet & Tap by Dance Connections, Inc.

3-5 yrs / 8 classes, start dates below / \$99

Let it Go! Learn ballet and tap with the themes and music from *Frozen*! Foundations of ballet and tap are covered while using fine and gross loco motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and storylines used to explore movement in fun, creative ways. Dancers wear clothes for ease of movement, leather ballet and tap shoes.

RP1014.601	Dance Connections, Inc.	Jan 12	11-11:45 AM	Tu
RP1014.602	Dance Connections, Inc.	Jan 14	2-2:45 PM	Th

Princess Ballet by Dance Connections, Inc.

3-5 yrs / 8 classes starting Jan 11 / \$99

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip toe around the beasts' castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 1/18, 2/15.)

RP1046.601	Dance Connections, Inc.	10-10:45 AM	M
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Tinker Bell's Ballet

by Dance Connections, Inc.

3-5 yrs / 8 classes starting Jan 13 / \$99

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes.

RP1017.601	Dance Connections, Inc.	1-1:45 PM	W
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Ballet & Tap with Barbie with Sandra Duerr

3½-5 yrs / 12 classes, start dates below / \$119

Combine creative movement and ballet basics to develop coordination and rhythm while using the familiar stories and music of our favorite Barbie dolls. Please wear pink or white leather ballet shoes. Performance during last class.

RP1010.601	Roger Carter Comm Ctr	Jan 6	10:20-11:20 AM	W
RP1010.611	Gary J Arthur Comm Ctr	Jan 7	10:30-11:30 AM	Th

Ballet & Tap with Tatia Zack

3½-5 yrs / 8 classes, start dates below / \$75

Learn ballet positions and tap steps while developing coordination, body awareness, balance, rhythm and a love of dance. Ballet and tap shoes are required. Performance during the last class.

RP1024.601	Meadowbrook Ath Comp	Jan 21	9:30-10:30 AM	Th
RP1024.602	Roger Carter Comm Ctr	Jan 19	3:30-4:30 PM	Tu

NEW! Dance, Baila! By Misako Ballet Studio

3½-5 yrs / 8 classes starting Jan 19 / \$79

Introduce your young children to the Spanish language through dance! Taught by a native Spanish speaker, students learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers should wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte.

RP1016.601	Misako Ballet Studio	10-10:45 AM	Tu
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Jazz & Tap with Tatia Zack

3½-5 yrs / 8 classes, start dates below / \$75

Combine the coordination, rhythm and timing of tap with the high-energy movements of jazz. Enjoy stretching and bending exercises and a dance routine done to Top 40 music. Performance during last class. Wear tap shoes and comfortable clothing. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1023.601	Meadowbrook Ath Comp	Jan 21	10:30-11:30 AM	Th
RP1023.602	Roger Carter Comm Ctr	Jan 19	4:30-5:30 PM	Tu

Movement for Boys

by Kinetics Dance Theatre Page 35

Rhythm & Moves for Boys

by Kinetics Dance Theatre Page 35

Beginning Princess Ballet: Rhythm & Steps

by Misako Ballet Studio Page 35

Fitness

• Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Funfit® Tots (Parent/Child)

11-35 months / 8 classes, start dates below / \$79 per child

This fun-filled adult/child, high-energy class includes songs, stories, parachutes, games, balls, music and more! It's the perfect combo for kids who love to move to music! This is great for parents who love to be a part of their child's excitement and success. Child must be walking. (No class 2/5.)

N Laurel Comm Ctr

RP3210.601	11-20 months	Jan 21	10:15-11 AM	Th
RP3210.602	20-35 months	Jan 21	11:05-11:50 AM	Th

Roger Carter Comm Ctr

RP3210.603	11-35 months	Jan 15	10:15-11 AM	F
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Funfit® Shining Stars

3-5 yrs / 8 classes starting Jan 15 / \$79 per child

Your kids shine as they advance to the next level of game play in this fun, active class. Children begin to learn to play cooperatively, learn game rules, taking turns and more. Kids gain balance, coordination and advance cognitive development. All of this is incorporated into one fun game after another, using various awesome equipment. Parents are welcome to participate, but not required. (No class 2/5.)

RP3210.612	Roger Carter Comm Ctr	9:30-10:15 AM	F
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Language

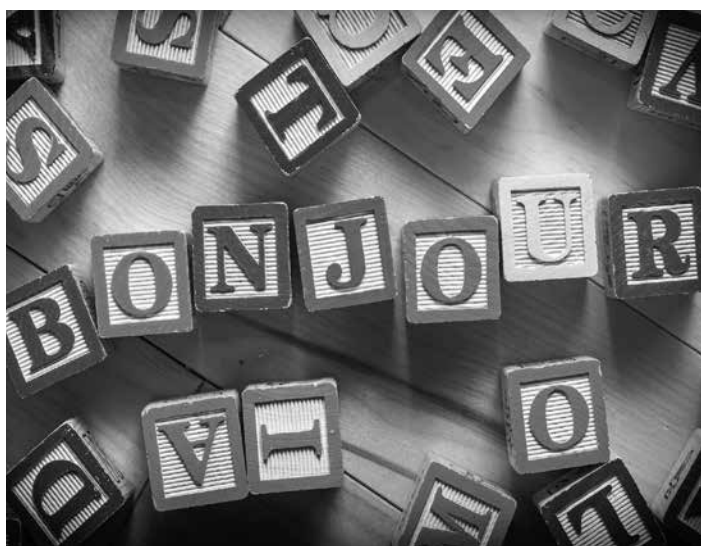
• Info (unless listed in description): Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Oh La La French Mommy & Me & Daddy Too! With Madame Nona (Parent/Child)

2-5 yrs / 6 classes starting Jan 30 / \$85

Learn French with your little one! Class developed by a professional Early Childhood educator. Learn French words for colors, animals, action words and more through a multi-sensory approach using creative arts, language arts, singing, games and dancing to learn French. Literacy is increased because we read books, sing and play games in French. Each week, learn new topics and reinforce what's been learned. Bring a blanket. Fee includes participation of one child and one parent/caregiver.

RP3310.601	Pointers Run ES	9:30-10:30 AM	Sa
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The best way to learn a new language is to start early!

Beginning Chinese with Wei Guo (Parent/Child)

5-10 yrs / 6 classes starting Jan 23 / \$59

Learn Chinese with your child! Spark an interest in learning the Chinese language and culture. Basic language is used as we learn greetings, conversation, written language, numbers, colors, animals, food, and family members. Have fun while learning a new language! Fee includes one child and one parent/caregiver. Dialect: Mandarin.

RP3313.601	Burleigh Manor MS	2-3:30 PM	Sa
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NEW! Young Travelers with Cecilia Redmond
Page 37

Music & Theater Arts

Music

• Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Music Together-Infant (Parent/Child) at Olenka School of Music (OSM)

Infant-8 mos / 8 classes, start dates below / \$129 + \$42 materials

This is a unique and exciting intro to the universal language of music. Infants and their caregivers engage in fun activities designed to foster music fluency. Learn skills necessary for the development of your child's musical ear and innate rhythmic abilities. Materials include a songbook, 2 CDs, educational materials, and a new student DVD. Parent participation required. Materials fee due to OSM on the first day of class. (No class 3/27-4/2.)

Olenka School of Music—Columbia

RP0120.601	Feb 3	12:30-1:15 PM	W
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Olenka School of Music—Ellicott City

RP0120.651	Feb 1	1-1:45 PM	M
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Music Together®-Mixed (Parent/Child) at Olenka School of Music (OSM)

Infant-5 yrs / 8 classes, start dates below / \$129 + \$42 materials

Immerse your infant, toddler, preschooler, or kindergartener in the universal language of music! Have fun singing, dancing and playing with various rhythm instruments as part of a nurturing musical community. Born in 1987, Music Together® is the pioneer and leader of research-based, early childhood music and movement programs for children and adults who love them.

Music Together® recognizes that everyone has the ability to sing in tune, keep a beat, and experience world cultures through music. Materials include a songbook, 2 CDs, educational materials, and a new student DVD. Parent participation required. Materials fee due to OSM on the first day of class. (No class 3/27-4/2.)

Olenka School of Music—Columbia

RP0121.601	Feb 1	9:30-10:15 AM	M
RP0121.602	Feb 2	10:30-11:15 AM	Tu
RP0121.603	Feb 3	5:30-6:15 PM	W
RP0121.604	Feb 4	6:15-7 PM	Th
RP0121.605	Feb 5	11:30 AM-12:15 PM	F

Olenka School of Music—Ellicott City

RP0121.651	Jan 30	10:30-11:15 AM	Sa
RP0121.652	Feb 3	10:15-11 AM	W
RP0121.653	Feb 5	10-10:45 AM	F

Preschool Genius

at Olenka School of Music (OSM)

3-4 yrs / 8 classes, start dates below / \$159 + \$35 materials

Introduce your little genius into OSM's unique kindergarten prep. Music competency, language competency, and motor skills develop hand-in-hand, so we focus on a balanced combination of reading readiness, writing preparedness, fine motor development, rhythm skills, gross motor movement, dance and intro to both the ABCs of language and music! Parent participation and modeling strongly encouraged. Materials fee due to OSM on the first day of class. (No class 3/27-4/2.)

Olenka School of Music—Columbia

RP0129.601	Jan 31	2:30-3:15 PM	Su
RP0129.602	Feb 3	11:30 AM-12:15 PM	W

Olenka School of Music—Ellicott City

RP0129.651	Jan 30	4:30-5:15 PM	Sa
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Preschool Music Makers with Keyboards at Olenka School of Music (OSM)

(Parent or Grandparent/Child)

3-5 yrs / 8 classes, start dates below & next column

\$165 + \$42 materials

Begin a strong foundation for future musical learning through energetic, inspiring introduction to the basics of music. Age-appropriate classes feature Do-Re-Mi singing and ear-training exercises that lead to inner hearing and neuromuscular feeling for music. Enjoy dancing, singing, playing keyboards, rhythm instruments and stimulating music games designed to teach the fundamentals of the universal language of music. Materials include a songbook, CD, workbook, homework binder. Parent participation required. Materials fee due to OSM on the first day of class. (No class 3/27-4/2.)

Olenka School of Music—Columbia

RP0128.601	Jan 30	12:30-1:15 PM	Sa
RP0128.602	Feb 1	11:30 AM-12:15 PM	M
RP0128.603	Feb 3	1:30-2:15 PM	W
RP0128.604	Feb 4	10:30-11:15 AM	Th
RP0128.605	Feb 4	7:15-8 PM	Th
RP0128.606	Feb 5	2:30-3:15 PM	F

Olenka School of Music—Ellicott City

RP0128.651	Jan 30	2:15-3 PM	Sa
RP0128.652	Jan 31	10:30-11:15 AM	Su
RP0128.653	Feb 2	4:30-5:15 PM	Tu

Winter Break Camp – Celebrate World Cultures with Music at Olenka School of Music (OSM)

3-5 yrs / 4 days starting Dec 28 / Prices below

“Travel” the far corners of the world and explore international cultures through music and play! This camp guides children through fun-filled days of singing, dancing, basic keyboarding, notation, rhythm elements, instrument exploration, music creativity, composition, art and literature. Performance on last day for family and friends. Materials fee due on first day of camp to OSM. Before/After Care available directly through OSM at 410-309-0770 (7:30-9 AM / 4-5:30 PM, \$60 for one or \$120 for both).

Full Day / \$265 + \$25 materials

RP1653.601	OSM—Columbia	9 AM-4 PM	M-Th
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Half Day / \$139 + \$25 materials

RP1653.611	OSM—Columbia	9 AM-noon	M-Th
RP1653.612	OSM—Columbia	1-4 PM	M-Th

Spring Break Camp – Celebrate World Cultures with Music at Olenka School of Music (OSM)

3-5 yrs / 1 wk starting Mar 28 / Prices below

“Travel” the far corners of the world and explore international cultures through music and play! This camp guides children through fun-filled days of singing, dancing, basic keyboarding, notation, rhythm elements, instrument exploration, music creativity, composition, art and literature. Performance on last day for family and friends. Materials fee due on first day of camp to OSM. Before and/or After Care available directly through OSM, call 410-309-0770 (7:30-9 AM / 4-5:30 PM, \$75 for one or \$150 for both).

Full Day / \$305 + \$25 materials

RP1653.701	OSM—Columbia	9 AM-4 PM	M-F
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Half Day / \$175 + \$25 materials

RP1653.711	OSM—Columbia	9 AM-noon	M-F
RP1653.712	OSM—Columbia	1-4 PM	M-F

Theater

- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov

Broadway Babies Drama: Frozen Stars by Drama Learning Center

3-5 yrs / 6 classes starting Jan 9 / \$95

Our future stars shine bright in this session! Students work on singing, dancing, and acting, as they celebrate everything they love about winter! Class session culminates in a final performance for family and friends featuring props created by the students during craft time.

RP0103.601	Drama Learning Ctr	9:15-10:15 AM	Sa
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Science Page 40

Sports Page 68

Therapeutic Recreation Page 25



Is your child curious in the kitchen? Turn them into a Wee Chef!

Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 15

Nature & Environment Page 17

Chess

• Info: Adam Wienckowski, 410-313-4714 or
awienckowski@howardcountymd.gov.

Chess Club Before/After School with Silver Knights Chess Company Grades K-5 / Class length, start dates & prices below

Learn how to play chess from highly rated professional chess instructors who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all ES grades and experience levels. Playtime is structured to pair you against an opponent of similar skill. All chess supplies provided. (No class 3/25-4/1, 4/8, 4/26, 5/20.)

14 classes / \$185

RP3323.601	Atholton ES	Feb 10	8-9 AM	W
RP3322.601	Gorman Crossing ES	Feb 11	4-5 PM	Th
RP3322.602	Hammond ES	Feb 11	3:35-4:35 PM	Th
RP3323.604	Ilchester ES	Feb 9	8:10-9:10 AM	Tu
RP3322.603	Lisbon ES	Feb 9	3:15-4:15 PM	Tu
RP3322.604	Manor Woods ES	Feb 11	3:20-4:20 PM	Th
RP3323.605	Pointers Run ES	Feb 11	8:10-9:10 AM	Th
RP3322.605	Rockburn ES	Feb 9	3:25-4:25 PM	Tu
RP3322.606	St. John's Lane ES	Feb 9	3:20-4:20 PM	Tu
RP3322.607	Waverly ES	Feb 10	3:50-4:50 PM	W

12 classes / \$159

RP3323.603	Fulton ES	Feb 19	8:10-9:10 AM	F
RP3322.610	Northfield ES	Feb 19	3:30-4:30 PM	F

11 classes / \$145

RP3323.602	Bellows Spring ES	Feb 22	8:10-9:10 AM	M
RP3322.620	Clemens Crossing ES	Feb 22	3:50-4:50 PM	M
RP3322.621	Dayton Oaks ES	Feb 22	3:35-4:35 PM	M

Chess Winter Break Camp with Silver Knights Chess Company Grades K-8 / 4 days starting Dec 28 / Prices below

Play and learn chess from the highly rated professional chess instructors. Campers are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students' games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage.

Roger Carter Comm Ctr

RP1815.501	Full day	9 AM-4 PM	M-Th	\$275
RP1815.511	Half day	9 AM-noon	M-Th	\$165
RP1815.521	Half day	1-4 PM	M-Th	\$165

Chess Spring Break Camp with Silver Knights Chess Company Grades K-8 / 1 wk starting Mar 28 / Prices below

Play and learn chess from the highly rated professional chess instructors from Silver Knights Chess. You are divided into skill level groups (beginner to highly rated tournament players). Activities include learning openings, tactics and endgames; studying master games; playing games against fellow students; and analyzing students' games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage.

Roger Carter Comm Ctr

RP1815.701	Full day	9 AM-4 PM	M-F	\$345
RP1815.711	Half day	9 AM-noon	M-F	\$209
RP1815.721	Half day	1-4 PM	M-F	\$209

Cooking

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Wee Chefs Mini-Session with Julie Lonegro 5-7 yrs / 2 classes, start dates below / \$35

Join us for hands-on cooking! Make fun, delicious food that is sure to please taste buds. Our classes teach little chefs how to make various appetizers and desserts. They learn different cooking techniques that allow them to help at home.

RP3225.601	Ellicott Mills MS	Jan 20	6-7:30 PM	W
RP3225.602	Ellicott Mills MS	Feb 17	6-7:30 PM	W
RP3225.603	N Laurel Comm Ctr	Mar 9	6-7:30 PM	W

What's Cooking? With Julie Lonegro 5-7 yrs / Dates below / \$29

Make delicious treats to share with friends and family! Handmade recipes, story sharing and music add to the fun. The theme for section 601 is **Be My Valentine!** At this heartwarming celebration, make heart-healthy, bite-sized sandwiches; red velvet, heart-shaped cupcakes; and a strawberry smoothie. The theme for section 602 is **Luck of the Irish!** Make a yummy lucky charm parfait treat, shamrock cookies and tasty green shamrock punch.

RP3227.601	Ellicott Mills MS	Feb 12	6-8 PM	F
RP3227.602	N Laurel Comm Ctr	Mar 4	6-8 PM	F



Our art classes send children home with their own masterpieces!

Cooking with Chef Nikki After School

Grades K-5 / 4 classes, start dates below / \$80 + \$40 materials

This mobile cooking program is offered through Chef Nikki McGowan (owner of the food truck Madame BBQ). Classes are taught by McGowan and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! Materials fee due at first class, payable to Madame BBQ. (No class 1/18, 2/4, 2/8, 2/15.)

Session One Theme: Family Meal!

Learn and prep a dinner for your entire family to take home and cook! Make pasta from scratch for your lasagna; chicken pot pie to pop into the oven once home; and a few more surprise dinners. (Not going home after class? Bring a cooler and ice pack.)

RP3302.601	Dayton Oaks ES	Jan 20	3:45-5:15 PM	W
RP3302.602	Fulton ES	Jan 21	4-5:30 PM	Th
RP3302.603	Ilchester ES at Bonnie Branch MS	Jan 19	4:10-5:40 PM	Tu
RP3302.604	Triadelphia Ridge ES	Jan 11	3:30-5 PM	M

Session Two Theme: Pack Your Own Lunch!

Come make delicious, healthy and fun lunches! (Bring home a shopping list so that you can put your knowledge to good use.)

RP3302.611	Bushy Park ES	Feb 23	4-5:30 PM	Tu
RP3302.612	Forest Ridge ES	Feb 29	3:45-5:15 PM	M
RP3302.613	Fulton ES	Mar 3	4-5:30 PM	Th
RP3302.614	Northfield ES at Dunloggin MS	Feb 24	3:30-5 PM	W

NEW! Spring Break Cooking Camp

Grades K-5 / 4 days starting Mar 29 / Prices below & next column

Join Chef Nikki McGowan (owner of the food truck Madame BBQ). Each day of camp is dedicated to a different part of the meal (appetizers, soups and salads, entrees, and desserts). On the last day of camp, stay after and enjoy a free dinner from Madame BBQ at 4:30 PM. Only doing the morning session? Please come back at 4:30 PM or take a dinner coupon to use at a later date. (The truck will have food for purchase.) Full-day students, bring a nut-free, bagged lunch. Everyone, enjoy sampling recipes. Full-day students, you do not repeat morning session activities. Materials fee due on the first day of class, payable to Madame BBQ.

Half day / \$135 + \$30 materials

RP3302.721	Lime Kiln MS	9 AM-noon	Tu-F
RP3302.722	Lime Kiln MS	1-4 PM	Tu-F
RP3302.723	Mt. Hebron HS	9 AM-noon	Tu-F
RP3302.724	Mt. Hebron HS	1-4 PM	Tu-F

Full day / \$249 + \$40 materials

RP3302.731	Lime Kiln MS	9 AM-4 PM	Tu-F
RP3302.732	Mt. Hebron HS	9 AM-4 PM	Tu-F

Crafts & Fine Arts

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Cookies & Canvas with Rachel Middleton (Parent/Child) Page 29

Abrakadoodle Art Education After School Grades K-5 / 8 classes, start dates below / \$115 + \$24 materials

Discover your creative talents and abilities through painting, sculpting and additional media. All skill levels welcome! Classes bolster self-confidence and pride while teaching art history, techniques, vocabulary, and socialization skills. Each session has new lessons and new inspiration artists; there are no repeats. Materials fee due at first class, payable to Abrakadoodle. (No class 1/18, 2/4, 2/8, 2/15.)

RP0136.601	Clarksville ES	Jan 14	4-5 PM	Th
RP0136.602	Elkridge ES	Jan 12	4-5 PM	Tu
RP0136.603	Gorman Crossing ES	Jan 13	4-5 PM	W
RP0136.604	St. John's Lane ES	Jan 13	3:20-4:20 PM	W
RP0136.605	Thunder Hill ES	Jan 11	4-5 PM	M

KidzArt After School

Grades K-5 / Class lengths, start dates & prices below

Enjoy a fun, unique, confidence-building art experience. Our drawing-based curriculum delivers highly engaging and educationally rich creative experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums such as Prismacolor, ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers and more! Bring a nut-free snack to be eaten while supervised between school dismissal and class. **Materials included in registration fee.** (No class 2/4, 2/8, 2/15.)

9 classes / \$162

RP0113.607	Bellows Spring ES	Jan 19	4-5 PM	Tu
RP0113.608	Fulton ES	Jan 19	4-5 PM	Tu
RP0113.609	Northfield ES	Jan 27	3:30-4:30 PM	W
RP0113.610	Pointers Run ES	Jan 27	4-5 PM	W

8 classes / \$144

RP0113.604	Centennial Lane ES	Jan 28	3:25-4:25 PM	Th
RP0113.605	Thunder Hill ES	Jan 28	4-5 PM	Th
RP0113.606	Triadelphia Ridge ES	Jan 28	3:30-4:30	Th
RP0113.611	Manor Woods ES	Jan 28	3:20-4:20	Th

6 classes / \$108

RP0113.601	Elkridge ES	Feb 1	4-5 PM	M
RP0113.602	Rockburn ES	Feb 1	3:30-4:30 PM	M
RP0113.603	St. John's Lane ES	Feb 1	3:20-4:20 PM	M



NEW! KidzArt Spring Break Camp: Art Studio!

Grades K-5 / 1 wk starting Mar 28 / \$255 + \$45 materials

Do you love to create art? Come work with clay, papier-mâché, Watercolor Resist, and copper tooling! This is the perfect place to practice fine art techniques and experiment with a variety of artist-grade materials. Experienced instructors show campers how to use the creative part of their brain to think outside of the box and achieve amazing results in their work. Enjoy art time, snack breaks and lunch, and active play. Bring two nut-free snacks, a non-perishable nut-free bagged lunch and water bottle. Extend hours with KidzArt Spring Break Extended Day Options below. Materials fee due on the first day of camp, payable to KidzArt.

RP0113.731 Roger Carter Comm Ctr 9 AM-4 PM M-F

NEW! KidzArt Spring Break Camp:

Inspiration from The Masters!

Grades K-5 / 1 wk starting Mar 28 / \$255 + \$45 materials

KidzArt camp is filled with inspiration! Whether campers are interested in becoming an artist or just love to draw, studying famous artists is an excellent way to spark creativity and grow their love of art! The "master in training" explores a variety of mediums to create original drawings and three-dimensional pieces. Campers paint on canvas, create a wire sculpture self-portrait, paint a cool watercolor piece and mold a pop art ice cream sculpture inspired by the styles of Morrisseau, Picasso, Monet, and Warhol! Camp includes art time, snack breaks and lunch, and active play time. Bring two nut-free snacks, a non-perishable nut-free bagged lunch and water bottle. Extend hours with KidzArt Spring Break Extended Day Options below. Materials fee due on the first day of camp, payable to KidzArt.

RP0113.732 N Laurel Comm Ctr 9 AM-4 PM M-F

NEW! KidzArt Spring Break

Extended Day Options

Grades K-5 / 1 wk starting Mar 28 / \$110

Come early! Stay late! Add our extended day option onto our KidzArt Spring Break Camps. Campers enjoy games, puzzles, reading time and extra art time. Bring your favorite book and an extra nut-free snack.

RP0113.741 Roger Carter Comm Ctr 8-9 AM & 4-5:30 PM M-F

RP0113.742 N Laurel Comm Ctr 8-9 AM & 4-5:30 PM M-F

Workshops with KidzArt!

5 yrs + / Dates below / \$25 + \$5 materials

Come have some fun and let your parents have a special night out (or invite your favorite adult to join in the fun by registering too). Engage your imagination and create your own masterpieces. We keep it simple and FUN. Work with mixed media like pastels, watercolor, textured paper and more! Materials fee due at the beginning of class, payable to KidzArt.

Theme: Valentine Fun for Everyone

RP0113.691 N Laurel Comm Ctr Feb 12 6:30-8:30 PM F

RP0113.692 Roger Carter Comm Ctr Feb 5 6:30-8:30 PM F

AbraKadoodle Art Elementary Doodlers

6-10 yrs / 8 classes, start dates below / \$115 + \$24 materials

Have a blast creating a new masterpiece each week while painting, sculpting and using additional creative media! Learn about master and contemporary artists, art history and cultural art while bolstering self-confidence, pride, vocabulary and socialization skills. Enjoy new lessons as we highlight many new artists. (There are no repeats from past seasons.) Materials fee due at first class (to AbraKadoodle). Protective aprons provided. (No class 1/23.)

RP0136.690 Roger Carter Comm Ctr Jan 12 6-7 PM Tu

RP0136.691 Roger Carter Comm Ctr Jan 16 10:30-11:30 AM Sa



Youth (5-10 yrs)

Ballet teaches coordination, confidence, posture and more.

Dance

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov (unless otherwise noted).

Movement for Boys

by Kinetics Dance Theatre

4-6 yrs / 8 classes starting Jan 19 / \$65

This creative dance class is designed specifically to introduce boys to movement and dance in a fun, structured environment. Class incorporates many of the components of dance, including space, rhythm, body awareness and more! Teacher: Lauren Snyder. (Adult classes offered concurrently; contact studio, 410-480-1686.)

RP1013.601 Kinetics Dance Theatre 4:45-5:30 PM Tu

Rhythm & Moves for Boys

by Kinetics Dance Theatre

4-7 yrs / 8 classes starting Jan 22 / \$79

Boys groove to the music and learn about rhythm! Discover tempo, patterns and syncopation through tap and jazz movements. This is a beginner level class. No experience required. Wear comfortable clothing for ease of movement. Tap and jazz shoes recommended. Teacher: Lauren Snyder.

RP1012.601 Kinetics Dance Theatre 10-11 AM F

Beginning Princess Ballet: Rhythm & Steps

by Misako Ballet Studio

5-6 yrs / 8 classes starting Jan 22 / \$79

Dance with scarves to the music of your favorite princesses. This fun class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in loco motion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle.

Teacher: Samantha Williams.

RP1001.601 Misako Ballet Studio 4:45-5:30 PM F



Gain leadership skills during Kid Empowerment–Smashing ANTs!

Ballet/Jazz After School by Cindee Velle Ballet

6-11 yrs / 16 classes starting Jan 27 / \$185

This 90-minute dance class introduces basic barre exercises; leg, feet and arm positions; and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. There is a showcase on the last day for family and friends (additional costume fee). Teacher: Catherine Rach. (No class 3/30.)

RP1018.601 Veterans ES 4:05-5:35 PM W

Back Beats with Nysia Carter

7-10 yrs / 8 classes starting Jan 23 / \$89

This fast-paced, high-energy hip-hop class emphasizes body isolations, intricate rhythms and individual expression. Dancers learn basic hip-hop, popping and break dancing techniques to develop his/her own unique style. Wear comfortable clothes. Sneakers required. (No class 2/6.)

RP1020.601 Roger Carter Comm Ctr 3:30-4:30 PM Sa

Enrichment

• Info: Adam Wienckowski, 410-313-4714 or
awienckowski@howardcountymd.gov.
(unless otherwise noted).

Etiquette & Personal Development

NEW! Put Your Best Foot Forward with The International School of Protocol

4-7 yrs / 2 classes starting Feb 1 / \$40 (\$35 for additional sibling)

Have fun in this hands-on class designed to increase confidence in social situations! Learn by playing and working through a coloring/activity book. Enjoy learning the importance of good manners. Handouts given for additional practice. Topics covered: Meeting people, looking people in the eyes, shaking hands, introducing people. Learn how important it is to help at home and away, how to be nice, when to stand up and when to sit down.

RP3315.601 Roger Carter Comm Ctr 5-6 PM M



Learn the French language and culture with Madame Nona (page 37).

Kid Empowerment – Smashing ANTs After School

Grades 2-3 / 7 classes, start dates below / \$119 + \$20 materials

Reach your potential! Realize your self-worth! Gain the leading edge! This fun and entertaining program teaches powerful life skills through a variety of engaging games, activities and motivational cartoon lessons. Create your own Positive Empowering Thoughts (PETs) to "smash" the Automatic Non-Supportive Thoughts (ANTs) such as "I can't do it!" or "I'm afraid to try?" or "What if I make a mistake?" Different ANT Smashers are taught each session. New and continuing students welcome. Info: www.SmashingANTs.com. (No class 1/18, 1/22, 2/4-8, 2/15.)

RP3333.601	Bellows Spring ES	Jan 11	4:05-5:05 PM	M
RP3333.602	Bryant Woods ES	Jan 11	3:25-4:25 PM	M
RP3333.603	Dayton Oaks ES	Jan 26	3:40-4:40 PM	Tu
RP3333.604	Ducketts Lane ES	Jan 27	3:30-4:30 PM	W
RP3333.605	Elkridge ES	Jan 28	4:05-5:05 PM	Th
RP3333.606	Forest Ridge ES	Jan 26	3:55-4:55 PM	Tu
RP3333.607	Gorman Crossing ES	Jan 15	4:05-5:05 PM	F
RP3333.608	Hollifield Station ES	Jan 27	3:25-4:25 PM	W
RP3333.609	Ilchester ES	Jan 27	4:05-5:05 PM	W
RP3333.610	Manor Woods ES	Jan 27	3:25-4:25 PM	W
RP3333.611	Pointers Run ES	Jan 15	4:05-5:05 PM	F
RP3333.612	Rockburn ES	Jan 15	3:30-4:30 PM	F
RP3333.613	St. John's Lane ES	Jan 28	3:25-4:25 PM	Th
RP3333.614	Talbott Springs ES	Jan 15	3:20-4:20 PM	F
RP3333.615	Veterans ES	Jan 28	4:05-5:05 PM	Th
RP3333.616	Waterloo ES	Jan 26	4:05-5:05 PM	Tu
RP3333.617	Waverly ES	Jan 11	3:55-4:55 PM	M

NEW! Nice Kids Finish First with The International School of Protocol

8-11 yrs / 2 classes starting Feb 1 / \$40 (\$35 for additional sibling)

New research verifies what we always knew... nice kids do finish first! The development of social skills leads to success in school and on the job. The International School of Protocol helps you gain the confidence to handle social situations. Topics include shaking hands, making eye contact, including others, holding doors, acting properly at the theater, entering/exiting public transportation and more. Have great time with role plays and activities. Includes take home handouts for the whole family to enjoy.

RP3318.601 Roger Carter Comm Ctr 6-7 PM M

NEW! Fashion Show: Model Call

Page 45



Have fun learning Spanish with Cecilia Redmond.



Youth (5-10 yrs)

Artists, come draw Chinese characters while learning about China.

Language

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Beginning Chinese with Wei Guo (Parent/Child) 5-10 yrs / 6 classes starting Jan 23 / \$59

Learn Chinese! This program sparks an interest in learning the Chinese language and exposes you to Chinese culture. Basic language is used, including greetings, conversation, written language, numbers, colors, animals, food, and family members. Have fun while learning a new and exciting language! Fee includes participation of one child and one parent/caregiver. Dialect: Mandarin.

RP3313.601 Burleigh Manor MS 2-3:30 PM Sa

NEW! Young Travelers with Cecilia Redmond 5-7 yrs / 5 classes starting Jan 23 / \$55

Have fun learning Spanish for travelers, including vocabulary for our journey. What will you pack? Who will travel with you? We teach basic greetings, numbers, colors, and days of the week. This class develops awareness and an appreciation of another language and culture.

RP3307.601 Veterans ES 10-11 AM Sa

Oh La La French with Madame Nona Grades K-5 / 6 classes starting Jan 30 / \$85

Learn the French language and culture! Learn common conversational words, the weather, colors, shapes and much more using a multi-sensory approach involving creative arts, language arts, singing, games, and dancing. Emphasis is placed on listening, comprehension and speaking in a relaxed and fun environment. Literacy is increased by reading books, singing songs and playing familiar games in French. Each week has a new topic and reinforces what's been learned by getting creative with crafts and repetition. Bring a notebook, glue stick and crayons.

RP3310.611 Pointers Run ES 10:45-11:45 AM Sa

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.

Spanish After School by International School of Languages Grades K-5 / 8 classes, start dates below / \$135

Learn a new language while exploring the culture and traditions of countries where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities. Classes are taught by native speakers who are engaging, fun, motivating and experienced teachers. (No class 1/18, 1/22, 2/5, 2/8, 2/15.)

Grades K-5

RP3301.601	Dayton Oaks ES	Jan 15	3:45-4:45 PM	F
RP3301.602	Gorman Crossing ES	Jan 20	4-5 PM	W
RP3301.603	Ilchester ES	Jan 11	4-5 PM	M

Grades 3-5

RP3301.604	Northfield ES	Jan 19	3:30-4:30 PM	Tu
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Passport to China After School Grades 1-5 / 8 classes, start dates below / \$139

This popular after-school program teaches you Chinese in a fun and efficient immersion environment. Learn the geography, history, culture, and language of China. Classes include conversational language, abacus math skills, and native music and songs! Experiment with crafts such as paper cutting (Jianzhi), paper folding (Origami) and calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs. (No class 1/18, 1/22, 2/4-5, 2/8, 2/15.)

RP3314.601	Clarksville ES	Jan 19	4-5:30 PM	Tu
RP3314.602	Dayton Oaks ES	Jan 21	3:45-5:15 PM	Th
RP3314.603	Fulton ES	Jan 11	4-5:30 PM	M
RP3314.604	Gorman Crossing ES	Jan 15	4-5:30 PM	F
RP3314.605	Pointers Run ES	Jan 19	4-5:30 PM	Tu
RP3314.606	Rockburn ES	Jan 21	3:30-5 PM	Th
RP3314.607	St. John's Lane ES	Jan 20	3:20-4:50 PM	W
RP3314.608	Thunder Hill ES	Jan 20	4-5:30 PM	W
RP3314.609	Veterans ES	Jan 20	4:05-5:35 PM	W
RP3314.610	Waterloo ES	Jan 11	4-5:30 PM	M

Music & Theater Arts

Music

- Detailed info about each class:
www.howardcountymd.gov/music_theaterarts.htm
- Info: Adam Wienckowski, 410-313-4714 or
awienckowski@howardcountymd.gov.

Kidz Sing at Olenka School of Music (OSM)

4-6 yrs / 8 classes, start dates below / \$135 + \$25 materials

Do you sing your favorite tunes around the house? This is the perfect class to learn to sing a variety of traditional and contemporary folk and popular songs with peers. Explore basic music reading skills, train little ears, learn to sing on pitch and develop expressive techniques, and beginning harmony through a variety of songs, games and movement. Family materials include a songbook and CD. Materials fee due to OSM at first class.

(No class 3/27-4/2.)

RP0123.601	OSM—Columbia	Feb 1	4:30-5:15 PM	M
RP0123.651	OSM—Ellicott City	Feb 2	5:30-6:15 PM	Tu

Music Foundations with Keyboards at Olenka School of Music (Parent/Child)

4-10 yrs / 8 classes, start dates below / \$235 + \$42 materials

Begin a strong foundation for future musical learning through this energetic class designed as a rich exploration into the essentials of music theory and practice. Age-appropriate class features Do-Re-Mi singing and ear training exercises that improve neuromuscular feeling for music. Enjoy learning to read and write music, exploring rhythm instruments and keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. You have the opportunity to participate in monthly class performances. Materials include a songbook, CD, workbook, and homework binder. Materials fee due at first class. Parent participation required.

(No class 3/27-4/2.)

Olenka School of Music (OSM)—Columbia

RP0127.601	4-6 yrs	Jan 30	2:30-3:25 PM	Sa
RP0127.602	4-6 yrs	Feb 1	4:30-5:25 PM	M
RP0127.611	6-10 yrs	Jan 30	11:30 AM-12:25 PM	Sa
RP0127.612	6-10 yrs	Feb 1	6:30-7:25 PM	M
RP0127.613	6-10 yrs	Feb 3	6:30-7:25 PM	W

Olenka School of Music (OSM)—Ellicott City

RP0127.651	4-6 yrs	Jan 31	11:30 AM-12:25 PM	Su
RP0127.652	4-6 yrs	Feb 2	6:30-7:25 PM	Tu
RP0127.661	6-10 yrs	Feb 4	4:30-5:25 PM	Th

Guitar Studio

6-10 yrs / 8 classes, start dates below / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and basic chord applications to any song, in any style of music. Family materials include a songbook and CD. Beginner and intermediate guitarists welcome. Materials fee due at first class to Olenka School of Music (OSM). Contact OSM (410-309-0770) to rent a guitar. (No class 3/27-4/2.)

RP0125.601	OSM—Columbia	Feb 2	6:30-7:25 PM	Tu
RP0125.651	OSM—Ellicott City	Feb 4	5:30-6:25 PM	Th

Let There Be Rock! Spring Break Camp

6-18 yrs / 1 wk starting Mar 28 / \$299

Be a rock star for a week! Learn vocals, guitar, bass and keyboards from real rock musicians. Morning clinics in musicianship, equipment knowledge, marketing and promotion are followed by afternoon lessons and rehearsals. Camp culminates with a live performance on Friday for parents/friends. Guitar and bass students should have electric instruments. Keyboards and drums provided. Drummers bring drumsticks and practice pad. Supplies and books provided. Call The Rock Shop for before/after care (410-988-2062) or visit www.therockshopmd.com.

RP1660.701 The Rock Shop—Columbia 9 AM-4 PM M-F

Winter Break Camp – Celebrate World Cultures with Music at Olenka School of Music (OSM)

6-10 yrs / 4 days starting Dec 28 / Prices below

“Travel” to the far corners of the world and explore international cultures through music and play! Enjoy fun-filled days of singing, dancing, basic keyboarding, notation, rhythm elements, instrument exploration, music creativity, composition, art and literature. Performance is on the last day for family/friends. Materials fee due on first day of camp to OSM. Call OSM for care before (7:30-9 AM) and after (4-5:30 PM) class (410-309-0770).

Full day / \$265 + \$25 materials

RP1653.551	OSM—Columbia	9 AM-4 PM	M-Th
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Half day / \$139 + \$25 materials

RP1653.561	OSM—Columbia	9 AM-noon	M-Th
RP1653.562	OSM—Columbia	1-4 PM	M-Th

Spring Break Camp – Celebrate World Cultures with Music at Olenka School of Music (OSM)

6-10 yrs / 1 wk starting Mar 28 / Prices below

“Travel” the far corners of the world and explore international cultures through music and play! This camp guides children through fun-filled days of singing, dancing, basic keyboarding, notation, rhythm elements, instrument exploration, music creativity, composition, art and literature. Performance on last day for family and friends. Materials fee due on first day of camp to OSM. Before/After Care available directly through OSM at 410-309-0770 (7:30-9 AM / 4-5:30 PM, \$60 for one or \$120 for both).

Full day / \$305 + \$25 materials

RP1653.751	OSM—Columbia	9 AM-4 PM	M-F
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Half day / \$175 + \$25 materials

RP1653.761	OSM—Columbia	9 AM-noon	M-F
RP1653.762	OSM—Columbia	1-4 PM	M-F

Rock School –

Drums, Guitar, Keyboards, or Vocals

7-10 yrs / 5 classes starting Feb 5 / \$139

Are you ready to rock? Beginners and up, come learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your own guitar/bass. Drums are available for use during class. Schedule subject to change, visit www.therockshopmd.com.

The Rock Shop—Columbia

RP1037.601	Drums	6:30-7:30 PM	F
RP1037.602	Guitar/Bass	6:30-7:30 PM	F
RP1037.603	Vocals/Keyboards	5:30-6:30 PM	F



Learn to play the piano...with a smile.

Voice Studio at Olenka School of Music (OSM) 7-10 yrs / 8 classes, start dates below / \$165 + \$25 materials

Learn a variety of fun, age-appropriate songs spanning several genres. Focus on learning lyrics, singing as part of an ensemble, and experimenting with performance skill. Singers, practice Do-Re-Mi, vocal exercises and warm-ups, note value, and pitch recognition/ear training to improve singing in tune. Come shine at the end-of-class show. Family materials include a songbook and CD. Materials fee due at first class to OSM. (No class 3/27-4/2.)

RP0126.601	OSM—Columbia	Feb 1	5:30-6:25 PM	M
RP0126.651	OSM—Ellicott City	Feb 2	6:30-7:25 PM	Tu

Intro to Piano

8-11 yrs / 5 classes starting Feb 20 / \$79

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. You should have access to a keyboard to practice on outside of class. (No class 1/30, 2/6, 2/13.)

RP0182.601	River Hill HS	10-11 AM	Sa
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Howard County Theatre Workshop *Page 47*

Theater

- Detailed info about each class:
www.howardcountymd.gov/music_theaterarts.htm
- Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Beginning Acting Class: 101 Dalmatians! by Drama Learning Center

Grades K-2 / 10 classes, start dates below / \$240

Anita and Robert live happily in London with their Dalmatians Pongo and Perdita and their puppies. Everything is quiet until the monstrous Cruella De Vil plots to steal the puppies! Join the dogs of London as they rescue the puppies. Gain singing, dancing and acting skills as you work together towards a final performance for family and friends. Program meets weekly for 6 classes, has two evening rehearsals and two weekend performances. Detailed info: www.howardcountymd.gov/music_theaterarts.htm.

RP1038.601	Drama Learning Ctr	Jan 7	5-7 PM	Th
RP1038.602	Drama Learning Ctr	Jan 15	5-7 PM	F

Musical Theatre: Grade School Musical by Drama Learning Center

Grades K-2 / 11 classes starting Jan 20 / \$195

Learn acting, singing and dancing skills as you work as a theatrical team with your classmates to prepare a final performance! Program meets weekly for 8 classes, has 2 evening dress rehearsals and an evening final performance for family and friends. For Fulton ES Grades 3-5, see *Disney's High School Musical* on page 40.

Detailed info: www.howardcountymd.gov/music_theaterarts.htm.
RP1039.601 Fulton ES 4-6 PM W

School's Out Drama Workshop

by Drama Learning Center

Grades K-5 / Dates below / \$75 1st child, \$25 each additional sibling*

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun and arts & crafts. Call DLC (410-997-9352) for before & after care; or to buy a ticket to the 1 PM matinee of *The Addams Family* presented by TYA Junior Teen Professional Company for \$5 (only available to Section 603 campers).

Detailed info: www.howardcountymd.gov/music_theaterarts.htm.

Drama Learning Ctr / 9 AM-4 PM

RP0105.601	<i>Star Wars Day</i>	Jan 18	M
RP0105.602	<i>Freeze Fest: Anna's Adventures in Arendelle</i>	Feb 5	F
RP0105.603	<i>Creepy, Kooky, Mysterious, & Spooky Day</i>	Feb 8	M
RP0105.604	<i>Freeze Fest: Elsa's Coronation</i>	Feb 15	M
RP0105.605	<i>Charlie Brown, Snoopy & Peanuts Day</i>	Mar 25	F

*Additional sibling discounts apply to phone-in registration only.

NEW! Spring Break Drama Camp: Around the World by Drama Learning Center

Grades K-6 / Dates & prices below

Register for one day or the entire week. Focus on a different topic each day for drama-themed fun and arts & crafts. Performances conclude each day and you have an opportunity to show parents and friends what you learned. Before & after care available: call DLC, 410-997-9352. Detailed info and themes: www.howardcountymd.gov/music_theaterarts.htm.

Drama Learning Ctr

Grades K-2 / 1 day / \$75, 1st child; \$25, each additional sibling *

RP3338.701	Mar 28	9 AM-4 PM	M
RP3338.702	Mar 29	9 AM-4 PM	Tu
RP3338.703	Mar 30	9 AM-4 PM	W
RP3338.704	Mar 31	9 AM-4 PM	Th
RP3338.705	Apr 1	9 AM-4 PM	F

Grades K-2 / 1 wk / \$325, 1st child; \$125, each additional sibling *

RP3338.726	Mar 28	9 AM-4 PM	M-F
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Grades 3-6 / 1 day / \$75, 1st child; \$25, each additional sibling *

RP3338.711	Mar 28	9 AM-4 PM	M
RP3338.712	Mar 29	9 AM-4 PM	Tu
RP3338.713	Mar 30	9 AM-4 PM	W
RP3338.714	Mar 31	9 AM-4 PM	Th
RP3338.715	Apr 1	9 AM-4 PM	F

Grades 3-6 / 1 wk / \$325, 1st child; \$125, each additional sibling *

RP3338.736	Mar 28	9 AM-4 PM	M-F
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*Additional sibling discounts apply to phone-in registration only.





Get excited through our many drama programs!

NEW! Disney's *You're A Good Man Charlie Brown* by Columbia Center for Theatrical Arts 6-11 yrs / 11 classes, start dates below / \$205

Howard County Recreation & Parks has teamed up with Columbia Center for Theatrical Arts to produce Disney's *You're A Good Man Charlie Brown*! Join Charlie Brown, Lucy and Snoopy. This musical puts the adventures of Charlie Brown and friends to music! Join them as they celebrate Valentine's Day, play on a baseball team and catch the bus for the first day of school. Have a blast singing and dancing in this funny and energetic children's theater piece. Perform a full stage production and learn theater curriculum. Immerse yourself in a season of dancing, singing, acting, technical skills and theatrical vocabulary. A performance for friends and family ends the season. Bring a nut-free snack to be eaten while supervised between school dismissal and when class begins.

RP1041.601	Elkridge ES	Feb 23	4-5:15 PM	Tu
RP1041.602	Gorman Crossing ES at Murray Hill MS	Feb 29	4-5:15 PM	M
RP1041.603	Ilchester ES	Feb 22	4-5:15 PM	M
RP1041.604	Northfield ES	Jan 28	3:30-4:45 PM	Th
RP1041.605	Pointers Run ES	Mar 8	4-5:15 PM	Tu
RP1041.606	Waverly ES	Feb 24	3:50-5:05 PM	W

NEW! Disney's *High School Musical* by Drama Learning Center

Grades 1-5 / 14 classes, start dates below / \$215

We're all in this together! Learn acting, singing and dancing skills while rehearsing for the final performance. Program meets weekly for 10 classes, has 3 evening dress rehearsals and an evening final performance for family and friends. For Fulton ES Grades K-2, see Musical Theatre: *Grade School Musical* on page 39.

Detailed info: www.howardcountymd.gov/music_theaterarts.htm.

Grades 1-5

RP1045.601	Clarksville ES	Feb 11	4-6 PM	Th
RP1045.602	St. John's Lane ES	Feb 2	3:20-5:20 PM	Tu
RP1045.603	Triadelphia Ridge ES	Jan 21	3:30-5:30 PM	Th

Grades 3-5

RP1045.604	Fulton ES	Jan 20	4-6 PM	W
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Science & Technology

- Programs listed by youngest age, then alphabetical.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Bricks4Kidz LEGO Winter Break Camp 5-11 yrs / Dates & prices below

School is out for winter break but we're open for play! Topics vary for each date, and include the popular LEGO themes of Mining & Crafting, Teenage Brick Turtles, Clash of Bricks and Super Heroes! Activities take place indoors.

Roger Carter Comm Ctr / 8:30 AM-5 PM / \$299

RP1715.501	Full day	Dec 28-31	M-Th
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Roger Carter Comm Ctr / 8:30 AM-12:30 PM / \$155

RP1715.511	Morning half day	Dec 28-31	M-Th
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Roger Carter Comm Ctr / 1-5 PM / \$155

RP1715.512	Afternoon half day	Dec 28-31	M-Th
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Daily Registration / 8:30 AM-5 PM / 1 day / \$95

RP1715.521	Mining & Crafting	Dec 28	M
RP1715.522	Teen Brick Turtles	Dec 29	Tu
RP1715.523	Clash of Bricks	Dec 30	W
RP1715.524	Super Heroes	Dec 31	Th

Bricks4Kidz LEGO Spring Break Camp 5-11 yrs / Dates & prices below

School is out for spring break so play with LEGO! Topics vary for each day, and include the popular LEGO themes of Mining & Crafting, Brick City Construction, Brick-Minion Mania, Classic Arcade Bricks and Jurassic Bricks, or a full week of Bricks4Girls "Girls only" Camp! Activities take place indoors.

Veterans ES / 8:30 AM-5 PM / \$369

RP1715.701	Multi-theme week	Mar 28-Apr 1	M-F
RP1715.751	Bricks4Girls	Mar 28-Apr 1	M-F

Veterans ES / 8:30 AM-12:30 PM / \$189

RP1715.711	Multi-theme	Mar 28-Apr 1	M-F
RP1715.761	Bricks4Girls	Mar 28-Apr	M-F

Veterans ES / 1-5 PM / \$189

RP1715.712	Multi-theme	Mar 28-Apr 1	M-F
RP1715.771	Bricks4Girls	Mar 28-Apr 1	M-F

Daily Registration / 8:30 AM-5 PM / 1 day / \$95

RP1715.721	Mining & Crafting	Mar 28	M
RP1715.722	Brick City Construction	Mar 29	Tu
RP1715.723	Brick-Minion Mania	Mar 30	W
RP1715.724	Classic Arcade Bricks	Mar 31	Th
RP1715.725	Jurassic Bricks	Apr 1	F
RP1715.781	Bricks4Girls	Choose day	M-F

Bricks4Kidz LEGO School's Out Camps 5-11 yrs / Dates & prices below & next page

School is out and we're open for play! Topics vary each day and include the popular LEGO themes of Ninja Training, Mining & Crafting, Teenage Brick Turtles, Clash of Bricks, Super Heroes, and Pokémon! Activities take place indoors. Combine a half-day Bricks4Kidz camp with the *School's Out Junior Sports Camp* (for 5-7 year olds, page 81) or with *School's Out Sports and Swim Camp* (for 8-13 year olds, page 81). Receive a supervised 30-minute lunch period between camps.

Roger Carter Comm Ctr / 8:30 AM-5 PM / \$95

RP3369.601	Jurassic Bricks	Jan 18	M
RP3369.602	Mining & Crafting	Feb 5	F
RP3369.603	Brick Minion Mania	Feb 8	M
RP3369.604	Ninja Training	Feb 15	M
RP3369.605	Classic Arcade Bricks	Mar 25	F

Roger Carter Comm Ctr / 8:30 AM-12:30 PM / \$49

RP3369.611	Jurassic Bricks	Jan 18	M
RP3369.612	Mining & Crafting	Feb 5	F
RP3369.613	Brick Minion Mania	Feb 8	M
RP3369.604	Ninja Training	Feb 15	M
RP3369.605	Classic Arcade Bricks	Mar 25	F

Roger Carter Comm Ctr / 1-5 PM / \$49

RP3369.601	Jurassic Bricks	Jan 18	M
RP3369.602	Mining & Crafting	Feb 5	F
RP3369.603	Brick Minion Mania	Feb 8	M
RP3369.604	Ninja Training	Feb 15	M
RP3369.605	Classic Arcade Bricks	Mar 25	F

Bricks4Kidz LEGO After-School

Energy is Everywhere

Grades K-5 / 6 classes, start dates below / \$99

Energy is essential to almost everything we do, from the lights in our homes and classrooms to the gasoline that fuels our cars. Enjoy an introduction into the world of energy in all its amazing forms (ex: wind, solar power, biofuel and fossil fuels). Learn terms like "renewable," "greenhouse effect" and "generators." Build moving models of some of the ways we power our world! Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO bricks. Info: www.bricks4kidz.com/maryland-clarksville-fulton-marriottsville/. (No class 1/22, 2/5, 2/8, 2/15.)

RP3379.601	Bollman Bridge ES	Jan 26	3:10-4:10 PM	Tu
RP3379.602	Pointers Run ES	Jan 27	4-5 PM	W
RP3379.603	West Friendship ES	Jan 15	3:50-4:50 PM	F

Bricks4Kidz LEGO After-School

Interesting Inventions

Grades K-5 / 6 classes, start dates below / \$99

Build and learn about the origins of inventions we use every day – like the hand mixer, windshield wipers and conveyor belts. Each model is motorized for maximum movement and fascination! Discuss the difference between an invention and a discovery; learn how inventions solve problems; and find out how inventors get their ideas patented. Come think of what you could invent, improvements you could make, or problems you could solve. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO bricks. (No class 2/4-8, 2/15.)

Info: www.bricks4kidz.com/ellcottcity-md.

RP3329.601	Atholton ES	Jan 15	3:50-4:50 PM	F
RP3329.602	Deep Run ES	Jan 27	4-5 PM	W
RP3329.603	Hollifield Station ES	Jan 25	3:20-4:20 PM	M
RP3329.604	Ilchester ES	Jan 26	4-5 PM	Tu
RP3329.605	Northfield ES	Jan 25	3:30-4:30 PM	M

Bricks4Kidz LEGO After-School

Laws of Motion

Grades K-5 / 6 classes, start dates below & next column / \$99

We doubt you'll "stay at rest" with these challenging projects designed to accelerate the learning with the force of fun! Test some of Newton's Laws Of Motion with models that illustrate the concepts of inertia, force, mass, acceleration and the observation that "every action has an equal and opposite reaction." Launch paper footballs at targets with the catapult model; give your mini-figures a ride on motorized see-saw and swing-o-rama rides; and build a clock model. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 2/4-8, 2/15.) Info: www.bricks4kidz.com/ellcottcity-md.

RP3329.621	Elkridge ES	Jan 25	4-5 PM	M
RP3329.622	Jeffers Hill ES	Jan 27	3:35-4:35 PM	W
RP3329.623	Rockburn ES	Jan 27	3:25-4:25 PM	W
RP3329.624	St. John's Lane ES	Jan 26	3:20-4:20 PM	Tu



Youth (5-10 yrs)

LEGO and friends are a great way to relax while being creative.

RP3329.625	Thunder Hill ES	Jan 15	4-5 PM	F
RP3329.626	Waterloo ES	Jan 15	4-5 PM	F
RP3329.627	Waverly ES	Jan 28	3:50-4:50 PM	Th

Bricks4Kidz LEGO After-School Pirates Quest

Grades K-5 / 6 classes, start dates below / \$99

Have you dreamed of being an astronaut? Traveling to space? Come launch your imagination into outer space and beyond! Enjoy learning about real-life space exploration. Build a new model related to the NASA space program. Models include satellite, lunar module, centrifuge, treadmill and a "space robot." Learn some of the science behind launching things into orbit, hear about the most distant man-made object in the universe, and discuss what it is like to be in space. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 2/4-2/8, 2/15.) Info: www.bricks4kidz.com/ellcottcity-md.

RP3329.661	Centennial Lane ES	Jan 27	3:20-4:20 PM	W
RP3329.662	Clemens Crossing ES	Jan 28	3:50-4:50 PM	Th
RP3329.663	Running Brook ES	Jan 25	4-5 PM	M
RP3329.664	Swansfield ES	Jan 28	3:20-4:20 PM	Th

Bricks4Kidz LEGO After-School

Transportation Timeline

Grades K-5 / 6 classes, start dates below / \$99

If you like planes, trains and automobiles, then this class is for you! Build motorized models of a dragster, a railroad crossing gate, an airplane and more! Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Take your mini-figure for a ride on these vehicles, and customize it to your own specifications! Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO bricks. Info: www.bricks4kidz.com/maryland-clarksville-fulton-marriottsville/. (No class 2/4-8, 2/15.)

RP3379.611	Clarksville ES	Jan 26	4-5 PM	Tu
RP3379.612	Fulton ES	Jan 25	4-5 PM	M
RP3379.613	Gorman Crossing ES	Jan 27	4-5 PM	W
RP3379.614	Lisbon ES	Jan 28	3:15-4:15 PM	Th



Combine LEGOs and computers at LEGO Robotics.

Science Club After School with Club SciKidz Tech Scientific

Grades K-5 / 8 classes, start dates below / \$149

Enjoy two great topics (4 weeks each) that includes a take-home Lab in a Box. (No class 2/4-8, 2/15, 3/28.) Info: www.clubscientific.com.

Grades K-3

Weeks 1-4: Pull Your Weight – Explorations includes studying different types of pulleys, simple and complex machines and Newton's Third Law of Motion. STEM challenge: Design and build a crane to lift a heavy load on a new Mars space colony.

Weeks 5-8: Wearable Circuits – Experiment with electronic devices, circuits and wearable technology. STEM challenge: Design and build an LED book light.

RP3355.601	Dayton Oaks ES	Jan 19	3:35-4:50 PM	Tu
RP3355.602	Elkridge ES	Jan 21	4-5:15 PM	Th
RP3355.603	Fulton ES	Jan 15	4-5:15 PM	F
RP3355.604	Gorman Crossing ES	Jan 15	4-5:15 PM	F
RP3355.605	Hammond ES	Jan 20	3:35-4:50 PM	W
RP3355.606	Manor Woods ES	Jan 25	3:20-4:35 PM	M
RP3355.607	Rockburn ES	Jan 21	3:25-4:40 PM	Th
RP3355.608	St. John's Lane ES	Jan 21	3:20-4:35 PM	Th
RP3355.609	Waterloo ES	Jan 20	4-5:15 PM	W
RP3355.610	West Friendship ES	Jan 19	3:50-5:05 PM	Tu

Grades 3-5

Weeks 1-4: Come Fly with Me! – During this engineering-based design process, explore Bernoulli's Principle. Build various aerospace vehicles and discover Newton's Law of Inertia. STEM challenge: Design and build an airplane that will travel 15 feet.

Weeks 5-8: Cosmic Cookie Dough – Study the Earth's moon, gravity, moon phases, tides and rocketry. STEM challenge: Design and build a telescope.

RP3355.612	St. John's Lane ES	Jan 25	3:20-4:35 PM	M
RP3355.613	Veterans ES	Jan 19	4-5:15 PM	Tu

LEGO WE-DO Robotics After School with Club SciKidz Tech Scientific

Grades 1-3 / 8 classes, start dates below / \$149

Winter 2016 theme: Engineering Design! Enjoy challenging projects. Combine a variety of simple machines to see how to construct complex machines that complete important tasks in our everyday life! Projects include a truck crane, bulldozer, forklift and many other useful tools. For more fun, build a Ferris wheel! Info: <http://clubscientific.com>.

(No class 1/18, 1/22, 2/4-8, 2/15.)

RP3358.601	Clarksville ES	Jan 15	4-5:15 PM	F
RP3358.602	Forest Ridge ES	Jan 20	3:50-5:05 PM	W
RP3358.603	Fulton ES	Jan 21	4-5:15 PM	Th
RP3358.604	Hammond ES	Jan 19	3:35-4:50 PM	Tu
RP3358.605	Lisbon ES	Jan 25	3:15-4:30 PM	M
RP3358.606	Manor Woods ES	Jan 15	3:20-4:35 PM	F
RP3358.607	Veterans ES	Jan 25	4-5:15 PM	M
RP3358.608	West Friendship ES	Jan 20	3:50-5:05 PM	W

NEW! Minecraft Animation After School with C3 Cyber Club

Grades 1-5 / 6 classes, start dates below / \$145

Do you want to become an animator? Using Mine-imator software, enjoy being introduced to basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion in reality and how it influences motion in animation. Create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. (No class 2/4-8, 2/15.)

Grades 1-3

RP3328.601	Atholton ES	Jan 27	3:50-4:50 PM	W
RP3326.602	Dayton Oaks ES	Jan 28	3:35-4:35 PM	Th

Grades 3-5

RP3328.611	Northfield ES	Jan 26	3:30-4:30 PM	Tu
RP3328.612	Rockburn ES	Jan 15	3:25-4:25 PM	F
RP3328.613	Waverly ES	Jan 25	3:50-4:50 PM	M

Minecraft Programming After School with C3 Cyber Club

Grades 1-5 / 6 classes, start dates below / \$145

Looking for a fun way to learn programming? How about using a game you love. Using a custom mod called "ComputerCraft," learn how to program robots called "Turtles" inside the world of Minecraft. Utilize problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Be introduced to programming if-then-else statements, for-while loops, and implement their own functions using LUA, a simple scripting language. (No class 2/4-8, 2/15.)

Grades 1-3

RP3326.601	Lisbon ES	Feb 3	3:15-4:15 PM	W
RP3326.602	Manor Woods ES	Feb 3	3:20-4:20 PM	W
RP3327.603	Rockburn ES	Jan 25	3:25-4:25 PM	M
RP3327.604	Waverly ES	Jan 15	3:50-4:50 PM	F

Grades 3-5

RP3326.611	Atholton ES	Jan 28	3:50-4:50 PM	Th
RP3326.612	Dayton Oaks ES	Jan 15	3:35-4:35 PM	F
RP3327.613	Elkridge ES	Feb 3	4-5 PM	W
RP3327.614	Gorman Crossing ES	Feb 2	4-5 PM	Tu
RP3327.615	Northfield ES	Jan 28	3:30-4:30 PM	Th
RP3327.616	Pointers Run ES	Jan 28	4-5 PM	Th
RP3327.617	Thunder Hill ES	Jan 25	4-5 PM	M



Hovercraft - Design Your Own Vehicle - Egg Drop Car Spring Break Camp by Sciensational Workshops for Kids, Inc.

6-11 yrs / Mar 30-31 / \$175

Build and keep an air-powered hovercraft that defies gravity! Once it's up and moving, control its direction using your creativity. Build and take home your own toy super-car, powered by more than one source of energy! Many materials are provided for you to use your creativity to build a dynamic vehicle. Build an egg drop car, a gravity vehicle that can cushion a raw egg as it is dropped from a high height! This three-in-one workshop teaches the laws of motion, energy, air pressure, friction, lift, speed and acceleration concepts.

RP3305.701 Roger Carter Comm Ctr 9 AM-4 PM W & Th

Roller Coasters and More Amusement Park Rides Winter Break Mini-Camp by Sciensational Workshops for Kids, Inc.

6-11 yrs / Dec 28-29 / \$175

Learn simple engineering ideas, but come here for action and fun! Build a working roller coaster, as part of a group, and watch as our coaster cars go up and down steep inclines and through loops. Our roller coaster is 3 ft. long and 3 ft. high. See if you can change things to make the ride more exciting. Learn the mechanism of a roller coaster. Design and help build other amusement park rides, such as a Ferris wheel, octopus whirl, swing ride and more! Have your own great adventure working, learning, and having fun!

RP3305.501 Roger Carter Comm Ctr 9 AM-4 PM M & Tu

Magnetic Levitation For Future Transportation Winter Break Mini-Camp by Sciensational Workshops for Kids, Inc.

7-12 yrs / Dec 30-31 / \$175

Build your own "futuristic Maglev" car to race and take home. In 1999, a Japanese five-car maglev train set a record of 345 mph. Yours won't go that fast, but have fun building it and learning how it operates. Discover the relationship between magnetism and electricity. Also build a simple maglev track as well as a cool electromagnet. Learn how motors and generators work. Build and take home the world's simplest motor. Make your own compass and take part in many other magnificent magnetic activities! Yes, Sciensational Workshops again starts with the Maglev car (magnetism - electricity - levitation) and goes in all directions to have fun and learn while doing hands-on activities.

RP3304.502 Roger Carter Comm Ctr 9 AM-4 PM W & Th

School's Out - Follow Me Robot flickr by Sciensational Workshops for Kids, Inc.

7-12 yrs / Feb 5 & 8 / \$175 for two days

Want to build a robot that has four built-in microphones to detect a sound, turn and move accordingly? It's your robot to build and take home! Learn about gears and sensors as you build it. Send your robot through an obstacle course or make it go Sumo wrestling! Enjoy building bigger robots working in groups.

RP3305.601 Roger Carter Comm Ctr 9 AM-4 PM F & M

Model Airplanes, Bridge Building & Electronics Spring Break Camp by Sciensational Workshops for Kids, Inc.

7-12 yrs / Mar 28-29 / \$175

Build your own rubber-powered model airplane! Use your model as a learning tool in aerospace education, or just have fun building a sound airplane that actually flies when assembled. Enjoy designing and building



Build your own motorized car.

model bridges using simple engineering concepts, and compete in a contest to see which can hold the most weight. Build 6 electronic projects, including a patrol car siren, burglar alarm or Morse code transmitter, and learn how the different electronic components work!

RP3304.701 Roger Carter Comm Ctr 9 AM-4 PM M & Tu

LEGO NXT MINDSTORMS After School with Club SciKidz

Grades 3-5 / 8 classes, start dates below / \$149

LEGO NXT Mindstorms is for those of you who have little or no LEGO Mindstorms experience, this course was created specifically for you! Come build and program real-life robotic solutions. Explore the world of engineering by building complex robotic systems! Curriculum lessons developed by Carnegie Mellon University's Robotics Academy and provide a series of real-life activities, covering topics within science, technology, engineering and mathematics. Info: <http://clubscientific.com>.

(No class 1/18, 1/22, 2/4-8, 2/15.)

RP3356.601	Clemens Crossing ES	Jan 19	3:50-5:05 PM	Tu
RP3356.602	Gorman Crossing ES	Jan 25	4-5:15 PM	M
RP3356.603	Hammond ES	Jan 15	3:35-4:50 PM	F
RP3356.604	Hollifield Station ES	Jan 20	3:20-4:35 PM	W
RP3356.605	Waterloo ES	Jan 21	4-5:15 PM	Th

LEGO NXT Mindstorms Technology is designed for those with at least a semester of NXT Mindstorm experience under your belt. Young engineers, explore deeper concepts of NXT Mindstorm construction and programming. Projects include a robot arm, color sorter, grand four belt rover, and more!

RP3356.611	Manor Woods ES	Jan 19	3:20-4:35 PM	Tu
RP3356.612	Pointers Run ES	Jan 25	4-5:15 PM	M
RP3356.613	St. John's Lane ES	Jan 15	3:20-4:35 PM	F

Sports Page 68

Therapeutic Recreation Page 25



Fine-tune your drawing skills at a class that keeps you drawing, creating and learning in a supportive environment.

Tweens & Teens (11-18 yrs) Classes & Activities

Adventure & Outdoors Page 15

Nature & Environment Page 17

- Programs listed by category, then alphabetical.
- Youth section has additional activities and classes.

Crafts & Fine Arts

- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

Comics Unleashed

11-17 yrs / 5 classes starting Feb 25 / \$69

Explore comic book design and create a mini comic book from start to finish! Learn basic drawing techniques, character design, page composition, layout, penciling, inking and lettering. Explore a variety of genres of comics including superhero, Manga, Indie and graphic novels. Finished comics are published together in an anthology. Please wear comfortable clothing you don't mind getting dirty.

RP2854.601 N Laurel Comm Ctr 6:30-8 PM Th

Drawing Techniques

11-17 yrs / 5 classes starting Feb 20 / \$69

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending and wet-on-dry. Materials are provided but you are encouraged to bring a sketchbook.

RP2851.601 N Laurel Comm Ctr 10:30 AM-noon Sa

NEW! TeenzArt Workshops

11-17 yrs / Dates below / \$30 + \$15 materials

Enjoy a creative night out with your friends! TeenzArt engages your imagination as we provide guidance and inspiration through fun projects like mixed media, painting or designing your own silk scarf! Materials fee due at beginning of class, payable to KidzArt.

Roger Carter Comm Ctr

RP2850.601	Mixed Media	Feb 6	5:30-7 PM	Sa
RP2850.602	Painting Fun	Mar 5	5:30-7 PM	Sa
RP2850.603	Design Your Own Silk Scarf	Apr 2	5:30-7 PM	Sa

Dance

- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

NEW! Bollywood Dance for Teens

11-18 yrs / 6 classes starting Feb 2 / \$65

Trained in Indian classical dance, instructor Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water.

RP2856.601 Harper's Choice MS 6:30-7:30 PM Tu

Hip Hop Dance with Nysia Carter

11-17 yrs / 8 classes starting Jan 30 / \$89

Focus on choreography, perfect skills and learn hip-hop, popping and breakdancing techniques in this high-energy class. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 2/6.)

RP2857.601 Roger Carter Comm Ctr 5-6 PM Sa



Practice your braids & twists on mannequins before doing your friends' hair!



Enjoy fashion, music and more through the Youth & Teen Fashion Show (page 47).

Enrichment & Personal Development

• Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

Beauty & Hairstyling

Tangles – Braids & Twists

11-17 yrs / Dates below / \$25

If you're busy with school, sports and friends, you probably want easy and quick hairstyles. Knowing how to braid gives you a lot of options when it comes to hairstyling. Learn to create easy braided styles that don't take much time and give lots of versatility. Practice mannequins and styling supplies provided in class.

RP2860.601	Roger Carter Comm Ctr	Feb 11	6:30-8:30 PM	Th
RP2860.602	Thomas Viaduct MS	Mar 15	6:30-8:30 PM	Tu

Job Skills

Babysitting Fundamentals

with Carolyn Fleming

11-14 yrs / 3 classes starting Feb 17 / \$69

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience and other necessary skills (class does not include CPR training). Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion.

RP2862.601	Wilde Lake MS	5:30-7:30 PM	W
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Job Skills Workshop for Teens!

15-18 yrs / Apr 23 / \$35

Are you ready for summer 2016? Now is the time to apply for that great summer job. This one-day workshop builds your confidence and helps you land a job. Topics include resume writing, job search strategies, how to successfully complete an application, dressing for success, interview tips and more!

RP2863.701	Roger Carter Comm Ctr	9 AM-3 PM	Sa
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Job Skills Workshop

My daughter is still talking about how much she appreciated the Job Skills Workshop. She recently interviewed with an event planning company and because of the practice mock interviewing that you did, she got the job!

- Pleased Parent

Leadership

Howard County Teen Clubs

11-17 yrs / Continuous / Free

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. After attending four or more meetings, receive a free center membership.

Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

RP2880.501	Roger Carter Comm Ctr	4-5:30 PM	1 st Friday of the month
RP2880.502	Gary J Arthur Comm Ctr	3:30-5 PM	2 nd Friday of the month
RP2880.503	N Laurel Comm Ctr	5-6:30 PM	3 rd Friday of the month

Personal Development

NEW! Fashion Show: Model Call

8-17 yrs / Jan 30 / Free

Young men and women are invited to participate in an audition to perform in the 4th annual Fashion Show produced by Sean Gibson of Model Citizen Models. Models participate in a fashion runway show promoting local designs and their own unique style. No experience necessary. For audition, wear comfortable clothing and heels or slippery bottom shoes. Practices begin on February 20 and continue on Saturdays until the day of the event (March 19). If selected as a model, there is a \$29 registration fee due at the first practice. Preregistration is encouraged, but not required.

Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

RP2979.601	8-10 yrs	N Laurel Comm Ctr	1-2 PM	Sa
RP2979.602	11-17 yrs	N Laurel Comm Ctr	2-3 PM	Sa



Impress your friends with your new-found guitar skills!

Social Etiquette & Communication Skills Express by The International School of Protocol 12-16 yrs / Feb 22 / \$55

New research supports what we have known for years: good social skills equal success. These same social skills contribute to college and job success and last a lifetime. Designed for the student with a busy schedule, this crash course emphasizes good social and communication skills in all aspects of life. Topics include initial impressions, dress for success, conversation and listening, etiquette in public, phone and email etiquette. Discover what makes a person a standout! This is a great class as an introduction or a refresher. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.
RP2868.601 Thomas Viaduct MS 6-8 PM M

Music & Theater Arts

• Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

Music

Guitar Studio

11-17 yrs / 8 classes, start dates below / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any music style. Materials fee due at first class.

Olenka School of Music—Columbia

RP2870.601 Feb 2 7:30-8:25 PM Tu

Olenka School of Music—Ellicott City

RP2870.602 Feb 4 6:30-7:25 PM Th

Intro to Music Production

11-17 yrs / 5 classes starting Feb 20 / \$79

Learn the basics of music technology and music engineering in this introductory class. Experience audio recording, sound editing and production. Gain access to a state-of-the-art music technology lab within class. Access to Apple/Mac computer outside of class encouraged but not required. Flash drive of your work is provided for you to keep.

RP2873.601 River Hill HS 1-2 PM Sa



Can you walk the runway? Come perfect your stance, poses and more while practicing for our Youth & Teen Fashion Show (page 45 for audition and page 47 for Fashion Show).

Intro to Piano

11-17 yrs / 5 classes starting Feb 20 / \$79

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on an individual keyboard work station in class. Students should have access to a keyboard to practice on outside of class. Fee includes music book.

R2872.601 River Hill HS Noon-1 PM Sa

NEW! Music Foundations with Keyboards

11-14 yrs / 8 classes, start dates below / \$235 + \$42 materials

Begin a strong foundation for all future musical learning through this energetic class designed as a rich exploration into the essentials of music theory and practice. Age-appropriate class features Do-Re-Mi singing and ear training exercises that improve neuromuscular feeling for music. You learn to read and write music and explore rhythm instruments and keyboard geography. Additionally, you have the opportunity to participate in monthly class performances. Student materials include: songbook, CD, workbook, homework binder. Class runs concurrent with adult class. Materials fee due at first class.

Olenka School of Music—Columbia

RP2878.602 Feb 2 7:30-8:25 PM Tu

Olenka School of Music—Ellicott City

RP2878.601 Feb 4 7:30-8:25 PM Th

Rock School – Drums, Guitar, Keyboards, or Vocals

11-17 yrs / 5 classes starting Feb 5 / \$139

Are you ready to rock? Beginners and up learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your own guitar/bass. Drums are available for use during class. Schedule subject to change, please visit www.therockshopmd.com.

The Rock Shop—Columbia

RP2871.601 Drums 6:30-7:30 PM F

RP2871.602 Guitar/Bass 6:30-7:30 PM F

RP2871.603 Vocals/Keyboards 5:30-6:30 PM F

Teen Voice Studio

11-14 yrs / 8 classes, start dates below / \$165 + \$25 materials

Find your vocal potential in this upbeat class that teaches you how to properly warm-up vocal muscles, strengthen your voice and increase your range. Sing popular, age-appropriate songs to karaoke tracks or live piano back-up. Perform solo and in a group at the end of the session. Materials fee due at first class.

Olenka School of Music—Ellicott City

RP2874.601 Feb 2 7:30-8:25 PM Tu

Olenka School of Music—Columbia

RP2874.602 Feb 1 6:30-7:25 PM M

Theater

Actors Studio

11-17 yrs / 5 classes starting Feb 21 / \$59

Enjoy an introduction to the concepts crucial to the art of acting: self-awareness, observation, creative imagination, improvisational skills and the use of the body and voice. Move towards building and heightening responsiveness to action and the development of an actor's skills. Last class features a short performance highlighting each actor.

RP2875.601 Roger Carter Comm Ctr 2-4 PM Su

Howard County Theatre Workshop

9-14 yrs / Jan 23 / \$29

Love theater or want to learn more? Explore all aspects of theater and performance. See theatre in action with performances from local high school groups. Experienced performers lead you through a day of hands-on instruction. You are placed in small groups to rotate through activity sessions. Workshop sessions include: On Stage: learn audition techniques, theatre terms, vocal projection & more; Musical Theatre Dance: learn a fun dance combination; Drama Games & Improv: try something new in this hilarious and high-energy session; and Acting Techniques: learn different ways to approach a role and develop character. Parents and friends are welcome to see a short performance and Q&A session at 4 PM. Workshop offered in partnership with the HCPSS Fine Arts Advisory Council. Registration includes t-shirt. Register by January 15. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

RP2977.601 Long Reach HS Noon-4 PM Sa

Middle School/High School

Musical Theatre: *Addams Family*

Grades 6-12 / 9 classes starting Jan 9 / \$345

Sing, dance and act while working together as a theatrical team to perform *Addams Family*. Rehearse for the performance and gain knowledge of drama skills, including stage directions, pantomime, improvisation, character development and more! View class online (dramalearningcenter.com) for full show and performance details.

RP4756.601 Drama Learning Ctr 10:30 AM-1 PM Sa

Howard County Theatre Workshop

This is an awesome opportunity for all elementary through high school students who have an interest in drama, acting, music, dancing and tech. My daughter had a blast and wants more. - Pleased Parent

School's Out Programs

• Info: Jennene Blakely, 410-313-1693 or jblakely@howardcountymd.gov.

Teens Day Out

Grades 6-8 / Dates & prices below

School is closed! Have fun and make new friends in this program created just for middle school students. Our engaged and energetic staff creates an environment where everyone is welcome. The morning includes one of several activities to appeal to all teens such as cooking, science projects, team sports, recess games and more! After lunch, travel off site for a field trip. Trips to Roger Carter Community Center include swimming, gym time, Xbox challenge tournaments and more! You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink. Specific information about daily activities are sent one week in advanced. Registration closes a week before the program starts.

Winter Break / Ellicott Mills MS / 8 AM-6 PM

RP2882.501	Dec 28-30	M-W	\$139	
RP2882.502	Dec 28	M	\$49	Roger Carter Comm Ctr
RP2882.503	Dec 29	Tu	\$49	Arundel Mills Movie
RP2882.504	Dec 30	W	\$49	Roger Carter Comm Ctr

School's Out / Ellicott Mills MS / 8 AM-6 PM

RP2882.601	Feb 5	F	\$49	Roger Carter Comm Ctr
RP2882.611	Feb 8	F	\$49	Roger Carter Comm Ctr

School's Out / Folly Quarter MS / 8 AM-6 PM

*RP2882.602	Feb 5	F	\$49	
*RP2882.612	Feb 8	F	\$49	

Spring Break / Ellicott Mills MS / 8 AM-6 PM

RP2882.701	Mar 28-31	M-Th	\$200	
RP2882.702	Mar 28	M	\$49	Roger Carter Comm Ctr
RP2882.703	Mar 29	Tu	\$59	Bowling & Pizza
RP2882.704	Mar 30	W	\$49	Roger Carter Comm Ctr
RP2882.704	Mar 31	Th	\$59	Shadowland

* Folly Quarter Middle is pickup/drop off location only. Transportation is provided so your teen can make new friends and meet new people.

Special Events

Teen Lock-in!

11-15 yrs / Feb 27 / \$40

If you would like to enjoy a night full of music, games, rock-climbing, swimming, food and more, then this after-hours party is just for you! Bring your sleeping bag and pillow for a night at the Roger Carter Community Center. All participants must be checked in by 10 PM. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

RP2985.601 Roger Carter Comm Ctr 7 PM-9 AM F-Sa

Youth & Teen Fashion Show

All ages / Mar 19 / \$15, advanced purchase; \$19, at door

Howard County youth and teens are taking over the catwalk for the 2015 Fashion Show! Join us for fashion, music and more! Telephone ticket purchase: 410-313-7275. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

RP2980.601	N Laurel Comm Ctr	Youth Show	3:30 PM	Sa
RP2980.602	N Laurel Comm Ctr	Teen Show	5:30 PM	Sa

Fitness Page 60

Sports Page 68

Therapeutic Recreation Page 25



Looking for some new tricks in the kitchen? Join a cooking class!

Adults (18 yrs +) Classes & Activities

Adventure & Outdoors Page 15

Nature & Environment Page 17

Cooking

- Below is in order by date.
- Materials fee due at the beginning of class.
- Info: Danielle Bassett, 410-313-4634
or dbassett@howardcountymd.gov.

American Regional

New Orleans Specialties with Richard Douville

18 yrs + / Jan 25 / \$24 + \$20 materials

Yes, Mardi Gras may be February 6, but these New Orleans dishes can be made at any time because they're classics! In this hands-on class, learn how to make a Roux 'cause we're using it for Shrimp Creole, Jambalaya and Chicken Étouffée. We're also making Spinach Madeline and, time permitting, Beignets!

RP0516.601 Glenelg HS 6:30-9 PM M



Comforting Casseroles with Richard Douville **18 yrs + / Feb 1 / \$24 + \$20 materials**

Everyone can use a bit of warming comfort, so come enjoy a selection of filling casseroles that has everyone looking for seconds. Roll up your sleeves, we're making: All-American Hot Dish; Chicken and Noodles with Artichokes; Eggplant-Tomato Casserole (Vegetarian); Twisted Hawaiian Mac-N-Cheese.

RP0517.601 Glenelg HS 6:30-9 PM M

Super Bowl Favorites—Championship Chili with Chef Mark Waitsman

18 yrs + / Feb 3 / \$24 + \$20 materials

This is a real winner (really, it won first place in a cook-off)! In this demo-style class, learn to make Chef Mark's Championship Chili, his best Corn Bread, Jalapeno Poppers and Chef Mark's Salsa Fresca. There are sure to score a touchdown with your family and friends!

RP0501.601 Howard HS 6:30-9 PM W

Restaurant Quality Shrimp with Chef Mark Waitsman

18 yrs + / Feb 17 / \$24 + \$20 materials

Learn to peel, devein and butterfly shrimp. Figure out how to keep shrimp firm and snappy. Hear how to correctly steam and butterfly fried shrimp. And in the demo-style class, nothing is left out – so enjoy some great cocktail sauce with the shrimp.

RP0504.601 Howard HS 6:30-9 PM W

Winter Soups with Richard Douville

18 yrs + / Feb 22 / \$24 + \$20 materials

These substantial soups are tasty and filling! Make a big pot (these are even better the next day)! In this hands-on class, learn to make Rustic Potato-Leek Soup, New England Clam Chowder, Eight-Can Minestrone, Mixed Bean Senate-Style Soup, and Italian Wedding Soup.

RP0518.601 Glenelg HS 6:30-9 PM M

Comforting Cold Weather Seafood with Richard Douville

18 yrs + / Feb 29 / \$24 + \$20 materials

One of the great characteristics of seafood is that it cooks quickly without a lot of hassle. Just use the best ingredients you can find. In this hands-on class, make Glazed Salmon, Shrimp in Herbed Butter, Pasta with Clam Sauce, Baltimore Coddies, and Chef Richard's Green Bean Salad (a perfect complement to our dishes).

RP0519.601 Glenelg HS 6:30-9 PM M

NEW! Chili Time with Richard Douville

18 yrs + / Mar 7 / \$24 + \$20 materials

Come take a culinary trip and make some different and very tasty dishes: Turkey and White Bean Chili, Chef's Quick Chili, Spicy Pork and Green Chili Verde, and Black Bean and Pumpkin Chilies. Sorry, we're not making authentic Texas Chili in this hands-on class – it takes too long.

RP0520.601 Glenelg HS 6:30-9 PM M

NEW! Easy Skillet and One-Pots with Richard Douville

18 yrs + / Mar 14 / \$24 + \$20 materials

It's cold and wet out outside and you want some easy-to-make meals? These dishes require a short amount of time, fuss and cleanup. In this hands-on class, make: Mahi Mahi and Vegetable Skillet, Italian Chicken Zucchini, Beefy Tortellini Skillet, and Flexible Oriental Hot Pot.

RP0521.601 Glenelg HS 6:30-9 PM M

NEW! Easy Stew-Time with Richard Douville

18 yrs + / Mar 21 / \$24 + \$20 materials

Oh, no! Stews take too long! Although stews generally require a couple of hours of braising, they are better the next day. So make large quantities on the weekend for later reheating. But tonight, in this hands-on class, make some thick dishes that require a bit less time, different ingredients and techniques, and can be done during our time together. We're making: Beef Paprikash with Fire-Roasted Tomatoes, Irish Lamb Stew, Chicken and Dumplings, and Southwestern Posole.

RP0522.601 Glenelg HS 6:30-9 PM M

International

NEW! Absolutely Fabulous Greek Classics with Chef Mark Waitsman

18 yrs + / Jan 13 / \$24 + \$20 materials

This demo-style class starts with a Greek Salad dressed in a flavorful Taverna Vinaigrette. Next, learn to make Shrimp with Tomatoes and Feta and delicious Hellenic Egg Noodles in Dill-Butter Sauce with restaurant-quality Steamed Broccoli (not that mushy stuff). Then for dessert, enjoy some Greek Baklava (not made in class, recipe is provided).

RP0502.601 Howard HS 6:30-9 PM W

NEW! Island Breezes – Caribbean Flavors with Chef Mark Waitsman

18 yrs + / Jan 27 / \$24 + \$20 materials

Come warm-up by imagining warm, tropical winds and heartwarming dishes. Enjoy in this demo-style class grilled Jerk Pork Tenderloin, Breezy Mango Chutney, Carnival Rice and Quick & Tasty Caribbean Black Beans. This menu is sure to raise your spirits on this chilly night.

RP0503.601 Howard HS 6:30-9 PM W

Taste of India I

18 yrs + / Feb 4 / \$24 + \$15 materials

Enjoy some finger foods in this demo-style class! Let's fry, chop, cook, and flip our way through an evening of appetizers. Let's roll the bread, fold the dough, marinate, and fry, to make Paneer Rolls, Samosas, Amritsari Fried Fish, Malai Chicken, and a delicious Tomato Chutney.

RP0524.601 River Hill HS 7-9 PM Th

Taste of India II

18 yrs + / Feb 18 / \$24 + \$15 materials

Invite some friends for an inspired meal that starts with Quinoa Poha. This is then followed by Garlic Chicken accompanied with Paneer Koftas and Masala Roti. It is served with a delicious glass of Mango Lassi. This is a hands-on class, please come prepared to sauté and roll.

RP0525.601 Hammond HS 7-9 PM Th

Cajun Classics with Chef Mark Waitsman

18 yrs + / Mar 9 / \$24 + \$20 materials

In this demo-style class, begin by learning how to make Homemade Cajun Spice Mix to then be used in our Creamy Cajun Crab Soup and Spicy Shrimp and Cheezy Grits. Add Uncle Skitter's Swamp Rolls and you have a terrific meal!

RP0505.601 Howard HS 6:30-9 PM W

Taste of India III

18 yrs + / Mar 10 / \$24 + \$15 materials

Let's get back to basics. No Indian meal is complete without the traditional breads. In this demo-style class, learn to roll the Rotis, the Paranthas, stuff them with Daikon, or just plain onions, fry the pooris, the Bhataras, and serve it all with Ajwain Aloo.

RP0526.601 Hammond HS 7-9 PM Th



Warm up with Richard Douville while making winter soups or seafood.

Gyro Scope: Real Greek Homemade with Chef Mark Waitsman

18 yrs + / Mar 23 / \$24 + \$20 materials

Come learn how to make homemade Gyro Meat, Pita Bread and Tzatziki in this demo-style class. For dessert, make an authentic Greek Baklava to finish off our meal. Yes, you can make all of this at home... let Chef Mark show you how!

RP0506.601 Howard HS 6:30-9 PM W

Taste of India IV

18 yrs + / Mar 24 / \$24 + \$15 materials

This menu reflects our cosmopolitan world. Enjoy the unique flavor of Smokey Shrimp, Spicy Corn, Stuffed Gol Gappa, Baked Cauliflower, and Savory Stuffed Pancakes! It's a hands-on class, please come prepared to participate!

RP0527.601 River Hill HS 7-9 PM Th

Specialty

REAL Food Probiotics & Ferments 101

18 yrs + / Dates below / \$18 + \$15 materials

Learn why everyone is talking about probiotics and fermented foods! Discover the importance of fermented foods and fermented beverages for you and your family's optimal gut health and total health! Explore the different types that are available. Learn how to incorporate them into your food and lifestyle. Learn how to find good commercial varieties. Take home information packets and enjoy delicious samples!

RP0523.601	Roger Carter Comm Ctr	Jan 26	7-8:30 PM	Tu
RP0523.602	Gary J Arthur Comm Ctr	Mar 22	7-8:30 PM	Tu



Enjoy crafts & fine arts classes that welcome all skill levels.

Crafts & Fine Arts

- Below is in order by date.
- Materials fee due at the beginning of class.
- Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

Drawing & Painting

Watercolor with Pen & Ink with Brenda Kidera

18 yrs + / 3 classes starting Jan 5 / \$79 + \$5 materials

Back by popular demand! With step-by-step instruction, learn how to work with pen and ink with watercolor washes. Great for travel journaling! All new reference materials are provided; you're also free to bring your own. Bring your own supplies.

Supply list: www.howardcountymd.gov/crafts_finearts.htm.

RP0201.601 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

Landscape in Oil and Acrylic with Brenda Kidera

18 yrs + / 8 classes starting Jan 8 / \$189 + \$8 materials

This class breaks down the landscape into manageable pieces, discusses how to layer your way through the composition, and introduces a wide variety of techniques to paint the landscape effectively. Some basic knowledge of painting is helpful. Enjoy step-by-step instruction and demonstrations. Bring your own supplies. Supply list: www.howardcountymd.gov/crafts_finearts.htm.

RP0202.601 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM F

Oil Painting with Ann Wiker

18 yrs + / 5 classes starting Jan 25 / \$115

All levels welcome! Beginners, learn the basics of oil painting: prepping the canvas, mixing colors, brush techniques, composition and light and shadow. Intermediate painters, review color mixing and composition and choosing subject matter. Advanced painters, receive individualized instruction. Don't be intimidated – this is fun! Materials list: www.howardcountymd.gov/crafts_finearts.htm. (No class 2/15.)

RP0207.601 N Laurel Comm Ctr 9:30 AM-noon M



Enjoy painting and wine at Wine & Canvas Baltimore on page 51.

NEW! Painting Sunlit Shells and Lace in Watercolor with Brenda Kidera

18 yrs + / 6 classes starting Jan 26 / \$144 + \$20 materials

With step-by-step instruction, learn new techniques for painting realistic sunlit shells and lace. You are provided with 15" x 22" Arches 300# Cold Press watercolor paper and reference materials; bring your own supplies. Enjoy step-by-step instruction and demonstrations. Some basic knowledge of watercolor required.

Supply list: www.howardcountymd.gov/crafts_finearts.htm.

RP0203.601 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

NEW! The Zentangle Method-Basic and Intermediate with Mary-Anne Mulcahy, CZT

18 yrs + / 6 classes starting Jan 26 / \$89 + \$15 materials

The Zentangle Method is a trending, easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured, repetitive patterns. Focus is on the process, not the outcome. The practice of Zentangle is an art form, a life skill and an approach to mindfulness and relaxed meditation. Optional materials list provided at first class.

RP0221.601 Roger Carter Comm Ctr 6-9 PM Tu

Painting in Oil or Acrylics with Nancy Lee Davis

18 yrs + / 6 classes starting Feb 3 / \$95 + \$5 materials

Work in acrylics or oils to learn to create a successful painting through drawing, design, value, color and brush work. The instructor works with the group as a whole and with each individual. Instructional materials provided. You may choose to work from still life materials provided or your own photographs. Enjoy learning how to edit photographs to achieve a better painting. Supply list: www.howardcountymd.gov/crafts_finearts.htm.

RP0206.601 River Hill HS 7-9 PM W

NEW! Zentangle Art Workshop with Mary-Anne Mulcahy, CZT

18 yrs + / Mar 11 / \$35 + \$10 materials

The Zentangle method is an art form, a life skill, and an approach to mindfulness and relaxed meditation. This is the perfect way to be introduced to the practice of Zentangle. Learn an assortment of tangle styles and create two Zentangle tiles of your own.

RP0222.601 Gary J Arthur Comm Ctr 9:30 AM-noon F

NEW! Light Effects in Watercolor with Brenda Kidera

18 yrs + / 5 classes starting Mar 22 / \$119 + \$20 materials

This class is the first in a series that explores painting light effects in watercolor, including fog and mist, backlighting, moonlight, and more. Class focuses on one landscape effect. Step-by-step instruction and demonstrations teach you how to layer your way through the composition and introduces a wide variety of techniques to paint the light and landscape effectively. Some basic knowledge of watercolor painting is required.

Materials fee covers 15" x 22" Arches 300# Cold Press watercolor paper and reference materials; bring your own supplies. Supply list:

www.howardcountymd.gov/crafts_finearts.htm. (No class 4/5.)

RP0204.601 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

Wine & Canvas Baltimore flickr

21 yrs + / Mar 24 / \$40

Unleash your inner Picasso. This is a 3-hour class with step-by-step instructions on how to paint. No experience needed. Class includes all the painting supplies, canvas, brushes, paint, aprons, and easels. Beverage and food available for purchase.

RP0220.602 Timbers at Troy 6-9 PM Th

Digital Arts

NEW! iPad Masterpieces with Ann Wiker

18 yrs + / Feb 17 / \$24

Have you ever thought of your iPad as an artist's tool? In this class, explore free apps that can be used to create artwork and view the work of famous artists so we can duplicate their styles in digital art. Come "update" Pop Art (Andy Warhol and Roy Lichtenstein), Impressionism (Claude Monet and Vincent van Gogh), Surrealism (Salvador Dali), Anamorphic Art (Hans Holbein) and Abstraction (Wassily Kandinsky). Come to class with a fully charged iPad that has the following apps downloaded on it: Photo Booth, Abstract You, Doodle Buddy, Brushes, You Doodle, Adobe Draw, Adobe Shape, and Draw.

RP0208.601 Roger Carter Comm Ctr 9:30 AM-noon W

Polymer Clay

Polymer Clay Workshop: Faux Gemstones - Imitation Jade and Agate

16 yrs + / Feb 10 / \$20

Learn two of the wonderful possibilities of imitating gemstones using polymer clay. Enjoy a brief intro to safety aspects of working with polymer clay and how to condition and bake polymer clay. Demonstrations are given for both faux jade and faux agate. Due to the time, you will probably complete one of the two during class and you may opt to bring supplies for one gemstone only and take notes on the other technique. Class demonstration project is a bangle bracelet. It is highly recommended that your clay be conditioned prior to class. The materials list is itemized per gemstone. Materials list: www.howardcountymd.gov/crafts_finearts.htm.

RP0218.601 Ellicott Mills MS 6-9 PM W

Polymer Clay Workshop: Mokume Gane

16 yrs + / Mar 9 / \$20

Mokume Gane is a Japanese metal-working technique that works beautifully with polymer clay to produce fluid patterns of colors. Please bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. A brief intro reviews safety aspects of working with polymer clay and how to condition and bake polymer clay. Class demonstration project is covering a small metal tin.

Materials list: www.howardcountymd.gov/crafts_finearts.htm.

RP0217.601 Ellicott Mills MS 6-9 PM W

Crochet & Knitting

• Materials list: www.howardcountymd.gov/crafts_finearts.htm

Knit I with Anna Tai

18 yrs + / 3 classes starting Mar 8 / \$47

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension and correct mistakes. Combine garter and stockinet stitch patterns and make your first scarf.

RP0801.601 Oakland Mills HS 7-9 PM Tu

Crochet I with Anna Tai

18 yrs + / 3 classes starting Mar 9 / \$47

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet – drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top.

RP0802.601 Oakland Mills HS 7-9 PM W

Jewelry Making

Earrings Galore with Sheila Henriquez

18 yrs + / Jan 23 / \$30 + \$10 materials

Tired of never having just the right earrings to go with your favorite clothes? Learn the basics of earring construction from choosing materials to making wrapped loops. You have time to make two or three pairs of earrings in class. All tools are supplied by the instructor.

RP0806.601 Gary J Arthur Comm Ctr 11 AM-2 PM Sa

Jewelry Making for Beginners

with Sheila Henriquez

18 yrs + / Dates below / \$30 + \$10 materials

Learn how to make wire earrings and stringed necklaces and how to identify equipment, materials and beads. Acquire basis skills in stringing and crimping. Enjoy creating jewelry connectors and wire loops.

RP0807.601 Roger Carter Comm Ctr Feb 20 11:30 AM-2:30 PM Sa

RP0807.602 N Laurel Comm Ctr Mar 11 5-8 PM F

Wire Work for Beginners

with Sheila Henriquez

18 yrs + / Dates below / \$30 + \$10 materials

Learn how to work with wire to make loops, spirals, coils and more for your jewelry projects. Discover what tools are required, how to select wire, and where to purchase your materials. After practicing the techniques, you have time to make a wire bracelet using beads.

RP0808.601 Gary J Arthur Comm Ctr Feb 12 5-8 PM F

RP0808.602 N Laurel Comm Ctr Feb 27 11 AM-2 PM Sa

Photography

Beginners Digital Photography:

The Basics for New Users with John Guion

21 yrs + / 6 classes starting Jan 14 / \$100

Course is designed for someone who is just getting started with their digital camera and covers the basics. Bring your compact digital camera, interchangeable lens compact camera, or single lens reflex camera. Learn the basic features of the camera (e.g., resolution and how to change it, when such a change is appropriate), scene modes (e.g., portrait, landscape), settings such as ISO, etc. You must bring your camera manual. Remember to bring your camera with the battery charged. Course also touches on downloading photos to a computer and accessories you may want to consider such as protective filters for your lens.

RP0209.601 Roger Carter Comm Ctr 7-9 PM Th



Learn to take the camera off "automatic" and make your pictures pop!

NEW! The Power of Saving and Sharing Our Photos

18 yrs + / 3 classes starting Feb 9 / \$54

Where, oh, where have our photos gone? Instead of losing them to confusion or computer crashes, we protect our visions by going beyond backups. Come use free software to get our photos off of our cameras and into albums that let us explore our ideas. Find, display and share photos as galleries or slideshows. We use our photos to inspire us to see and shoot more. Bring your laptop or use one of the instructor's for a \$10 lab fee.

RP0212.601 Ellicott Mills MS 6:45-8:45 PM Tu

NEW! Hands-On Photography: Macros Outdoors and Inside

18 yrs + / 3 classes starting Feb 24 / \$54

Get close to nature as we shoot macro photos outside and on our table tops. Learn how to set up your camera and scene to see and magnify the panoramas and designs that fill your yard, home and neighborhood. Learn how to manipulate f-stops to focus on interesting shapes and relationships. Discover the opportunities that lighting and texture provide. Review shots to discover the angles that reveal the beauty of tiny and close. Bring your digital camera and a tripod.

RP0213.601 Gary J Arthur Comm Ctr 6:45-8:45 PM W

Hands-On Photography: Shoot Winter in Our Photo Walk

18 yrs + / 2 classes, start dates below / \$34

Explore the power of shapes, black and white, and color balance in our landscapes as we walk and shoot through our winter choice of parks or neighborhoods. Learn about depth of field and the power of shapes, black and white, and color balance in landscapes. Apply exposure compensation to adjust for backlighting and take advantage of silhouettes. Explore close-ups and panoramas. Then review your shots to discover more opportunities. Bring your digital camera and enthusiasm.

RP0214.601 N Laurel Comm Ctr Mar 5 10:30 AM-12:30 PM Sa

RP0214.602 Gary J Arthur Comm Ctr Mar 19 10:30 AM-12:30 PM Sa

Dance

- Below is in order by date.
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Ballroom Dance

Intro to Social Ballroom Dance with Jim and Lucy

18 yrs + / 8 classes starting Jan 13 / \$75 per person

This "dance survival" class equips you with simple dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles and couples welcome; do not wear sneakers.

RP1106.601 Roger Carter Comm Ctr 7:05-8:05 PM W

Intro to Social/Ballroom Dance II with Jim and Lucy

18 yrs + / 8 classes starting Jan 13 / \$75 per person

Build on what you've learned in previous "Dance Survival" classes. Focus first on popular Single and Triple-Step Swing styles, and finish with a two-week sampling of Foxtrot's 6-count (Slow, Slow, Quick, Quick) steps. During the first two weeks, review and expand Single-Step routines. In weeks three through six, learn to move in sync with Triple-Step Swing songs, including Oldies, Motown and Rock-n-Roll sounds. While you learn steps, strengthen "leading and following" techniques necessary for the all-important "Swing dance partner connection." After completing the class, we hope you feel confident saying "yes" to invitations to dance. Singles and couples welcome; do not wear sneakers.

RP1107.601 Roger Carter Comm Ctr 8:20-9:20 PM W

Ballroom Sampler: West Coast Swing and Salsa with Jim and Lucy

18 yrs + / 8 classes starting Jan 15 / \$149 per couple

This beginner class introduces a sampling of the unique character and joys of smooth bluesy West Coast Swing and lively Salsa. The first four weeks focus on West Coast Swing (a slower style of Swing dance) and the last four weeks on Salsa, a popular club dance. Master the foundational steps of each of these dances, understand lead and follow, and become ready to take your dancing onto the dance floor. Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; do not wear sneakers.

RP1104.601 Atholton ES 8:30-9:30 PM F

Next Step with Jim and Lucy: Tango and Rumba

18 yrs + / 8 classes starting Jan 15 / \$149 per couple

This "Next Step" class is designed for those who have taken classes in the last five years in both American Tango and romantic Rumba, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review foundational steps in Tango, then build your repertoire of Tango mini-routines in weeks two to four. On the fifth night, review basic Rumba steps. Then learn new Rumba routines, including turn variations, during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers.

RP1105.601 Atholton ES 7:15-8:15 PM F

Hand Dancing and Bop with Shirley Duncan

18 yrs + / 8 classes, start dates below / \$75

Experience the traditional and exciting hand dance and Bop that make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count/weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required.

(No class 2/8, 2/15.)

RP1125.601	Long Reach HS	Jan 25	6-7 PM	M
RP1125.602	Ellicott Mills MS	Jan 28	6-7 PM	Th

Dance Movement

Hip Hop with CJ Cunningham

18 yrs + / 10 classes starting Jan 5 / \$180

Get ready to work your body in ways you never imagined! Exciting hip hop routines keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you are a beginner or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle.

RP1112.601	Kinetics Dance Theatre	8:30-9:30 PM	Tu
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Contemporary Modern Dance for Beginners with Cecilia Ituarte

18 yrs + / 8 classes starting Jan 11 / \$78

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps and learn different choreography each week. Class combines modern, ballet and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. Please wear comfortable clothes that allow you to move and stretch in, (ex: leggings, sweat pants, exercise top or cotton t-shirt). May wear ballet or jazz shoes, but not required.

RP1128.601	Misako Ballet Studio	7:15-8:15 PM	M
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Adult Beginner Ballet with Cecilia Ituarte

18 yrs + / 8 classes starting Jan 14 / \$78

Adults with little or no previous ballet training, come learn the basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core.

RP1129.601	Misako Ballet Studio	7:30-8:30 PM	Th
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Hip Hop Dance with Nysia Carter

18 yrs + / 6 classes starting Jan 25 / \$65

Enjoy a fusion of styles including hip hop, funk, street and high-energy jazz. Warm up with the latest hip-hop rhythms that transition into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobics and calorie-burning effects as you dance to the popular hits of today and yesterday. Beginners are encouraged to sign up. Wear jazz or gym shoes, no street shoes allowed.

RP1123.601	N Laurel Comm Ctr	6-7 PM	M
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International

Bollywood Dance with Jaya Mathur

18 yrs + / 6 classes starting Feb 2 / \$65

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form!

RP1108.601	Harper's Choice MS	7:30-8:30 PM	Tu
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Get up, get out and get active through a fun interactive dance class.

Line Dance

Line Dance with Mo and Barb Dutterer

18 yrs + / 8 classes starting Jan 11 / \$75

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class for all levels. New dances are taught each week and we review weekly every dance taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this eight-week session, you have many fabulous, fun dances in your dance bag!

RP1118.601	Roger Carter Comm Ctr	7:15-8:15 PM	M
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Party Line Dance with Nysia Carter

18 yrs + / 6 classes starting Jan 25 / \$65

Learn old and new party steps in an energetic setting. After this class, be the life of the party at the next family gathering. Class is great for beginners and seasoned dancers.

RP1124.601	N Laurel Comm Ctr	7:30-8:30 PM	M
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Urban Line Dancing with Shirley Duncan

18 yrs + / 8 classes, start dates below / \$75

Learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dances are done to the hottest R&B and oldies music around. Experience a fun-filled workout with high- and low-energy steps. (No class 2/8, 2/15.)

RP1126.601	Long Reach HS	Jan 25	7-8 PM	M
RP1126.602	Ellicott Mills MS	Jan 28	7-8 PM	Th

Swing

Couples Dancing: East Coast Swing with Mo and Barb Dutterer

18 yrs + / 8 classes starting Jan 11 / \$125 per couple

Of the many classes we have taught for more than 20 years, this Swing class is our most popular. Learn the basics of Swing, and put together a routine you are proud to dance at all of your upcoming social events. This is a truly fun class that has you dancing in one week, and adding to your swing moves each week of the class. Have fun, learn how to dance, and expand your dance knowledge. Couples only, no singles.

RP1119.601	Roger Carter Comm Ctr	8:30-9:30 PM	M
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Build confidence as you learn vocabulary on familiar topics during Everyday Spanish 1 (page 55).

Lifelong Learning

- Below is in order by date.
- Materials fee due at the beginning of class.
- Info: Karen Bradley Ehler, 410-313-4635 or keehler@howardcountymd.gov.

Continuing Education

Financial Fitness for Women with Fran Makino

18 yrs + / 3 classes starting Jan 20 / \$45

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed.

RP3410.601 River Hill HS 7-9 PM W

Legal and Financial Life Transitions with Fran Makino and Cynthia Lifson

18 yrs + / 2 classes starting Feb 2 / \$45

Gain insight on what legal and financial considerations (and documents) are necessary when preparing for a child, marriage, divorce or a death. Gain up-to-date information from both an attorney and financial advisor. (Yes, you may ask them specific questions.)

RP3411.601 River Hill HS 7-9 PM Tu

NEW! Wellness for Women:

Winter Series with Amy Brooks

18 yrs + / 4 classes, start dates below / \$64 + \$10 materials

Find peace and balance through this four-part wellness series that examines your current routines and habits before introducing easy strategies that empower you. Learn how to manage stress; and receive related materials (healthy food and drink samples, a reflection journal, and various self-care supplies). Materials fee due at first class.

RP3421.601 Lake Elkhorn MS Feb 2 7-8 PM Tu

RP3421.602 N Laurel Comm Ctr Feb 4 7-8 PM Th

Introduction to Ayurveda (the Medical System of Yoga) with Lenny Bernstein

18 yrs + / 5 classes starting Feb 3 / \$40

This is not a physical yoga class, rather it is more of an academic class. Ayurveda is the Sanskrit word that means the Science of Life. It is the medical system of Yoga, taught by a certified Ayurvedic Lifestyle Consultant. Ayurveda shares the common goals of all yoga, to unite the body, mind and spirit in order that the individual may more fully know their true nature. Ayurveda aims to keep the body in a state of maximum health by discovering its unique state of balance and providing the tools to maintain that balance. During this five week course you are introduced to the basic principles of Ayurveda.

RP3402.601 Roger Carter Comm Ctr 7-8 PM W

Communication

The below two classes have been featured in The Washington Post, Martha Stewart Living, Baltimore Sun, Style Magazine, and on CBS Early Morning Show, Voice of America, and Maryland Public Television.

Mingle, Mingle

with The International School of Protocol 18 yrs + / Feb 29 / \$55

This program puts you at ease and helps you feel more confident and comfortable at social and work gatherings (where you need to meet and have conversations with new people). Learn how to prepare for an event, enter and exit conversations, and learn what you can talk about and what you should not talk about. Learn how to create a first and lasting impression through proper handshaking, eye contact, nonverbal conversation and more. Course is helpful for anyone who attends businesses gatherings, conferences, parties and school or community events.

RP3412.601 Thomas Viaduct MS 7-9 PM M

The Art and Basics of Table Manners with The International School of Protocol 18 yrs + / Mar 14 / \$55

Do you know why the table is set the way that it is? Learn why red and white wine glasses are handled differently, the difference between American and Continental Styles of dining, and where to place your silverware when resting or finished. Learn which side to enter your chair, the way to eat bread and other food (including the tricky ones), and how to deal with your napkin. Discover the history of dining, how to seat guests (including the tricky ones), what to do about dietary restrictions, as well as the secrets to handling stressful dining situations. A great class for those both experienced and inexperienced.

RP3413.601 Thomas Viaduct MS 7-9 PM M

Language

Hablemos Español – Conversational Spanish with Cecilia Redmond

18 yrs + / 5 classes starting Jan 25 / \$55

Enjoy a different topic of conversation for each class. A vocabulary list is provided. Instructor starts with English/Spanish directions; by the third class you are totally immersed. Have fun communicating with classmates only in Spanish. Pronunciation and grammatical errors are addressed by native speaker instructor.

RP3403.601 Ellicott Mills MS 7-8 PM M

Everyday Spanish I with Cecilia Redmond
18 yrs + / 6 classes starting Feb 18 / \$65

This class gives you the basic initiation to the language. You learn some grammar foundation and practice it in an enjoyable way. Build confidence as you learn vocabulary on familiar topics. Put it all together and you're ready for easy conversation starters. Native speaking instructor shares strategies and cultural insights.

RP3405.601 Ellicott Mills MS 7-8:30 PM Th

Music

- Below is in order by date.
- Materials fee due at the beginning of class.
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Piano I
18 yrs + / 5 classes starting Feb 20 / \$79

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. (Must have access to a keyboard to practice on outside class.)

RP0230.601 River Hill HS 11 AM-noon Sa

NEW! Join the Band! Learn to Play an Instrument with Peggy White

18 yrs + / 6 classes, start dates below / \$120 + \$10 materials

It's never too late to learn to play an instrument! No music experience necessary. Choose between the following instruments: flute, clarinet, saxophone, trumpet, or trombone. Learn the proper techniques and how to read music. Instructor is a Howard County instrumental teacher. Perform in concert in a group at the end of the season on March 2. Bring materials fee for music book to first class. If you cannot borrow or purchase an instrument, instrument rental is available for \$19.99 – email teacher directly for rental info at musicgal5340@gmail.com.

RP0227.601	Fulton ES	Flute	Jan 26	6:30-7:15 PM	Tu
RP0227.602	Fulton ES	Clarinet	Jan 26	7:15-8 PM	Tu
RP0227.603	Fulton ES	Saxophone	Jan 27	6:30-7:15 PM	W
RP0227.604	Fulton ES	Trumpet	Jan 27	7:15-8 PM	W
RP0227.605	Fulton ES	Trombone	Jan 27	8-8:45 PM	W

Art of Hand Drumming with Orlando Cotto
18 yrs + / 4 classes starting Jan 28 / \$80

Both drumming beginners and serious enthusiast are welcome! Led by professional percussionist Orlando Cotto, (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. Learn techniques and skills such as drum tuning and developing sounds. You're encouraged to bring your own drums, though Congas drums can be rented from the instructor for a one-time fee of \$35.

RP3435.601 Wilde Lake HS 7-8 PM Th

Voice Studio with Olenka School of Music
18 yrs + / 8 classes starting Feb 1 / \$165 + \$25 materials

Come learn a variety of songs spanning several genres. Singers practice Solfege (do-re-mi), vocal exercises & warm-ups, note value, pitch recognition/ear training to improve singing in tune. Materials include: songbook and CD. Cash/check for materials fee due to Olenka School of Music (OSM) on the first day of class.

RP3427.601 OSM – Columbia 7:30-8:25 PM M



Make those (piano) keys sing after taking our Piano I class.

Music Foundations with Keyboards with Olenka School of Music

18 yrs + / 8 classes, start dates below / \$235 + \$42 materials

Begin a strong foundation for all future musical learning through this energetic class designed as a rich exploration into the essentials of music theory and practice. Class features ear training exercises, reading, writing, composing, and learning keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. Materials include a songbook, CD, workbook, and homework binder. Cash/check for materials fee due to Olenka School of Music (OSM) at first class.

RP3426.601	OSM – Columbia	Feb 2	7:30-8:25 PM	Tu
RP3426.602	OSM – Ellicott City	Feb 4	7:30-8:25 PM	Th

Guitar Studio with Olenka School of Music
18 yrs + / 8 classes starting Feb 3 / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Materials include: songbook, CD. Cash/check for materials fee due to Olenka School of Music (OSM) on the first day of class.

RP3425.601 OSM – Columbia 7:30-8:25 PM W

Rock Drum Class
18 yrs + / 5 classes starting Mar 11 / \$139

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham to Dave Grohl, from beginner to advanced, we can help you achieve this dream. Info: 410-988-2062 or visit www.therockshopmd.com.

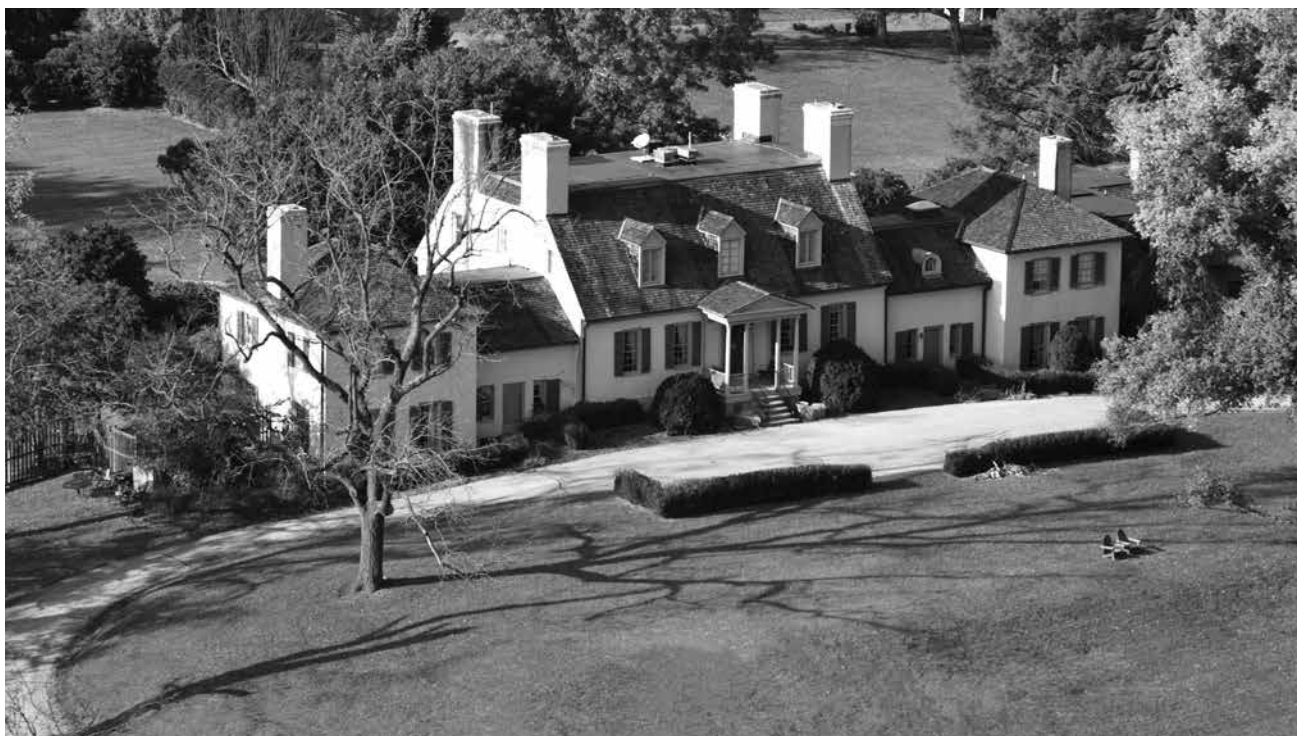
RP3431.601 Let There Be Rock School 6:30-7:30 PM F

Rock Guitar and Bass Class
18 yrs + / 5 classes starting Mar 11 / \$139

Have you ever wanted to play the guitar like your rock and roll heroes? You can accomplish this with the help of our classes and our instructors. We help anyone achieve this dream. Come and rock out. Info: 410-988-2062 or www.therockshopmd.com.

RP3430.601 Let There Be Rock School 7:30-8:30 PM F

Adults (18 yrs +)



Do you see a ghost in the window? Explore the mystery of Belmont Manor.

Rock Keyboard Class

18 yrs + / 5 classes starting Mar 11 / \$139

Have you ever wanted to play the keyboard like your rock and roll heroes? From Keith Emerson to John Lord, you can do it with the help of our instructors. We can help beginner to advanced players achieve this dream. Just sign up and rock out. Info: 410-988-2062 or www.therockshopmd.com.

RP3432.601 Let There Be Rock School 6:30-7:30 PM F

Rock Vocal Class

18 yrs + / 5 classes starting Mar 11 / \$139

Have you ever wanted to sing like your rock and roll heroes? We can help! Info: 410-988-2062, or www.therockshopmd.com.

RP3433.601 Let There Be Rock School 5:30-6:30 PM F

Paranormal Investigation Lecture Series

• Registration/Info: 410-313-0200.

Are you intrigued by things that go bump in the night? Do you enjoy a spine-tingling ghost story? Or are you just interested in a different twist on apparitions? In this lecture series you learn from and meet local Inspired Ghost Tracking members along with authors who introduce you to ghost-hunting investigations. This is your opportunity to ask about all the questions you've been dying to know! These classes are for entertainment.

Introduction to Ghost Investigating

18 yrs + / Jan 26 / \$10

This lecture provides an explanation of what a ghost and spirit is and reasons why they stay behind. It combines science with the art of technology, explaining how different equipment is used to detect entities. Receive information on how ghosts cross over into spirit.

RP9902.601 Belmont Manor & Historic Pk 7-8:30 PM Tu

NEW! Recognizing Signs from Loved Ones

18 yrs + / Feb 9 / \$10

If you've lost someone you loved, whether a person or a pet, Rob Gutro, Author/Ghost Tracker/Medium/Scientist explains how to look for signs from the other side to prove that our loved ones are still around us. Learn how the logical mind dismisses signs from spirits and the difference between spirits and ghosts. We reveal how spirits use electronics, music, nature, dates, look-a-likes, scents and "love knots" to communicate with us.

RP9902.602 Belmont Manor & Historic Pk 7-8:30 PM Tu

NEW! Pets and the Afterlife

18 yrs + / Mar 8 / \$10

Learn how dogs, cats, horses, and some birds have the intelligence and ability to send signals to the living. Rob Gutro shares scientific studies that prove our pets have emotions and personalities. Identify the signs they give us and the science behind why living pets can sense entities. The author tells the story of a paranormal investigation where one of his dogs helps solve a mysterious canine mystery. Hear stories of how pets may wait for us in the hereafter.

RP9902.603 Belmont Manor & Historic Pk 7-8:30 PM Tu

Fitness Page 60

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Therapeutic Recreation Page 25

One Gift, Endless Possibilities!

Gift Certificates Available

To purchase please call 410-313-7275
or visit www.howardcountymd.gov/rap

Click "Registration" then choose "Gift Certificates."

When ordering online you must have an account.
it may take up to 48 hours for your account to be activated.



Howard County
Recreation & Parks

Saturday, May 7
Centennial Park
10 AM - 2 PM

Enjoy making crafts, playing games,
watching demonstrations and learning
about the many summer camps Howard
County Recreation & Parks offers.

www.howardcountymd.gov/campday.htm

Adults (18 yrs +)

Wine in the Woods

**LIVE
BANDS**

**GOURMET
FOOD**

**JURIED
ARTISANS**



**OVER
30
WINERIES**

**MAY
21
11AM-6PM**

**MAY
22
11AM-5PM
2016**

THIS EVENT IS FOR 21 AND OVER.
PHOTO ID REQUIRED.
DESIGNATED DRIVER TICKET
PROGRAM IS OFFERED.



TICKETS: 410-313-7275 OR
WWW.WINEINTHEWOODS.COM

**SYMPHONY WOODS
COLUMBIA, MD**

Howard County Park App

Find in Howard County Parks...

- Nearest park or park amenity
(ex: tennis or basketball courts)
- Driving directions
- Paved pathways
- Pavilions
- Playgrounds
- And more



FREE!



Howard County
RECREATION & PARKS





Come make friends while knitting or crocheting for a good cause.

Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.
- In alphabetical order.

Adventure & Outdoors Page 15

Nature & Environment Page 17

Aquatics

NEW! Open Swim

55 yrs + / 6 classes starting Jan 23 / \$40

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use.

RP3518.601 Cedar Lane School 10:30 AM-12:30 PM Sa

Therapeutic Aqua Dancercise

55 yrs + / 8 classes starting Jan 12 / \$72

No, this is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dance-based movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction.

RP3520.601 Cedar Lane School 6-7 PM Tu

Therapeutic Water Exercise

55 yrs + / 8 classes, start dates next column / \$72

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own



Stay active and enjoy the indoor pool with Aqua Dancercise!

pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 1/11, 2/15.)

RP3519.601	Cedar Lane School	Jan 11	6:15-7:15 PM	M
RP3519.602	Cedar Lane School	Jan 13	5:45-6:45 PM	W

Crafts and Fine Arts

Artful Journaling Club

55 yrs + / 12 sessions starting Jan 7 / \$15

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present.

RP0305.601 Bain Ctr 9:30 AM-noon Th

Drawing & Painting with Zina

55 yrs + / 14 classes starting Jan 11 / \$112 + ~\$50 materials

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. Advanced painters, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. Materials list (purchased separately) discussed at the first class.

RP0302.601	Gary J Arthur Comm Ctr	10 AM-noon	M
RP0302.602	Gary J Arthur Comm Ctr	1:15-3:15 PM	M

Watercolors with Carol Zika

55 yrs + / 10 classes starting Jan 8 / \$95 + materials

Winter is the perfect time to get in touch with your inner artist. Painting with watercolors is a great way to begin. Designed for beginners, but continuing students and experienced dabblers also welcome. Suggested supplies discussed at the first class and are available through the instructor.

RP0303.601 E Columbia Lib Sr Ctr 1-3:30 PM F

You Can Draw & Paint with Carol Zika

55 yrs + / 10 classes starting Jan 8 / \$95 + materials

Let your artistic expression soar in this congenial, fun and supportive atmosphere. Bring watercolors, acrylics, oils, pastels, or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Discuss materials (purchased separately) at first class.

RP0304.602 E Columbia Lib Sr Ctr 9:15-11:45 AM F

Drop-In

BUNCO

55 yrs + / Last Friday of the month / Free

It's a "roll of the dice" game. BUNCO is gaining in popularity and now you can get in on the fun! Join us for an hour of this exciting dice game. No experience necessary. No preregistration required.

Bain Ctr 10:30-11:30 AM F

Community Knitting & Crocheting Group

55 yrs + / 2nd and 4th Wed of the month / Free

Explore your artistic side and create gifts that matter! Knit or crochet cozy scarves, snuggly blankets and warm hats for a variety of community service projects. Dust off your needles, grab some yarn and join us! All skill levels welcome. Acrylic yarn donations gladly accepted. Please, no wool or cotton. Info: Linda E. DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov. Preregistration required.

RP3070.601 Kiwanis-Wallas Hall 1-3 PM W

Drop-In Social Bridge

55 yrs + / Ongoing / Free

Stop by for some social Bridge. Beginners welcome! Coffee, tea and light refreshments available. We gladly accept donations to the snack fund.

Kiwanis-Wallas Hall 9 AM-noon W

Duplicate Bridge

55 yrs + / Ongoing / Free

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall Noon-3:30 PM W

Kiwanis-Wallas Hall 9:15 AM-12:45 PM F

Mahjong

55 yrs + / Ongoing / Free

Kiwanis-Wallas Hall 1-3:30 PM W

Marathon Bridge

55 yrs + / First Wednesday of the month / Free

Kiwanis-Wallas Hall Noon-4 PM W

Pinochle

55 yrs + / Ongoing / Free

Kiwanis-Wallas Hall 9:30 AM-3:30 PM F

Toss Across

55 yrs + / Ongoing / Free

Who says "close only counts in horseshoes?" In Toss Across, it definitely counts! Try the latest backyard and tailgating craze. Have fun and get a little exercise too. Meet in the Bain Center lobby. No preregistration required.

Bain Ctr 10:30-11:30 AM F

Trivia Time

55 yrs + / Last Friday of the month / Free

Come show us what you know during this entertaining hour of group trivia!

Fire up those brain cells while you help your team compete. Meet in the lobby. No preregistration required.

Bain Ctr 9:30-10:20 AM F

Wii Bowling Club

55 yrs + / Ongoing / Free

Why let the kids have all the fun? Bowl in a virtual alley without leaving the building. You improve hand-eye coordination and get some exercise while competing against your peers. Two sessions offered each week.

Bain Ctr 9:30-10:30 AM Tu

Bain Ctr 10:30-11:30 AM Tu

Lifelong Learning

Bridge Classes

For a complete listing of Bridge classes, please contact Cathy Vigus, 410-313-7311.

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Therapeutic Recreation Page 25

FREE MEDICARE INFORMATION CLASSES

Medicare 101 - What You Can Expect From Medicare

Learn about Original Medicare (Parts A and B) and Medicare Prescription Drug coverage (Part D).

Bain Ctr	Jan 7	7-8:30 PM	Th
Ellicott City 50+	Feb 9	1-2:30 PM	Tu
Howard County General Hospital	Mar 15	7-8:30 PM	Tu
N Laurel Comm Ctr 50+	Apr 12	1-2:30 PM	Tu

Medicare 102 - Why Medicare Isn't Enough

Learn about Medicare Health Plans (Part C) and Medicare Supplement policies.

Bain Center	Jan 21	7-8:30 PM	Th
Ellicott City 50+	Feb 16	1-2:30 PM	Tu
Howard County General Hospital	Mar 22	7-8:30 PM	Tu
N Laurel Comm Ctr 50+	Apr 19	1-2:30 PM	Tu

Using Medicare's Plan Finder

Learn how to use the 'Plan Finder' tool on www.medicare.gov to compare and review Medicare Prescription Drug plans.

Ellicott City 50+	Feb 23	1-2:30 PM	Tu
Howard County General Hospital	Mar 29	7-8:30 PM	Tu

Sponsored by the State Health Insurance Assistance Program (SHIP), Howard County Office on Aging.



LOCAL HELP FOR PEOPLE WITH MEDICARE

Registration/Info: 410-313-7389 (voice/relay).

Adults (55 yrs +)



Want to stay in shape or get in shape? We offer a variety of fitness classes; find the one that's best for you!

Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at our Community Centers.
- Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

Aerobics & Conditioning (18 yrs +)

- For Beginner Strength Training (13-16 yrs), see page 76.

AM Fitness Workout

18 classes starting Jan 12 / \$99

Warm up with fun and easy moves, and then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve overall flexibility and balance. This class is perfect for all fitness levels! Fitness waiver must be completed prior to exercising.

Vickie Jacobs, AFAA, AAI

RP8669.601	Roger Carter Comm Ctr	8-9 AM	Tu & Th
<u>Instructor TBD</u>			
RP8669.602	Roger Carter Comm Ctr	9-10 AM	Tu & Th
RP8669.603	Roger Carter Comm Ctr	11 AM-noon	Tu & Th

Aqua Zumba

9 classes, start dates below / \$89

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering — experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating!

Tracy Cox / Roger Carter Comm Ctr

RP8612.601	Jan 12	9:45-10:30 AM	Tu & Th
RP8612.611	Feb 18	9:45-10:30 AM	Tu & Th

Meridith Hurd / Roger Carter Comm Ctr

RP8612.602	Jan 12	6:30-7:15 PM	Tu & Th
RP8612.612	Feb 18	6:30-7:15 PM	Tu & Th

Barre Burn with Becca Sigmund

9 classes starting Jan 13 / \$81

Ballet movements combine with fitness exercises for a full-body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and control. Round off your workout with yoga and stretching. Bring 4-to-5-lb. weights; mats are provided but you are encouraged to bring your own.

RP8282.601	Kinetics Dance Theatre	8-9 PM	W
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Barre None with Heather Snyder, AFAA

9 classes starting Jan 12 / \$60

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results!

RP8130.601	Gary J Arthur Comm Ctr	6:30-7:25 PM	Tu
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Body Conditioning

with Cyndi Kummerlowe, AFAA

18 classes starting Jan 12 / \$54

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights.

RP8220.601	Rockburn ES	7:05-8 PM	Tu & Th
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"Build Your Engine" Strength Training with Christy Edwards, ACE Personal Trainer

18 classes starting Jan 11 / \$64

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights.

RP8506.601 Thunder Hill ES 7-8 PM M & W

Cardio Blast Interval with Beth Harbinson, AFAA

18 classes starting Jan 11 / \$64

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work, and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs. recommended) and a mat.

RP8422.601 Veterans ES 7-8 PM M & W

Cardio Crunch Challenge with Lori Nowicki, ACE

9 or 17 classes starting Jan 11 / Prices below

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, Zumba and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance training. Experience a high-energy class at high or low impact, take the challenge and have fun! Bring mat and hand weights. Steps and resistance bands provided.

9 classes / 1 day per wk / \$45

RP8481.601 Cedar Lane Rec Ctr 9:30-10:45 AM M or W

17 classes / 2 days per wk / \$79

RP8481.602 Cedar Lane Rec Ctr 9:30-10:45 AM M & W

Cardio Dance with Sandra Duerr

9 classes starting Jan 8 / \$63

Fun choreographed dance classes that go from warm-up steps to heart-pounding dances, giving you an aerobic workout that helps to sculpt your body and make you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh and we burn lots of calories!

RP8225.601 Roger Carter Comm Ctr 11:15 AM-12:05 PM F

Cardio Fusion with Marianne Larkin, AAI

9 or 17 classes starting Jan 11 / Prices below

We combine your favorite cardio and toning formats one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your level. Pump up your workouts and burn fat with a mix of step, high/low and boot camp, core strength, balance, and agility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Steps and bands provided.

9 classes / 1 day per wk / \$45

RP8482.601 Gary J Arthur Comm Ctr 9:35-10:50 AM M or W

17 classes / 2 days per wk / \$79

RP8482.602 Gary J Arthur Comm Ctr 9:35-10:50 AM M & W



Stretch out those muscles and get ready for a high-intensity class!

Cardio Kickboxing

9 or 18 classes starting Jan 12 / Prices below

Exercise has never been so much fun! Cardio Kickboxing is a calorie-burning, dance-party exercise routine that combines kickboxing, aerobics and dance with great music. Come out and get in shape and have fun doing it!

9 classes / 1 day per wk / \$48

RP8550.601 N Laurel Comm Ctr 6:30-7:30 PM Tu or Th

18 classes / 2 days per wk / \$80

RP8550.602 N Laurel Comm Ctr 6:30-7:30 PM Tu & Th

Cardio Sculpt with Loretta Lambert

18 classes starting Jan 11 / \$70

Warm up, cool down and experience a fun, all-over body workout in this new combination class that includes a hi- or low-impact, cardiovascular dance aerobic workout and toning exercises all choreographed to music. This program is for everyone who wants to get in shape and have fun doing it! Please bring a mat and hand weights.

RP8290.601 Stevens Forest ES 7-8 PM M & W

Circuit Weight Training with Amanda Demeusy, AFAA

17 classes starting Jan 11 / \$92

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, you get a thorough, total-body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience!

RP8660.601 Roger Carter Comm Ctr 9:15-10:15 AM M & W



Want to make sure you get to the gym regularly? Sign up for a class.

Fit Jam: Cardio Party with Liz Rolland

8 or 9 classes, start dates & prices below

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop, and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle.

8 classes / Jan 11 / \$80

RP8350.601	Gary J Arthur Comm Ctr	5:45-6:45 PM	M
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9 classes / Jan 12 / \$90

RP8350.602	Roger Carter Comm Ctr	9:15-10:15 AM	Tu
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9 classes / Jan 14 / \$90

RP8350.603	Gary J Arthur Comm Ctr	5:45-6:45 PM	Th
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Fit Jam: Fire and Spice! With Liz Rolland

9 classes starting Jan 8 / \$108

New extended class! More of everything you love! Think all workouts are boring? Think again! Spice up your workout with this unique blend of Pilates matwork, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, then challenge your workout more with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff!

RP8351.601	Gary J Arthur Comm Ctr	9:30-10:45 AM	F
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NEW! LaBlast® with Cecilia Ituarte

9 classes starting Jan 13 / \$116

Get ready to sweat with this exciting cardio program! LaBlast® combines the aerobic footwork of dancing with strength training and weights. It is an interval-based cardio workout that uses several dance styles. Get your heart pumping as you Mambo, Salsa, Merengue, and Rumba your way to fitness! LaBlast® is designed for all levels and we begin with an introduction to the program providing the foundation and base techniques used in LaBlast®. As the program progresses, the intensity of the workout increases, dances and choreography are expanded, and technique and details are refined.

RP8157.601	Misako Ballet Studio	7:45-8:45 PM	W
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La Canne (French Cane Fighting)

with Steve Savoie

8 classes starting Jan 14 / \$46

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. It's a unique class. Once you try it, you'll love it! No experience required. Sticks provided. Shin guards recommended.

RP8505.601	Cedar Lane Rec Ctr	8:15-9:15 PM	Th
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Piloxing with Heather Snyder, AFAA

9 classes starting Jan 12 / \$60

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed, and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered!

RP8135.601	Gary J Arthur Comm Ctr	7:30-8:30 PM	Tu
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Step & Sculpt! With Marianne Larkin, AAI

9 or 18 classes, start dates & prices below

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with turbo-charged combinations in the latest in step choreography. Knowledge of aerobic step terms is recommended. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Continue this total-body workout with strength, core and ab exercises using hand weights, medicine balls, stability balls and resistance bands (provided) and finish with an energized stretch.

9 classes / 1 day per wk / \$49

RP8300.601	Gary J Arthur Comm Ctr	Jan 9	8:30-9:45 AM	Sa
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9 classes / 1 day per wk / \$39

RP8300.611	Mt. View MS	Jan 12	7-8 PM	Tu or Th
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18 classes / 2 days per wk / \$75

RP8300.612	Mt. View MS	Jan 12	7-8 PM	Tu & Th
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Tabata Boot Camp with Lori Nowicki, ACE

9 classes starting Jan 8 / \$45

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workout can be modified.

RP8485.601	Roger Carter Comm Ctr	9:15-9:55 AM	F
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Trim & Tighten

17 or 18 classes, start dates & prices below

Enjoy fun and beneficial exercises set to music that will tone and strengthen all your muscle groups while improving your balance and flexibility! Bring a mat; 2-to-5-lb. hand weights are optional.

17 classes starting Jan 11 / \$51

RP8210.601	Burleigh Manor MS	6:30-7:25 PM	M & W
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18 classes starting Jan 12 / \$54 / Jeanne Sealing, ACE

RP8210.602	N Laurel Comm Ctr	8:55-9:45 AM	Tu & Th
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18 classes starting Jan 12 / \$57 / Marianne Larkin, AAI

RP8210.603	Mt. View MS	6-6:55 PM	Tu & Th
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Zumba

10 classes starting Jan 9 / \$124

Enjoy this Latin cardio-dance fitness craze to the pulsating rhythms of Reggaeton, Samba, Salsa, Afrobeat, and more! Join us as we tone and burn calories at this weekly dance party!

Samiat Tumasang, ZUMBA

RP8360.601 N Laurel Comm Ctr 9:30-10:30 AM Sa

Zumba!

18 classes starting Jan 11 / \$137

Let's face it, working out can be healthy, rewarding, and beneficial, but it may not always be fun... until now! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that blows you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body and burn fat. All levels are welcome.

Valerie Stewart, Zumba, AFAA

RP8430.602 N Laurel Comm Ctr 6:30-7:20 PM M & W

Cheryl Osborne, Zumba, AFAA

RP8430.603 Mt. View MS 6:30-7:20 PM M & W

Zumba Basic with Stephanie Scott, ZUMBA

8 or 9 classes, start dates & prices below

****Join us for a free class on Jan 6 from 5:30-6:30 PM.**

Call RCCC directly at 410-313-2764 to sign up!**

Exercise in disguise! This fun, high-energy class involves dance and aerobic elements. It's easy, fun, and safe for all levels. Enjoy the following dance styles: American, Cumbia, salsa, merengue, flamenco, tango, belly dance, and more while getting in shape! Reduce weight, build strength and stamina, improve flexibility, cardio and posture, and socialize! Join the party! Come dance like no one is watching!

8 classes / Jan 11 / \$53

RP8330.601 Roger Carter Comm Ctr 5:30-6:30 PM M

9 classes / Jan 13 / \$59

RP8330.602 Roger Carter Comm Ctr 5:30-6:30 PM W

Zumba Circuit with Anna Whittaker,

ZUMBA, AFAA

9 classes starting Jan 12 / \$60

Enjoy a high-energy, calorie-blasting, metabolism-boosting fun class that combines both the strength training benefits of circuit training with the dance moves of Zumba!

RP8432.601 Mt. View MS 9:30-10:20 AM Tu

Zumba with Sandra Duerr

8 classes starting Jan 11 / \$56

Come get a great total-body dance workout using pulsating Latin music and a mix of Latin and international dance styles (Merengue, salsa, cumbia, flamenco and more). Everything moves – from your head to your toes! Get wild, party and sweat off those pounds and inches!

RP8226.601 Fulton ES 7:45-8:30 PM M



Combine dance and fitness with one of our Zumba classes!

Health & Relaxation

• Info/Fitness Waiver: 410-313-4718.

Hatha Yoga for Flexibility & Relaxation

9 classes, start dates below / \$81

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen, and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided.

Kris Copeman

RP8240.601 Kinetics Dance Theatre Jan 14 9:45-10:45 AM Th

Rachel Wolfe

RP8240.602 Kinetics Dance Theatre Jan 15 7:15-8:15 PM F

Introduction to Pilates

with Christine Williams

10 classes starting Jan 9 / \$124

Stretch, strengthen, and balance your body with a systematic practice of specific exercises and breathing patterns that connect your mind, body, and spirit. Help relieve stress while you lengthen and strengthen your powerhouse/abdominals. This class is for the beginner to the advanced Pilates practitioner. Please bring a mat and wear comfortable shoes.

RP8155.601 Misako Ballet Studio 8:30-9:30 AM Sa

Pilates Plus with Liz Rolland

9 classes starting Jan 12 / \$108

This matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Learn to correctly perform the 41 original basic matwork exercises and modify them to your own needs. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel.

RP8384.601 Roger Carter Comm Ctr 10:30-11:30 AM Tu





Improve flexibility, balance and focus through a yoga or Pilates class.

Pilates with Marc Scimonelli, AFAA, NETA, Pilates

18 classes starting Jan 11 / \$86

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it!

RP8420.601 Cedar Lane Rec Ctr 7:30-8:30 PM M & W

PiYo® with Amanda Demeusy, AFAA, PiYo®

17 classes starting Jan 11 / \$127

Ready to find your flex appeal? Experience an intense but low-impact workout that burns crazy calories for a long, lean, beautiful physique. PiYo® combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. Use your body weight to perform a series of continuous targeted moves to define every single muscle, big and small. You sweat, stretch, and strengthen all in one PiYo® workout! No weights, no jumps, no bulk. Just hardcore results.

RP8435.601 Roger Carter Comm Ctr 10:30-11:20 AM M & W

Power Yoga Intermediate with Kris Copeman

9 classes starting Jan 14 / \$81

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility, and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided.

RP8241.601 Kinetics Dance Theatre 11 AM-noon Th

Revive, Relax and Renew with Yoga with Mary Garratt, E-RYT500

8 or 9 classes, start dates & prices below

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket.

8 classes / Jan 11 / \$77

RP8252.601 Gary J Arthur Comm Ctr 7-8 PM M

9 classes / Jan 13 / \$86

RP8252.602 Gary J Arthur Comm Ctr 5:45-6:45 PM W

9 classes / Jan 13 / \$86

RP8252.603 Roger Carter Comm Ctr 1:20-2:20 PM W

Scoop Pilates II with Lori Nowicki, ACE, AFPA

18 classes starting Jan 12 / \$126

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms, and core; increase your flexibility; and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball.

RP8154.601 Cedar Lane Rec Ctr 9-10 AM Tu & Th

Sunday Afternoon Yoga

with Mary Garratt, E-RYT500

9 classes starting Jan 10 / \$86

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

RP8252.612 Gary J Arthur Comm Ctr 2-3 PM Su

Tai Chi

18 yrs + / 10 classes, start dates below / \$77

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov!

Instructor: Tim Kwei

RP8850.601 Beg Dunloggin MS Jan 13 7-8 PM W

RP8850.602 Adv Dunloggin MS Jan 13 8:05-9:05 PM W

Instructor: Scott Vandame

RP8850.603 Beg Murray Hill MS Jan 14 7-8 PM Th

RP8850.604 Adv Murray Hill MS Jan 14 8:05-9:05 PM Th

Teen Yoga With Rachel Wolfe

13-17 yrs / 9 classes starting Jan 8 / \$81

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one.

RP8245.601 Kinetics Dance Theatre 4:30-5:30 PM F

Therapeutic Massage

18 yrs + / ½ hr - \$35, 1 hr - \$60, 1½ hr - \$85, Reflexology - \$45

Skilled gentle massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

Gary J Arthur Comm Ctr 10 AM-9 PM Tu

NEW! Yoga Nidra: A Guided Practice for Deep Relaxation with Liz Rolland

9 classes starting Jan 8 / \$108

Yoga Nidra is an ancient method of releasing tension from both the body and the mind. This gentle, easy practice has been proven to help relieve stress, insomnia, and has even been shown to help with Post Traumatic Stress Disorder. But you don't need to suffer from any of these to benefit from the thirty minutes of simple warm-up stretches and thirty minutes of complete relaxation this class will provide. Have you been burning the candle at both ends? Join us to bring some peace and tranquility into your life. Bring a thick yoga mat, a large beach towel or blanket, and get ready to relax!

RP8284.602 Gary J Arthur Comm Ctr 11 AM-noon F

Yoga for a Stressful World with Liz Rolland

8 classes starting Jan 11 / \$96

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class.

RP8284.601 Roger Carter Comm Ctr 9:15-10:15 AM M

Yogalates with EC Goode

9 classes starting Jan 12 / \$81

This class merges yoga and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one.

RP8244.601 Kinetics Dance Theatre 8:30-9:30 PM Tu

Adults (55 yrs +)

• Info/Fitness Waiver: Cathy Vigus, 410-313-7311.

Circuit Weight Training for Seniors

55 yrs + / 17 classes starting Jan 11 / \$97

Studies indicate that weight training is essential to maintaining health. This class, designed for seniors, combines an aerobic workout with weight training on Precor equipment. A fitness waiver must be completed prior to exercising.

RP8667.601 Roger Carter Comm Ctr 3-4 PM M & W

Exercise with Ease with Joyce DiTomasso

55 yrs + / 18 classes starting Jan 12 / \$54

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves.

RP8060.601 E Columbia Lib 50 yrs + Ctr 9-10 AM Tu & Th



Weight training is essential to maintaining health.

Fit & Fun with Pam Beck AAAI

55 yrs + / 18 classes starting Jan 12 / \$129

Don't just sit on the sidelines! Join your friends for some fitness while having fun! Enjoy a cardiovascular workout mixed with strength, balance, flexibility and endurance training. We use light weights, bands, and balls (provided) to enhance your fitness level and making daily living much easier! Seated modifications are available.

RP8061.601 Roger Carter Comm Ctr 1:30-2:30 PM Tu & Th

Fitness for Life with Lori Nowicki, ACE, AFPA

55 yrs + / Class lengths, start dates & prices below

We don't stop exercising because we get old; we get old because we stop exercising! This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising.

17 classes / \$99

RP8666.601 N Laurel Comm Ctr Jan 11 1-2:15 PM M & W

18 classes / \$105

RP8666.602 Roger Carter Comm Ctr Jan 12 12:15-1:30 PM Tu & Th

RP8666.603 Gary J Arthur Comm Ctr Jan 12 10:30-11:45 AM Tu & Th

9 classes / \$54

RP8666.612 Roger Carter Comm Ctr Jan 8 10-11:15 AM F



Concussion Information

www.howardcountymd.gov/concussion.htm

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

What should you do if you think a concussion has occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

- Take rest breaks as needed
- Spend fewer hours at activities
- If in doubt, sit it out!

Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com.

6334 Cedar Lane, Columbia, MD 21044
18045 Georgia Avenue, Olney, MD 20832
2401 Brandermill Boulevard, Gambrills, MD 21054

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiocarrest.htm

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
 - No response to tapping on shoulders
 - Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider.

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

1. There is a "Pre-Participation Physical Evaluation Form" available at <http://www.mpssaa.org/healthandsafety/forms.asp>.
2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
 - a. had sudden unexplained and unexpected death before the age of 50.
 - b. was diagnosed with any of the heart conditions listed above.
 - c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).



Enjoy swim classes with your child starting at six months!



Refine your stroke at the Roger Carter Community Center pool.

Sports

- Superintendent: Allan Harden, 410-313-4652.

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league.

Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist

child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 13 must remain at the facility.

- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 66-67. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.
- Info: Todd Holmes, 410-313-2765.

Group Lessons (0-18 yrs)

Baby Water Play: Parent/Child

6 mos-3 yrs / 8 classes, start dates below / \$64

Parents learn how to work safely with their child in the water, including how to appropriately support and hold their child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Child begins to glide on the front and back with assistance and change body position in the water. Swimming diapers and rubber shorts must be worn.

Roger Carter Comm Ctr

RP4007.601	Jan 12	5-5:20 PM	Tu & Th
RP4007.602	Jan 12	5:30-5:50 PM	Tu & Th
RP4007.603	Feb 23	5-5:20 PM	Tu & Th
RP4007.604	Feb 23	5:30-5:50 PM	Tu & Th

Preschool Swimming:

4-5 yrs / 8 classes, start dates on next page / \$64

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

Level 2 (must have passed Level 1)

Children become more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

Level 3 (Must have passed Level 2)

Children practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.



Learn to have fun in the pool! Therapeutic Recreation's aquatics classes are listed on page 25.

Roger Carter Comm Ctr

RP4009.601	Level 1	Jan 12	6-6:20 PM	Tu & Th
RP4009.602	Level 1	Feb 23	6-6:20 PM	Tu & Th
RP4010.601	Level 2	Jan 12	7:15-7:35 PM	Tu & Th
RP4010.602	Level 2	Feb 23	7:15-7:35 PM	Tu & Th
RP4011.601	Level 3	Jan 12	7:40-8 PM	Tu & Th
RP4011.602	Level 3	Feb 23	7:40-8 PM	Tu & Th

Aqua Kids

6-10 yrs / 8 classes, start dates below / \$74

Level 1

In this introduction to swimming, children learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

Level 2 (must have passed Level 1)

Children learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Children learn how to float without support and recover to a standing position. Deep-water safety is introduced.

Level 3 (must have passed Level 2)

Build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Children begin to learn head-first entries.

Roger Carter Comm Ctr

RP4012.601	Level 1	Jan 13	5-5:30 PM	W & F
RP4012.602	Level 1	Feb 24	5-5:30 PM	W & F
RP4013.601	Level 2	Jan 13	5:40-6:10 PM	W & F
RP4013.602	Level 2	Feb 24	5:40-6:10 PM	W & F
RP4014.601	Level 3	Jan 13	6:15-6:45 PM	W & F
RP4014.602	Level 3	Feb 24	6:15-6:45 PM	W & F

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

Learn to Swim

11-15 yrs / 8 classes, start dates below / \$74

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

Intermediate

Build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries.

Roger Carter Comm Ctr

RP4015.601	Beginner	Jan 13	6:50-7:20 PM	W & F
RP4015.602	Beginner	Feb 24	6:50-7:20 PM	W & F
RP4016.601	Intermediate	Jan 13	7:30-8 PM	W & F
RP4016.601	Intermediate	Feb 24	7:30-8 PM	W & F

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

3 yrs + / Ongoing after Jan 11 / Prices below

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Lessons are not transferrable. Registration for lessons is first-come, first-served. All lessons must be scheduled at the time of registration in person or over the phone.

Roger Carter Comm Ctr

RP4020.601	4 lessons (Private)	\$132
RP4020.601	8 lessons (Private)	\$231
RP4020.602	4 lessons (Semi-private)	\$172
RP4020.602	8 lessons (Semi-private)	\$301

Swim Team (6-18 yrs)

Swim Team Training

6-18 yrs / 8 classes, start dates & prices below

Pre-Swim Team Skills (PS)

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: 25-yard freestyle and 25 yards of backstroke.

Rec Swim League (RS)

Thinking about swim team? This recreational league teaches you the basics of competing. Practices are one hour, twice a week, for four weeks with meets on the last four Saturday mornings. Evaluation/age on first day will determine practice time. Prerequisite: 25-yard freestyle, 25-yard backstroke and 25-yard breaststroke.

Stroke and Turn Clinic (ST)

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and triathlons. Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke.

Roger Carter Comm Ctr

RP4018.601	(PS)	6-18 yrs	Jan 12	8-8:30 PM	Tu & Th	\$74
RP4018.602	(PS)	6-18 yrs	Jan 12	8:30-9 PM	Tu & Th	\$74
RP4018.603	(PS)	6-18 yrs	Feb 23	8-8:30 PM	Tu & Th	\$74
RP4018.604	(PS)	6-18 yrs	Feb 23	8:30-9 PM	Tu & Th	\$74
RP4022.601	(RS)	6-18 yrs	Jan 11	5-7 PM, M; 7-9 AM, Sa		\$104
RP4022.602	(RS)	6-18 yrs	Feb 22	5-7 PM, M; 7-9 AM, Sa		\$104
RP4024.601	(ST)	10 yrs +	Jan 17	6:30-7:30 PM	Su	\$92



Drop in for beginner or intermediate adult swim classes.

Lessons & Drop-In (18 yrs +)

Adult Swim Lessons

18 yrs + / 8 classes, start dates below / \$74

Beginner

This course is intended for adults who never learned how to swim or want to build on basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

Intermediate

Looking to refine and hone your stroke and turn skills? This course is intended for adults with intermediate swimming skills who would like to refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing will be heavily emphasized.

Roger Carter Comm Ctr

RP4019.601	Beginner	Jan 11	8-8:30 PM	M & W
RP4019.602	Beginner	Feb 22	8-8:30 PM	M & W
RP4023.601	Intermediate	Jan 12	8:30-9 PM	Tu & Th
RP4023.602	Intermediate	Feb 23	8:30-9 PM	Tu & Th

Masters Swim Drop-In

18 yrs + / 16 classes starting Jan 11 / Free for Fit4U & Go50+ Pool members; \$10 per class for nonmembers

This drop-in class is for advanced swimmers who want to fine tune the four competitive strokes (freestyle, backstroke, butterfly, and breaststroke).

This structured aquatic workout challenges swimmers to improve form and endurance and/or train for specific goals. Masters swim promotes an active and healthy lifestyle and the ability to practice with an organized group. Nonmember fee includes daily swim pass. See page 6 for Fit4U memberships.

Roger Carter Comm Ctr 7-7:40 PM M

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



The fast and head-turning sport of badminton comes to the MAC.

Guarding & Certification (15 yrs +)

Lifeguard Training

15 yrs + / Dates below / \$205

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific pre-course swimming requirements available when registering. Lifeguard participant manuals are provided upon successful completion of the pre-course. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certifications for two years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. This 25-hour course takes place over seven days and includes classroom and in-water activities. You must be prepared to swim at all classes.

Roger Carter Comm Ctr

RP4002.601	Jan 20-23	1-9:30 PM	W-F
RP4002.602	Feb 8-13	5:30-9:30 PM, M-F & 9 AM-5 PM, Sa & Su	

Lifeguard Review

15 yrs + / Feb 6 / \$125

Re-certify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. You must provide copies of current certifications upon registration. Upon successful completion of the challenge, you gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard.

RP4003.601 Roger Carter Comm Ctr 8 AM-6 PM Sa

Badminton

Adult Badminton flickr

18 yrs + / 12 classes, start dates & prices below

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Athletic Complex has courts set up during the designated times. A leader is on site to help assign players to matches. Bring your own racquets and shuttlecocks.

Info: Will Dunmore, 410-313-1697 (evening session); Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov (afternoon session).

Meadowbrook Ath Comp

RP6830.611	Jan 4	8-10 PM	M	\$60
RP6830.621	Jan 7	1-3 PM	Th	\$48



The Columbia Baseball League keeps growing. This league is the perfect intro for both girls and boys. Join us this spring!

Baseball & Tee Ball

• Info: Brian Wyman, 410-313-4705 or
bwyman@howardcountymd.gov (unless otherwise noted).

Pre-K & Youth Instruction

Tiny Tykes Tee Ball

3-4 yrs / 6 classes, start dates below / \$75

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities provide a successful intro to batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6053.601	Guilford ES	Jan 25	6:30-7:15 PM	M
RP6053.602	N Laurel Comm Ctr	Jan 26	10:30-11:15 AM	Tu
RP6053.603	Gary J Arthur Comm Ctr	Jan 27	10:30-11:15 AM	W
RP6053.604	Meadowbrook Ath Comp	Jan 28	10:30-11:15 AM	Th
RP6053.605	Thunder Hill ES	Jan 28	6:30-7:15 PM	Th
RP6053.606	Meadowbrook Ath Comp	Jan 29	10:30-11:15 AM	F
RP6053.607	Meadowbrook Ath Comp	Jan 29	1:30-2:15 PM	F
RP6053.608	Dayton Oaks ES	Jan 30	10:30-11:15 AM	Sa
RP6053.609	Northfield ES	Jan 30	2:30-3:15 PM	Sa

Columbia Baseball Fest

4-14 yrs / Mar 19 / Free

Come prepare for spring with the 4th annual Columbia Baseball Fest! This exciting event features a visit from the Baltimore Oriole Bird, free baseball player clinic put on by the Baseball Factory, baseball equipment sales, and on-site program registration. Bring a glove, all other equipment is provided.

RP5990.703 Long Reach HS 10 AM-2 PM Sa

Columbia Baseball Winter Indoor Clinic

6-14 yrs / 4 classes starting Feb 14 / \$83

Take advantage of this player clinic and prepare for the spring season. Work on defense, hitting, pitching and catching. Instruction provided by Columbia Baseball League coaches, Howard County high school coaches, and high school and college players. Players divided into groups based on ability/age.

RP5990.601	6-8 yrs	Long Reach HS	9-10:30 AM	Su
RP5990.602	9-10 yrs	Long Reach HS	10:45 AM-12:15 PM	Su
RP5990.603	11-14 yrs	Long Reach HS	12:30-2 PM	Su

Baseball Winter Tune-Up with Casey Medairy

8-15 yrs / 4 classes starting Jan 10 / \$110

Move indoors from the cold to develop and improve hitting, pitching and fielding skills. This program focuses on positional breakdown, fundamentals of defensive fielding and hitting, and some base running. Instruction is led by Hammond High School varsity coach Casey Medairy. Players are divided into groups based on ability and age.

RP6055.601 Hammond HS 10 AM-noon Su

Pre-K & Youth Leagues

Columbia Baseball League - Spring flickr

4-14 yrs / 8 wks, start dates & prices below

This exciting league features tee ball, in-house baseball, and teams for 11-12, 13-14 age groups that play in the HC Alliance League with surrounding organizations. The tee ball and in-house baseball leagues consist of a weeknight practice and one Saturday or Sunday game per week. Bring your glove; all other equipment is provided. Head coaches have baseball-specific training and are ASEP certified. Volunteer coaches welcome. Fee includes shirt and hat. Practice locations and schedules: TBD. Practices and games are held at Columbia schools and parks. Registration deadline: March 31.

Tee Ball / Apr 5 / 9 AM-4 PM / \$125

RP5990.701	4 yrs	Su	RP5990.702	5-6 yrs	Su
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Baseball / Apr 4 / 9 AM-4 PM / \$135

RP5990.711	6-8 yrs	Sa	RP5990.731	11-12 yrs	Sa
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RP5990.721	9-10 yrs	Sa	RP5990.741	13-14 yrs	Sa
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Western Howard County Youth Baseball & Softball League (WHCYBSL)

5-18 yrs / Dates & prices at www.whcsports.com

WHCYBSL provides tee ball, baseball and softball leagues to families in Western Howard County and Clarksville. Howard County Recreation & Parks provides administrative services to WHCYBSL. Game locations are on western Howard County park fields; the home site is Western Regional Park. Practice locations are on western Howard County school fields. Info or program flier: www.whcsports.com.

RP5981 Tee Ball or Baseball

RP5982 Softball



When it's cold outside, come indoors and shoot some hoops!

Basketball

Pre-K & Youth Instruction

Little Tykes Hoops Basketball

3-4 yrs / 6 classes, start dates below / \$75

Having fun is sure to be a slam dunk! Children learn beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6086.601	Gary J Arthur Comm Ctr	Jan 25	12:30-1:15 PM	M
RP6086.602	Gary J Arthur Comm Ctr	Jan 26	1:30-2:15 PM	Tu
RP6086.603	N Laurel Comm Ctr	Jan 26	6-6:45 PM	Tu
RP6086.604	Cradlerock ES	Jan 27	5:30-6:15 PM	W
RP6086.605	Meadowbrook Ath Comp	Jan 28	9:30-10:15 AM	Th
RP6086.606	Gary J Arthur Comm Ctr	Jan 28	11:30 AM-12:15 PM	Th
RP6086.607	N Laurel Comm Ctr	Jan 29	11:30 AM-12:15 PM	F
RP6086.608	Gorman Crossing ES	Jan 30	1:30-2:15 PM	Sa

Kiddie Basketball

5-7 yrs / 6 or 8 classes, start dates & prices below & next column

Learn basketball in this introductory clinic. Work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 2/4, 2/8, 2/15.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 mins / 8 classes / \$60

RP6080.601	Meadowbrook Ath Comp	Jan 21	5:05-6 PM	Th
RP6080.602	N Laurel Comm Ctr	Jan 21	5:05-6 PM	Th

60 mins / 6 classes / \$47

RP6080.603	Clarksville ES	Jan 25	5-6 PM	M
RP6080.604	Centennial Lane ES	Jan 25	4:25-5:25 PM	M
RP6080.605	Lisbon ES	Jan 25	4:20-5:20 PM	M

60 mins / 8 classes / \$63

RP6080.606	Hollifield Station ES	Jan 19	4:25-5:25 PM	Tu
RP6080.607	St. John's Lane ES	Jan 19	4:25-5:25 PM	Tu
RP6080.608	Cradlerock ES	Jan 26	3:55-4:55 PM	Tu
RP6080.609	Running Brook ES	Jan 26	5-6 PM	Tu
RP6080.610	Bollman Bridge ES	Jan 21	4:15-5:15 PM	Th
RP6080.611	Rockburn ES	Jan 20	4:30-5:30 PM	W

RP6080.612	Fulton ES	Jan 20	5-6 PM	W
RP6080.613	Jeffers Hill ES	Jan 20	4:40-5:40 PM	W
RP6080.614	Elkridge ES	Jan 21	5-6 PM	Th
RP6080.615	Waterloo ES	Jan 21	5-6 PM	Th
RP6080.616	Manor Woods ES	Jan 21	4:25-5:25 PM	Th

Instructional Basketball League (IBL)

6-10 yrs / 8 wks starting Jan 23 / \$76

Program designed for first-time players or those wanting to improve their fundamentals. Cover basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Register by location. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6-7 yrs / Beginner

RP6082.601	Atholton ES	9-10 AM	Sa
RP6082.602	Bollman Bridge ES	9-10 AM	Sa
RP6082.603	Centennial Lane ES	9-10 AM	Sa
RP6082.604	Clemens Crossing ES	9-10 AM	Sa
RP6082.605	Jeffers Hill ES	9-10 AM	Sa
RP6082.606	Waterloo ES	9-10 AM	Sa

7 yrs / Advanced - 9½ yrs Beginner

RP6083.601	Atholton ES	10:15-11:15 AM	Sa
RP6083.602	Bollman Bridge ES	10:15-11:15 AM	Sa
RP6083.603	Centennial Lane ES	10:15-11:15 AM	Sa
RP6083.604	Clemens Crossing ES	10:15-11:15 AM	Sa
RP6083.605	Jeffers Hill ES	10:15-11:15 AM	Sa
RP6083.606	Waterloo ES	10:15-11:15 AM	Sa

8½ yrs Advanced - 10 yrs

RP6084.601	Atholton ES	11:30 AM-12:30 PM	Sa
RP6084.602	Bollman Bridge ES	11:30 AM-12:30 PM	Sa
RP6084.603	Centennial Lane ES	11:30 AM-12:30 PM	Sa
RP6084.604	Clemens Crossing ES	11:30 AM-12:30 PM	Sa
RP6084.605	Jeffers Hill ES	11:30 AM-12:30 PM	Sa
RP6084.606	Waterloo ES	11:30 AM-12:30 PM	Sa

After-School Basketball

8-10 yrs / 6 or 8 classes, start dates & prices below

School's over and it's time to play some basketball. In this once-a-week clinic, boys and girls learn and develop fundamental skills including dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 2/4, 2/8, 2/15.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 mins / 8 classes / \$60

RP6081.601	Meadowbrook Ath Comp	Jan 21	4:10-5:05 PM	Th
RP6081.613	N Laurel Comm Ctr	Jan 21	4:10-5:05 PM	Th

60 mins / 6 classes / \$47

RP6081.602	Clarksville ES	Jan 25	3:55-4:55 PM	M
RP6081.603	Centennial Lane ES	Jan 25	3:20-4:20 PM	M
RP6081.604	Lisbon ES	Jan 25	3:15-4:15 PM	M

60 mins / 8 classes / \$63

RP6081.605	Hollifield Station ES	Jan 19	3:20-4:20 PM	Tu
RP6081.606	St. John's Lane ES	Jan 19	3:20-4:20 PM	Tu
RP6081.607	Cradlerock ES	Jan 19	2:50-3:50 PM	Tu
RP6081.608	Running Brook ES	Jan 26	4-5 PM	Tu
RP6081.609	Bollman Bridge ES	Jan 21	3:10-4:10 PM	Th
RP6081.610	Rockburn ES	Jan 20	3:25-4:25 PM	W
RP6081.611	Fulton ES	Jan 20	4-5 PM	W
RP6081.612	Jeffers Hill ES	Jan 20	3:35-4:35 PM	W
RP6081.614	Elkridge ES	Jan 21	4-5 PM	Th
RP6081.615	Waterloo ES	Jan 21	4-5 PM	Th
RP6081.616	Manor Woods ES	Jan 21	3:20-4:20 PM	Th

Super Hoops with Chuck Nagle

8-13 yrs / 6 classes starting Feb 7 / \$72

Girls and boys, enjoy advancing your basic skills and fundamentals through various drills and exercises. Emphasis is on dribbling, passing, shooting, offensive and defensive positioning and teamwork. Basic basketball knowledge and some playing experience preferred. Bring a water bottle. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6085.601	8-10 yrs	Hammond HS	1:30-3 PM	Su
RP6085.611	11-13 yrs	Hammond HS	3:15-4:45 PM	Su

Meadowbrook School's Out Basketball Camp

9-14 yrs / Dates below / \$57

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

RP7020.601	Jan 18	8:30 AM-5 PM	M
RP7020.602	Feb 5	8:30 AM-5 PM	F
RP7020.603	Feb 8	8:30 AM-5 PM	M
RP7020.604	Feb 15	8:30 AM-5 PM	M
RP7020.605	Mar 25	8:30 AM-5 PM	F

Youth Leagues

Youth Basketball League (YBL) flickr

5-14 yrs / Winter & Spring Seasons

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Info: www.howardcountymd.gov/basketball.htm. Teams from established organizations may be eligible to participate. Info/volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Winter Season

5-8 yrs / 8 games, practices start Jan 9

\$82; *\$52, head coach's child

One-hour games are on Saturdays between 8 AM-1 PM starting January 16. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline is December 25. Info/volunteer to coach: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

9-14 yrs / 7 games, practices start Dec 14

\$130; *\$65, head coach's child

One-hour, full-court, officiated games are on Friday evenings or Saturdays and the season ends with a single-elimination tournament. Specific details on practice and game times/locations are communicated after the preseason skills assessment on December 2, 3, or 9. Registration deadline is November



Enjoy fun and competitive games in the Youth Basketball League!

27. (The girls' divisions have the option of transferring to the co-ed division if there are not enough players for four teams per age division.) The 9-10 division's transitional clinic is on December 12.

Meadowbrook Ath Comp, N Laurel & Roger Carter Comm Ctrs & HCPSS schools

RP5600.601	5-6 yrs	Co-ed	RP6184.611	11-12 yrs	Co-ed
RP5600.611*	5-6 yrs	Co-ed	RP6184.612	11-12 yrs	Girls
RP5600.602	7-8 yrs	Co-ed	RP6184.613*	11-12 yrs	
RP5600.612*	7-8 yrs	Co-ed	RP6184.621	13-14 yrs	Co-ed
RP6184.601	9-10 yrs	Co-ed	RP6184.622	13-14 yrs	Girls
RP6184.602	9-10 yrs	Girls	RP6184.623*	13-14 yrs	
RP6184.603*	9-10 yrs				

Spring Season

9-14 yrs / 6 games, practices start Apr 4

\$130; *\$65, head coach's child

One-hour, full-court, officiated games are on Friday starting between 6-9 PM and the season ends with a single-elimination tournament. Specific details on practice and game times/locations are communicated after the preseason skills assessment on March 22, 23 or 24. Registration deadline is March 18. (The girls' divisions have the option of transferring to the co-ed division if there are not enough players for four teams per age division.)

Meadowbrook Ath Comp, N Laurel & Roger Carter Comm Ctrs & HCPSS Schools

RP6184.701	9-10 yrs	Co-ed	RP6184.713*	11-12 yrs	
RP6184.702	9-10 yrs	Girls	RP6184.721	13-14 yrs	Co-ed
RP6184.703*	9-10 yrs		RP6184.722	13-14 yrs	Girls
RP6184.711	11-12 yrs	Co-ed	RP6184.723*	13-14 yrs	
RP6184.712	11-12 yrs	Girls			

Boys & Girls High School Basketball

Winter League

Grades 9-12 / 6 games starting Jan 16 / \$75

Bring your basketball skills to the MAC for this exciting league! Players who did not have the opportunity or time to commit to their high school teams play in competitive league games. Players register as individuals and the league staff forms teams and assigns coaches. The league ends with a single-elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment on January 9. Registration deadline is January 6. Info/volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

RP6403.601	Boys	Sa	RP6403.602	Girls	Sa
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



Can any team knock off the Zillas in the men's league?

Adult Leagues (18 yrs +)

• League Refund Policy *Page 68*

Drop-In Co-Rec Basketball

18 yrs + / 10 wks, start dates below / \$44

Join other athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (page 9) if you are interested in playing more than once per week. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs +

RP6900.601	Rockburn ES	Jan 4	8-10 PM	M
RP6900.602	Meadowbrook Ath Comp	Jan 6	9-11 PM	W

30 yrs +

RP6900.611	Bonnie Branch MS	Jan 4	8-10 PM	M
RP6900.612	Bonnie Branch MS	Jan 7	8-10 PM	Th
RP6900.613	Lime Kiln MS	Jan 5	8-10 PM	Tu
RP6900.614	Lime Kiln MS	Jan 7	8-10 PM	Th
RP6900.615	Lisbon ES	Jan 5	8-10 PM	Tu

Winter & Spring League Basketball **flickr**

18 yrs + / League lengths, start dates & prices below & next column

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Athletic Complex, North Laurel and Roger Carter Community Centers. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov or www.hcrpsports.com/basketball.htm.

Men's Winter League Basketball

8 wks, start dates below / \$600

Register by December 11. Register by December 4 to receive a 5% discount.

RP5080.601	Jan 12	8-10 PM	Tu	
RP5080.602	Jan 12	8-10 PM	Tu	30 yrs +
RP5080.603	Jan 13	8-10 PM	W	
RP5080.604	Jan 14	8-10 PM	Th	

Women's Winter League Basketball

8 wks starting Jan 14 / \$600

Register by December 12. Register by December 5 to receive a 5% discount.

RP5080.605 8-10 PM Th

Co-Rec Winter League Basketball

8 wks starting Jan 13 / \$600

Register by December 12. Register by December 5 to receive a 5% discount.

RP5080.606 8-10 PM W

Men's Spring League Basketball

6 wks, start dates below / \$475

Register by March 18.

RP5080.701	Apr 5	8-10 PM	Tu	
RP5080.702	Apr 5	8-10 PM	Tu	30 yrs +
RP5080.703	Apr 6	8-10 PM	W	
RP5080.704	Apr 7	8-10 PM	Th	

Women's Spring League Basketball

6 wks starting Apr 7 / \$475

Register by March 20.

RP5080.705 8-10 PM Th

Winter Classic 3 on 3 Basketball Tournament 18 yrs + / Dec 12 / \$105

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday. Teams provide uniforms. Fee includes four-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5605.601 Roger Carter Comm Ctr 8 AM-4:30 PM Sa

Coaching Instruction

Coaching Youth Sports

16 yrs + / Dates below / \$27

Come become a more effective coach. This clinic includes discussion and exercises on coaching outlook, sending positive, consistent messages, teaching sport skills, planning practices, managing risk and creating a safe environment. Complete the one-night course and pass a written exam to receive an American Sport Education Program (ASEP) Coaching Certificate. Youth sports associations nationwide endorse ASEP. Fee includes one sport-specific book on baseball, basketball, football, gymnastics, hockey, lacrosse, soccer, softball, swimming, tennis, volleyball or wrestling; indicate choice when registering. Info: Will Dunmore, 410-313-1697.

Rec & Parks HQ / 7-10 PM

RP6990.506	Dec 9	W	RP6990.603	Mar 7	M
RP6990.601	Jan 6	W	RP6990.604	Mar 24	Th
RP6990.602	Feb 4	Th			

Cricket

• Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

Adult Cricket League **flickr** – 2016 Spring Season

18 yrs + / 10 wks starting in Apr / \$300 (team registration only)

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Recreation & Parks is expanding the areas only organized adult cricket league. A complete spring and fall season are offered. Balanced divisions are formed to compete in a "friendly" regular

season followed by a single-elimination tournament to determine the 2016 spring league champion. Games are played at Schooley Mill Park and Murray Hill Middle School on Saturdays and Sundays (balanced, rotating schedule), any time between 8 AM-6 PM. Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use – any manufacture is eligible. Registration deadline is March 18 (or until the league is full).

Murray Hill MS & Schooley Mill Pk
RP5975.701 8 AM-6 PM Sa & Su

Dodgeball

After-School Dodgeball

7-10 yrs / 6 or 8 classes, start dates & prices below

This is a great way for all ability levels to stay active, be a part of a team and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 2/1, 2/4, 2/8, 2/15.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6 classes / \$47

RP6200.601	Gorman Crossing ES	Jan 25	4-5 PM	M
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8 classes / \$63

RP6200.602	Fulton ES	Jan 19	4-5 PM	Tu
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RP6200.603	Elkridge ES	Jan 20	4-5 PM	W
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RP6200.604	Cradlerock ES	Jan 21	2:50-3:50 PM	Th
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Winter Dodgeball League

18 yrs + / 8 wks starting Jan 7 / \$280

Join the dodgeball craze! Anyone can play, no particular skill set required, enthusiasm and teamwork are key. Rosters consist of a maximum of 12 players per team. Games are 6 vs. 6, with two females on the court at all times. Teams compete in regular season games with a postseason tournament at the conclusion of the season. For official rules, visit www.hcrpsports.com. Team registration deadline: December 10. Registration is on a first-come, first-served basis. Fee includes balls, awards, playoff officials and league administration. Each team is responsible for paying for one of the two game officials (\$20) on-site each week. See page 68 for league refund policy. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

RP5835.601	County Schools	8-10 PM	Th
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Fencing

Fencing with the Baltimore Fencing Center

8-12 yrs / 10 classes starting Jan 14 / \$110

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning-fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport based on the serious swordplay of the past. Instructors use traditional drilling techniques and games to help students learn basic footwork, bladework and bouting skills. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP8840.601	Baltimore Fencing Ctr in Columbia	6-7 PM	Th
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Move indoors for field hockey fun!

Field Hockey

• Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Spring Instructional Field Hockey

6-14 yrs / 6 classes starting Apr 7 / \$89

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Bring a reusable water bottle. Mouth guard, stick and shin guards are required.

RP5266.701	6-10 yrs	Cedar Lane Pk West	5:30-7 PM	Th
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RP5260.701	10 ½-14 yrs	Cedar Lane Pk West	5:30-7 PM	Th
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Middle School Indoor Field Hockey Clinic

10-14 yrs / 6 classes starting Jan 17 / \$87

Do you love the game of field hockey? Indoor field hockey is a variant of “traditional” outdoor field hockey. The small court and sideboards make indoor field hockey a quick and technical game. This clinic provides all the basic fundamentals of indoor play. Players, develop vision on and off the ball, improve hand-eye coordination, ball handling and stick skills and gain a better understanding of tactics and set plays. Scrimmages are incorporated. Instructors are varsity field hockey coaches and players. Please bring a reusable water bottle. Mouth guard, indoor stick and shin guards are required. Outdoor sticks are not permitted. Fee includes t-shirt, supplies and administration.

RP5260.601	Meadowbrook Ath Comp	1-2:30 PM	Su
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RP5260.602	Meadowbrook Ath Comp	2:30-4 PM	Su
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

Fitness

Beginner Strength Training

13-16 yrs / 8 classes, start dates below / \$99

Learn the basics of safe resistance training and the proper nutritional guidelines to strengthen and build muscle. This weight training class is designed for beginners looking to learn the most beneficial lifts, techniques, and rep ranges. Lifts include compound movements such as squats, presses, and rows, as well as isolation movements such as curls, pullovers, and leg extensions. Small classes consisting of 4-8 participants allow instructors to focus on each individual. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP8567.601	Roger Carter Comm Ctr	Jan 19	6-7 PM	Tu
RP8567.602	N Laurel Comm Ctr	Jan 20	6-7 PM	W

Floor Hockey

- Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.
- Shin guards are recommended.

Kiddie Floor Hockey

5-7 yrs / 6 or 8 classes, start dates & prices below

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. (No class 2/4, 2/8, 2/15.)

6 classes / \$47

RP6265.601	Fulton ES	Jan 25	5-6 PM	M
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8 classes / \$63

RP6265.603	Atholton ES	Jan 20	5-6 PM	W
RP6265.604	Clarksville ES	Jan 21	5-6 PM	Th

After-School Floor Hockey

8-10 yrs / 6 or 8 classes, start dates & prices below

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. (No class 2/4, 2/8, 2/15.)

6 classes / \$47

RP6263.601	Fulton ES	Jan 25	4-5 PM	M
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8 classes / \$63

RP6263.603	Atholton ES	Jan 20	4-5 PM	W
RP6263.604	Clarksville ES	Jan 21	4-5 PM	Th

Football

- Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

Winter Flag Football on the Turf

5-15 yrs / 9 wks, start dates at right / \$120, *\$80 head coach's child

Boys and girls, play 50-minute games on a turf field inside. Novice to experienced players welcome. Scrimmages/games are non-contact 7-on-7. Practice and games are up to one hour, once a week, starting December 10. The first three weeks are clinics/practices. Games begin January 9. (No practices 12/24-1/1.) Volunteer head coaches needed. Head coach's child receives a discount and is guaranteed a spot on parent's team. (Coach's child



NFL Flag football is fast-paced and competitive!

should register for * section.) Fee includes t-shirt and medal. Registration deadline is January 4.

Volleyball/Soccer House in Elkridge

RP6305.601	5-6 yrs	Dec 10	5:30-7 PM	Th	Coach's child
RP6305.611	7-9 yrs	Dec 12	10 AM-1 PM	Sa	RP6305.602*
RP6305.621	9-12 yrs	Dec 12	1-4 PM	Sa	RP6305.612*
RP6305.631	11-15 yrs	Dec 10	7-9 PM	Th	RP6305.622*
					RP6305.632*

NFL Flag Football League flickr

5-15 yrs / 9 wks starting Apr 16 / \$105, *\$75 head coach's child

Boys and girls, come play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games are played on Saturdays at Hollifield ES beginning April 16. Games are one hour, between 8:30 AM-5 PM. The Department forms teams. The 15 year olds are on a team draft; special requests not guaranteed. Fee includes team shirt and participation award. Coaches contact participants regarding practice day/time one week before practice begins. Head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Season ends with county tournament for 15-year-old participants.

5-6 yrs

This is a Saturday morning program only. No weeknight practices.

RP6300.701	RP6300.702*
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7-15 yrs

Practices are one hour, once a week on a weeknight, starting at least one week before games begins. Register by practice location.

Columbia

RP6300.711	7-9 yrs	RP6300.712*	7-9 yrs
RP6300.721	10-12 yrs	RP6300.722*	10-12 yrs
RP6300.731	13-15 yrs	RP6300.732*	13-15 yrs

Dayton Oaks

RP6300.713	7-9 yrs	RP6300.714*	7-9 yrs
RP6300.723	10-12 yrs	RP6300.724*	10-12 yrs
RP6300.733	13-15 yrs	RP6300.734*	13-15 yrs

Elkridge

RP6300.717	7-9 yrs	RP6300.718*	7-9 yrs
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Ellicott City

RP6300.715	7-9 yrs	RP6300.716*	7-9 yrs
RP6300.725	10-12 yrs	RP6300.726*	10-12 yrs
RP6300.735	13-15 yrs	RP6300.736*	13-15 yrs

Adult Leagues (18 yrs +)

- Teams are responsible for referee fee (paid on-site) to referee crew at each game (regular season only).
- No forfeit bond is collected. If a team forfeits, the team must pay the referees for the forfeited game prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund.
- All teams qualify for playoffs.
- Team managers are updated with a league packet one week prior to start of games.
- Two divisions are not guaranteed when making league schedules.

Spring Co-Rec Football League

18 yrs + / 8 wks + playoffs starting Mar 29 / \$300 per team

Enjoy this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Register by March 1. Rules: www.howardcountymd.gov/football.htm. (\$34 referee fee; \$68 forfeit fee.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP5301.701	A Division	County Parks (Turf fields)	6-10:30 PM	Tu
RP5301.702	B Division	County Parks (Turf fields)	6-10:30 PM	Tu

Spring Men's Run & Shoot Football League

18 yrs + / 8 wks + playoffs starting Mar 13 / \$300 per team

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play eight on defense and five on offense. Fee includes a eight-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Register by February 22. (\$51 referee fee \$102 forfeit fee.) Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

RP5300.701	A Division	County Parks (Turf fields)	8 AM-2 PM	Su
RP5300.702	B Division	County Parks (Turf fields)	8 AM-2 PM	Su

Golf

• Info: 410-313-4637.

Backyard Golf - Indoors!

4-8 yrs / 5 classes, start dates below / \$68

Join us for an exciting introduction into the world of golf. This program contains all the elements of golf but in a modified form, making it an easy and fun way to learn and play golf. The system builds on strong fundamentals of putting, chipping, pitching and full swing to develop playing ability quickly and effectively. All SNAG golf equipment is provided. Parent volunteers are encouraged to participate.

Meadowbrook Ath Comp

RP6319.601	4-5 yrs	Jan 20	4:30-5:30 PM	W
RP6319.602	6-8 yrs	Jan 21	4:30-5:30 PM	Th

Junior Golf Spring Break Camp

7-14 yrs / 3 days starting Mar 28 / \$95

Learn the fundamentals of how to play the game, including the swing, basic rules and etiquette. Play on the course the last day. No equipment or experience necessary.

RP7324.701	Timbers at Troy Golf Course	8:30-11 AM	M-W
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Gymnastics

• Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

Parent/Child Gymnastics

1½-3½ yrs / 6 classes, start dates below / \$99

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking.

Columbia Gymnastics

RP6351.601	Jan 7	10-10:45 AM	Th
RP6351.602	Jan 8	10-10:45 AM	F
RP6351.603	Feb 25	10-10:45 AM	Th
RP6351.604	Feb 26	10-10:45 AM	F

Preschool Gymnastics

3-5 yrs / 6 classes, start dates below / \$99

In this introduction to gymnastics, boys and girls develop strength coordination and locomotor movement, listening skills, and cooperation. Participants use various types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers and pull-ups are not allowed.

Columbia Gymnastics

RP6352.601	Jan 4	5-5:45 PM	M
RP6352.602	Jan 5	1:45-2:30 PM	Tu
RP6352.603	Jan 5	2:30-3:15 PM	Tu
RP6352.604	Jan 5	4:30-5:15 PM	Tu
RP6352.605	Jan 6	9:15-10 AM	W
RP6352.606	Jan 6	1-1:45 PM	W
RP6352.607	Jan 6	1:45-2:30 PM	W
RP6352.608	Jan 6	2:30-3:15 PM	W
RP6352.609	Jan 6	4:30-5:15 PM	W
RP6352.610	Jan 7	9:15-10 AM	Th
RP6352.611	Jan 7	10:45-11:30 AM	Th
RP6352.612	Jan 7	2-2:45 PM	Th
RP6352.613	Jan 7	2:45-3:30 PM	Th
RP6352.614	Jan 8	9:15-10 AM	F
RP6352.615	Jan 8	10:45-11:30 AM	F
RP6352.616	Jan 9	Noon-12:45 PM	Sa
RP6352.617	Feb 22	5-5:45 PM	M
RP6352.618	Feb 23	1:45-2:30 PM	Tu
RP6352.619	Feb 23	2:30-3:15 PM	Tu
RP6352.620	Feb 23	4:30-5:15 PM	Tu
RP6352.621	Feb 24	9:15-10 AM	W
RP6352.622	Feb 24	1-1:45 PM	W
RP6352.623	Feb 24	1:45-2:30 PM	W
RP6352.624	Feb 24	2:30-3:15 PM	W
RP6352.625	Feb 24	4:30-5:15 PM	W
RP6352.626	Feb 25	9:15-10 AM	Th
RP6352.627	Feb 25	10:45-11:30 AM	Th
RP6352.628	Feb 25	2-2:45 PM	Th
RP6352.629	Feb 25	2:45-3:30 PM	Th
RP6352.630	Feb 26	9:15-10 AM	F
RP6352.631	Feb 26	10:45-11:30 AM	F
RP6352.632	Feb 27	Noon-12:45 PM	Sa

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



Learn to twist and bend in our gymnastics classes.

Beginning Gymnastics

6-12 yrs / 6 classes, start dates below / \$99

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Participants begin to develop confidence, fitness, strength and flexibility in a fun, supportive environment.

Boys / Columbia Gymnastics

RP6353.601	Jan 7	6:30-7:30 PM	Th
RP6353.602	Feb 25	6:30-7:30 PM	Th

Girls / Columbia Gymnastics

RP6353.611	Jan 5	4:30-5:30 PM	Tu
RP6353.612	Jan 7	6:30-7:30 PM	Th
RP6353.613	Jan 8	6:30-7:30 PM	F
RP6353.614	Jan 9	11:45 AM-12:45 PM	Sa
RP6353.615	Feb 23	4:30-5:30 PM	Tu
RP6353.616	Feb 25	6:30-7:30 PM	Th
RP6353.617	Feb 26	6:30-7:30 PM	F
RP6353.618	Feb 27	11:45 AM-12:45 PM	Sa

Jump Rope

Youth

• Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

Junior Jumpers with Kangaroo Kids

6-14 yrs / 12 classes, start dates below / \$172

This beginning jump rope class is all about fun and fitness. Learn basic single rope, Double Dutch and long rope skills. Jump rope fee is \$7 for first time participants due at first class. Returning jumpers should bring their beaded jump ropes.

Meadowbrook Ath Comp

RP6361.601	Jan 5	4:25-5:25 PM	Tu
RP6361.602	Jan 5	5:30-6:30 PM	Tu
RP6361.603	Jan 6	4:25-5:25 PM	W
RP6361.604	Jan 6	5:30-6:30 PM	W

Intermediate Jumpers with Kangaroo Kids

6-16 yrs / 12 classes, start dates below / \$172

Build on basic single and long rope skills and introduction to precision group routines. Prerequisite: Minimum two sessions of *Junior Jumpers* and/or coach's approval.

Meadowbrook Ath Comp

RP6363.601	Jan 5	4:25-5:25 PM	Tu
RP6363.602	Jan 5	5:30-6:30 PM	Tu
RP6363.603	Jan 6	4:25-5:25 PM	W

Preparation to Perform with Kangaroo Kids

8-16 yrs / 12 classes, start dates below / \$172

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills.

No performing requirements. Prerequisite: Minimum two sessions of *Intermediate Jumpers* and/or coach's approval.

Meadowbrook Ath Comp

RP6364.601	Jan 5	4:25-5:25 PM	Tu
RP6364.602	Jan 6	5:30-6:30 PM	W

Kickball

• Info: Patrick McGinnis, 410-313-4716.

Spring Co-Rec Kickball League

18 yrs + / 10 wks, start dates below / \$455

Here's your chance to leave the office and return to the playground! Anyone can play, no particular skill-set required besides enthusiasm and teamwork. Games are played as doubleheaders for a minimum of 16 games. Every team is eligible for a postseason tournament. Teams can have up to 16 players per roster. League fee includes umpires, balls, awards, league administration and field use. Games are played at county parks. For league rules/info, visit www.eteamz.com/hcrpsports. Registration is on a first-come, first-served basis; don't be left out of the fun! Register by March 29.

RP5830.701	Apr 13	6-10 PM	W
RP5830.702	Apr 17	5-10 PM	Su

Lacrosse

Pre-K & Youth

• Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov (unless listed in description).

Mighty LAXers Lacrosse

3-4 yrs / 6 classes, start dates below / \$75

Calling all Little LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age-appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6972.601	N Laurel Comm Ctr	Jan 26	9:30-10:15 AM	Tu
RP6972.602	Phelps Luck ES	Jan 26	5:30-6:15 PM	Tu
RP6972.603	Meadowbrook Ath Comp	Jan 27	10:30-11:15 AM	W
RP6972.604	Gary J Arthur Comm Ctr	Jan 27	11:30 AM-12:15 PM	W
RP6972.605	N Laurel Comm Ctr	Jan 28	12:30-1:15 PM	Th
RP6972.606	Meadowbrook Ath Comp	Jan 28	1:30-2:15 PM	Th
RP6972.607	Ducketts Lane ES	Jan 30	9:30-10:15 AM	Sa
RP6972.608	Northfield ES	Jan 30	1:30-2:15 PM	Sa



Jump rope with Kangaroo Kids!

Lacrosse Introduction - Boys and Girls

5-10 yrs / 6 classes starting Jan 17 / \$80

First-time players or those wanting to improve skills focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eyewear for girls (mandated by U.S. Lacrosse).

Meadowbrook Ath Comp

Boys	Girls			
RP6505.601	RP6506.601	5-6 yrs	9-10 AM	Su
RP6505.602	RP6506.602	7-8 yrs	10-11 AM	Su
RP6505.603	RP6506.603	9-10 yrs	11 AM-noon	Su

Lacrosse Winter Tune-Up - Boys and Girls

10-17 yrs / 6 classes starting Jan 17 / \$85

Get ready for the spring season! Improve stick work, shooting, ground ball skills and conditioning. Have fun while working on all aspects of your game. Players must provide equipment.

Meadowbrook Ath Comp

Boys	Girls			
RP6504.601	RP6503.601	10-13 yrs	9-10:15 AM	Su
RP6504.602	RP6503.602	14-17 yrs	10:15-11:30 AM	Su

Middle School Lacrosse

Grades 6-8 / 6 classes starting Jan 7 / \$85

Fast-paced, fun-filled indoor lacrosse designed to fine-tune players' skills for the upcoming spring season! Sessions include instruction followed by games. Players must provide equipment.

RP6501.601	Girls	Gary J Arthur Comm Ctr	6-7:15 PM	Th
RP6501.602	Boys	Gary J Arthur Comm Ctr	7:30-8:45 PM	Th

Martial Arts

• Info: Amanda Bartell, 410-313-1694 or
abartell@howardcountymd.gov.

Youth

TKA Karate

5-12 yrs / Class lengths, start dates & prices below

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 1/18, 2/15.)

8 classes / \$44

RP8730.601	Gary J Arthur Comm Ctr	Jan 11	6:30-7:30 PM	M
RP8730.602	Oakland Mills MS	Jan 11	7-8 PM	M

10 classes / \$55

RP8730.603	Worthington ES	Jan 12	7-8 PM	Tu
RP8730.605	Longfellow ES	Jan 12	7-8 PM	Tu
RP8730.606	Beginner Fulton ES	Jan 13	6-7 PM	W
RP8730.616	Intermediate Fulton ES	Jan 13	7-8 PM	W
RP8730.607	Northfield ES	Jan 13	7-8 PM	W
RP8730.608	Beginner Rockburn ES	Jan 13	6-7 PM	W
RP8730.609	Intermediate Rockburn ES	Jan 13	7-8 PM	W

9 classes / \$50

RP8730.610	Gorman Crossing ES	Jan 14	7-8 PM	Th
RP8730.611	Manor Woods ES	Jan 14	7-8 PM	Th
RP8730.612	Pointers Run ES	Jan 14	7-8 PM	Th

D & S Karate with Seth Ismart

6-13 yrs / Class lengths, start dates & prices below

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 1/18, 2/15.)

8 classes / \$43

RP8710.601	N Laurel Comm Ctr	Jan 11	7-8 PM	M
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10 classes / \$54

RP8710.602	Hammond ES	Jan 13	7-8 PM	W
RP8710.603	Centennial Lane ES	Jan 14	7-8 PM	Th

Kuk Sool Won with Darren Fulmore

6 yrs + / 20 classes starting Jan 12 / Prices below

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques—which consist of kicking, punching, martial acrobatics and self-defense techniques—into a beautiful and dynamic hard/soft style focusing on discipline and respect.

N Laurel Comm Ctr

RP8760.601	Beginner	6:30-7:30 PM	Tu & Th	\$125
RP8760.602	Advanced	7:30-8:30 PM	Tu & Th	\$139

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



Adults (13 yrs +)

Shotokan Karate with Steve Morris

13 yrs + / 10 classes, start dates below / \$65

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and takedowns. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years.

Roger Carter Comm Ctr

RP8791.601	Jan 14	7-8 PM	Th
RP8791.602	Jan 14	8:05-9:05 PM	Th
RP8791.603	Jan 16	10-11 AM	Sa
RP8791.604	Jan 16	11:05 AM-12:05 PM	Sa

TKA Karate

13 yrs + / Class lengths, start dates & prices below

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 1/18, 2/15.)

8 classes / \$55

RP8731.601	Gary J Arthur Comm Ctr	Jan 11	7:30-9 PM	M
RP8731.602	Oakland Mills MS	Jan 13	8-9:30 PM	W

10 classes / \$68

RP8731.603	Worthington ES	Jan 12	8-9:30 PM	Tu
RP8731.605	Longfellow ES	Jan 12	8-9:30 PM	Tu
RP8731.606	Fulton ES	Jan 13	8-9:30 PM	W
RP8731.607	Northfield ES	Jan 13	8-9:30 PM	W
RP8731.608	Rockburn ES	Jan 13	8-9:30 PM	W

9 classes / \$61

RP8731.609	Gorman Crossing ES	Jan 14	8-9:30 PM	Th
RP8731.610	Manor Woods ES	Jan 14	8-9:30 PM	Th
RP8731.611	Pointers Run ES	Jan 14	8-9:30 PM	Th

Aikido with Ki

by Russ Dauber, 4th Degree Black Belt

18 yrs + / 20 classes starting Jan 12 / \$57

Martial Art and Ki training, as taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. Classes develop the benefits of "keeping one point" and extending ki. Emphasis is on safety, knowledge and enjoyment.

RP8880.601	Waverly ES	7-9 PM	Tu & Th
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Tai Chi

18 yrs + / 10 classes, start dates below / \$77

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress.

Instructor: Tim Kwei

RP8850.601	Beginner	Dunloggin MS	Jan 13	7-8 PM	W
RP8850.602	Advanced	Dunloggin MS	Jan 13	8:05-9:05 PM	W

Instructor: Scott Vandame

RP8850.603	Beginner	Murray Hill MS	Jan 14	7-8 PM	Th
RP8850.604	Advanced	Murray Hill MS	Jan 14	8:05-9:05 PM	Th

Multi-Sport

Pre-K & Youth

Awesome Athletes, Amazing Artists

(Parent/Child) *Page 28*

Jump Bunch Kids by JumpBunch Kids, Inc.

2-5 yrs / 6 classes starting Jan 30 / \$75

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging, and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children enjoy using and exploring the child-friendly equipment provided by JumpBunch. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

St. John's Lane ES

RP6313.601	2-3 yrs	10-10:45 AM	Sa
RP6313.602	3-5 yrs	11-11:45 AM	Sa

MAC Pre-K Drop-In Play!

2-5 yrs / Continuous starting Jan 4 / \$4 (one child & adult), \$2 per additional child

This winter, drop-in play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required. (No drop-in 3/28-4/1.)

Info: Krista Billingsley at 410-313-1162 or

kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp 9:30 AM-noon M, W & F

Preschool Adventures *Page 27*

Little Big Shots

3-4 yrs / 6 classes, start dates below / \$75

This multi-sport program introduces basketball, tee ball, and soccer through exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6314.601	Gary J Arthur Comm Ctr	Jan 25	1:30-2:15 PM	M
RP6314.602	Gary J Arthur Comm Ctr	Jan 26	12:30-1:15 PM	Tu
RP6314.603	N Laurel Comm Ctr	Jan 26	5-5:45 PM	Tu
RP6314.604	Phelps Luck ES	Jan 26	6:30-7:15 PM	Tu
RP6314.605	Meadowbrook Ath Comp	Jan 27	9:30-10:15 AM	W
RP6314.606	Meadowbrook Ath Comp	Jan 28	12:30-1:15 PM	Th
RP6314.607	Thunder Hill ES	Jan 28	5:30-6:15 PM	Th
RP6314.608	Meadowbrook Ath Comp	Jan 29	9:30-10:15 AM	F
RP6314.609	N Laurel Comm Ctr	Jan 29	10:30-11:15 AM	F

Learn-N-Play Sports

3-5 yrs / 6 classes starting Jan 30 / \$75

Children experience a variety of age-appropriate sports activities that help them develop their large motor skills and socialization skills in a fun atmosphere! Each week we focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities.

Pointers Run ES

RP6970.601	9:30-10:15 AM	Sa
RP6970.602	10:30-11:15 AM	Sa

Little Big Wheelers

3-5 yrs / 6 classes, start dates below / \$65

Looking for a fun indoor activity during the cold weather months? Bring your children to the Meadowbrook Athletic Complex to experience the most fun possible on three wheels! Children have a blast on their Big Wheels trike as they ride around the courts in a fun-filled safe environment. The Meadowbrook staff provides Big Wheels trikes, instruction and leadership as your little Speed Racers enjoy obstacle courses, individual and team races and all ideas possible while they exercise on their trikes. Helmets are mandatory. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

RP6402.601	Jan 5	10-10:50 AM	Tu
RP6402.602	Jan 5	11-11:50 AM	Tu
RP6402.603	Jan 7	10-10:50 AM	Th
RP6402.604	Jan 7	11-11:50 AM	Th
RP6402.605	Feb 16	10-10:50 AM	Tu
RP6402.606	Feb 16	11-11:50 AM	Tu
RP6402.607	Feb 18	10-10:50 AM	Th
RP6402.608	Feb 18	11-11:50 AM	Th

After-School Recess

5-10 yrs / 8 classes, start dates below / \$105

Feel the excitement and get involved in some physical activities! Children participate in a number of activities including obstacle courses, relays, dodgeball, kickball, and field day games. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP6210.601	Jeffers Hill ES	Jan 26	3:40-4:40 PM	Tu
RP6210.602	Guilford ES	Jan 27	4-5 PM	W

Home School Gym Class

5-14 yrs / 12 classes starting Jan 6 / \$95

This is an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and all other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Activity groups based on age and ability. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

RP6405.601	5-10 yrs	11 AM-noon	W
RP6405.602	11-14 yrs	11 AM-noon	W

School's Out Junior Sports Camp

5-7 yrs / Dates in next column / \$34

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster



Learn one of several martial arts disciplines.

development of motor skills. Activities take place indoors.

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Roger Carter Comm Ctr

RP7008.601	Feb 5	8:30 AM-12:30 PM	F
RP7008.602	Feb 8	8:30 AM-12:30 PM	M
RP7008.603	Feb 15	8:30 AM-12:30 PM	M

Winter Mix Camp

5-13 yrs / 4 days starting Dec 28 / \$59, day; \$199, four days

One, two, three or four days of fun! Children participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games and special surprises. Campers follow an exciting daily rotation in which they select activities to build their own program. Campers rotate in age- and skill-appropriate groups. The focus is on having fun, staying fit, building character and boosting self-esteem. Camp is indoors. Children can be registered for one, two, three or all four days. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp / 8 AM-6 PM

RP6404.601	Dec 28	M	RP6404.604	Dec 31	Th
RP6404.602	Dec 29	Tu	RP6404.605	Dec 28-31	M-Th
RP6404.603	Dec 30	W			

School's Out Sports and Swim Camp

8-13 yrs / Dates below / \$60

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. There is swimming at Roger Carter so bring a bathing suit. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Roger Carter Comm Ctr

RP7007.601	Feb 5	8:30 AM-6 PM	F
RP7007.602	Feb 8	8:30 AM-6 PM	M
RP7007.603	Feb 15	8:30 AM-6 PM	M

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



We have fun classes for both beginner and advanced soccer players.

Ultimate Junior Sports & Games Spring Break Camp

5-7 yrs / 1 wk starting Mar 28 / \$96

This is a mini version of the Ultimate Sports & Games Spring Break Camp. Sports and games are adapted to the size and abilities of children, making learning fun and fostering development of motor skills. Curriculum includes themed days, fitness activities, team-building exercises, group games and more! Instructors are American Sport Education Program-certified coaches. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7002.701	Meadowbrook Ath Comp	9 AM-noon	M-F
RP7002.702	N Laurel Comm Ctr	9 AM-noon	M-F

Ultimate Sports & Games Spring Break Camp

8-13 yrs / 1 wk starting Mar 28 / \$149

Spend your spring break with us. Your child develops skills in basketball, flag football, kickball, lacrosse, touch rugby, Wiffle ball, soccer, kickball, tennis, disc games and much more in this coed camp. Campers rotate in age- and skill-appropriate groups. Have fun, stay fit, build character and boost self-esteem. Instructors are American Sport Education Program-certified coaches. Camp runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended camp option is available (RP7004). Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7001.701	Meadowbrook Ath Comp	9 AM-3 PM	M-F
RP7001.702	N Laurel Comm Ctr	9 AM-3 PM	M-F

Ultimate Sports & Games Extended Spring Break Camp

8-13 yrs / 1 wk starting Mar 28 / \$89

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in an Ultimate Sports & Games Spring Break Camp. Camp runs rain or shine. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7004.701	Meadowbrook Ath Comp	3-6 PM	M-F
RP7004.702	N Laurel Comm Ctr	3-6 PM	M-F

Planet Recreation Spring Break Camp

Grades K-5 / 1 wk starting Mar 28 / \$179

Need fun, exciting, and safe full-day child care for Spring Break? This camp is being offered at two of our finest recreational facilities. Campers participate in a variety of activities, including sports, fitness, arts and crafts, nature, games and special surprises. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the camp's schedule! The focus is on having fun, staying fit, building character and boosting self-esteem. Instructors are American Sport Education Program certified coaches. Schedule is subject to change; camp is held rain or shine. Fee includes bus or van transportation, supervision and activities and a morning and afternoon snack. Participants must currently be in grades K-5 in spring 2015.

An extended camp option is available (RP7005). Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov

RP7006.701	Roger Carter Comm Ctr	8:30 AM-3 PM	M-F
RP7006.702	N Laurel Comm Ctr	8:30 AM-3 PM	M-F

Planet Recreation Extended Spring Break Camp

8-13 yrs / 1 wk starting Mar 28 / \$89

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in an *Planet Recreation Spring Break Camp*. Camp runs rain or shine. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7005.701	Roger Carter Comm Ctr	3-6 PM	M-F
RP7005.702	N Laurel Comm Ctr	3-6 PM	M-F

Pickleball

Pickleball for All flickr

18 yrs + / 8 or 10 classes, start dates & prices below

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Learn to play this fun and exciting game for the first week and then put your skills to the test in games for the remaining classes. All necessary equipment is provided. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

8 classes / \$40

RP6835.601	Meadowbrook Ath Comp	Jan 11	1-3 PM	M
RP6835.602	Meadowbrook Ath Comp	Jan 13	1-3 PM	W
RP6835.603	Meadowbrook Ath Comp	Jan 15	1-3 PM	F

10 classes / \$50

RP6835.604	N Laurel Comm Ctr	Jan 12	Noon-2 PM	Tu
RP6835.605	N Laurel Comm Ctr	Jan 14	Noon-2 PM	Th

Running

Youth Distance Runners

Winter Indoor Training Program

7-18 yrs / 8 classes starting Jan 16 / \$75

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this indoor training program offering runner-specific training and conditioning. Add this program to your existing running schedule and transform yourself into the balanced runner and athlete. Each participant receives a t-shirt.

Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

RP6953.601	Meadowbrook Ath Comp	6:30-8 PM	Sa
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Soccer

Pre-K & Youth

U.K. Elite Petite Soccer

2-5 yrs / 6 classes, start dates below / \$105

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Meadowbrook Ath Comp / Jan 12

RP6710.601	2-3 yrs	9:30-10:30 AM	Tu
RP6710.602	3-5 yrs	10:30-11:30 AM	Tu
RP6710.603	3-5 yrs	1:30-2:30 PM	Tu

Meadowbrook Ath Comp / Jan 14

RP6710.604	2-3 yrs	9:30-10:30 AM	Th
RP6710.605	3-5 yrs	10:30-11:30 AM	Th
RP6710.606	3-5 yrs	1:30-2:30 PM	Th

Meadowbrook Ath Comp / Feb 23

RP6710.607	2-3 yrs	9:30-10:30 AM	Tu
RP6710.608	3-5 yrs	10:30-11:30 AM	Tu
RP6710.609	3-5 yrs	1:30-2:30 PM	Tu

Meadowbrook Ath Comp / Feb 24

RP6710.610	2-3 yrs	9:30-10:30 AM	W
RP6710.611	3-5 yrs	10:30-11:30 AM	W
RP6710.612	3-5 yrs	1:30-2:30 PM	W

Meadowbrook Ath Comp / Feb 25

RP6710.613	2-3 yrs	9:30-10:30 AM	Th
RP6710.614	3-5 yrs	10:30-11:30 AM	Th
RP6710.615	3-5 yrs	1:30-2:30 PM	Th

Mighty Kickers Soccer

3-4 yrs / 6 classes, start dates below / \$75

GOAL! Coaches provide a high energy, fun introduction to soccer. Mighty Kickers uses a creative, age appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6705.601	Guilford ES	Jan 25	5:30-6:15 PM	M
RP6705.602	Cradlerock ES	Jan 27	6:30-7:15 PM	W
RP6705.603	Gary J Arthur Comm Ctr	Jan 28	10:30-11:15 AM	Th
RP6705.604	N Laurel Comm Ctr	Jan 28	1:30-2:15 PM	Th
RP6705.605	Meadowbrook Ath Comp	Jan 29	12:30-1:15 PM	F
RP6705.606	Dayton Oaks ES	Jan 30	9:30-10:15 AM	Sa
RP6705.607	Ducketts Lane ES	Jan 30	10:30-11:15 AM	Sa
RP6705.608	Gorman Crossing ES	Jan 30	2:30-3:15 PM	Sa

Kiddie Indoor Soccer

5-7 yrs / 6 or 8 classes, start dates & prices below & next column

Are you ready to play the world's most popular game? Boys and girls, learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet in the gym. (No class 2/4, 2/8, 2/11, 2/15, 2/18.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 mins / 8 classes / \$60

RP6700.601	Meadowbrook Ath Comp	Jan 20	5:05-6 PM	W
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60 mins / 6 classes / \$47

RP6700.602	Triadelphia Ridge ES	Jan 25	4:35-5:35 PM	M
RP6700.603	Waterloo ES	Jan 25	5-6 PM	M
RP6700.612	Gorman Crossing ES	Jan 21	5-6 PM	Th

60 mins / 8 classes / \$63

RP6700.605	Clarksville ES	Jan 19	5-6 PM	Tu
RP6700.606	Elkridge ES	Jan 19	5-6 PM	Tu
RP6700.607	Guilford ES	Jan 19	5-6 PM	Tu
RP6700.608	Veterans ES	Jan 19	5-6 PM	Tu
RP6700.609	Clemens Crossing ES	Jan 20	4:55-5:55 PM	W
RP6700.610	Cradlerock ES	Jan 20	3:55-4:55 PM	W
RP6700.611	Atholton ES	Jan 21	4:55-5:55 PM	Th
RP6700.613	Longfellow ES	Jan 21	4:35-5:35 PM	Th

After-School Indoor Soccer

8-10 yrs / 6 or 8 classes, start dates & prices below

The world's most popular game awaits you. Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to gym. (No class 2/4, 2/8, 2/11, 2/15, 2/18.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 mins / 8 classes / \$60

RP6701.601	Meadowbrook Ath Comp	Jan 20	4:10-5:05 PM	W
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60 mins / 6 classes / \$47

RP6701.602	Triadelphia Ridge ES	Jan 25	3:30-4:30 PM	M
RP6701.603	Waterloo ES	Jan 25	4-5 PM	M
RP6701.612	Gorman Crossing ES	Jan 21	4-5 PM	Th

60 mins / 8 classes / \$63

RP6701.605	Clarksville ES	Jan 19	4-5 PM	Tu
RP6701.606	Elkridge ES	Jan 19	4-5 PM	Tu
RP6701.607	Guilford ES	Jan 19	4-5 PM	Tu
RP6701.608	Veterans ES	Jan 19	4-5 PM	Tu
RP6701.609	Clemens Crossing ES	Jan 20	3:50-4:50 PM	W
RP6701.610	Cradlerock ES	Jan 20	2:50-3:50 PM	W
RP6701.611	Atholton ES	Jan 21	3:50-4:50 PM	Th
RP6701.613	Longfellow ES	Jan 21	3:30-4:30 PM	Th

Youth Leagues

Winter Indoor Soccer League

4-8 yrs / 8 wks starting Jan 10 / \$77, *\$47 head coach's child

Boys and girls play soccer indoors while learning the basic skills of the sport. The Department forms the teams. Fee includes soccer jersey, socks and participation trophy. (No team entries.) Sneakers and shin guards required. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's children receive a discount. Registration deadline is December 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Harper's Choice MS

RP5702.601	4 yrs	Noon-7 PM	Su
RP5702.602*	4 yrs	Noon-7 PM	Su
RP5702.611	5-6 yrs	Noon-7 PM	Su
RP5702.612*	5-6 yrs	Noon-7 PM	Su
RP5702.621	7-8 yrs	Noon-7 PM	Su
RP5702.622*	7-8 yrs	Noon-7 PM	Su

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

Spring Youth Soccer League

4-8 yrs / 8 wks starting wk of Apr 11 / \$82, *\$52 head coach's child

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once per week on a weeknight beginning the week of April 11. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 23, between 9 AM and 5 PM. Shin guards are required. Fee includes participation award, soccer jersey and a soccer ball from Play It Again Sports® in Ellicott City. Volunteer coaches are needed. Head coach's child receives a discount. Individual registration only, no team entries. Registration deadline: March 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP5701.701	Meadowbrook Pk	4 yrs	9 AM-5 PM	Sa
RP5701.702*	Meadowbrook Pk	4 yrs	9 AM-5 PM	Sa
RP5701.711	Meadowbrook Pk	5-6 yrs	9 AM-5 PM	Sa
RP5701.712*	Meadowbrook Pk	5-6 yrs	9 AM-5 PM	Sa
RP5701.721	HC Ctr for the Arts	7-8 yrs	9 AM-5 PM	Sa
RP5701.722*	HC Ctr for the Arts	7-8 yrs	9 AM-5 PM	Sa

Instructional Indoor Soccer League

5-10 yrs / 8 wks starting Jan 23 / \$76

First-time players or those wanting to improve their fundamental skills play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-6 yrs / Beginner

RP6702.601	Athlton ES	1-2 PM	Sa
RP6702.602	Bollman Bridge ES	1-2 PM	Sa
RP6702.603	Centennial Lane ES	1-2 PM	Sa
RP6702.604	Clemens Crossing ES	1-2 PM	Sa
RP6702.605	Jeffers Hill ES	1-2 PM	Sa
RP6702.606	Waterloo ES	1-2 PM	Sa

6½ yrs / Advanced-8½ yrs / Beginner

RP6703.601	Athlton ES	2:15-3:15 PM	Sa
RP6703.602	Bollman Bridge ES	2:15-3:15 PM	Sa
RP6703.603	Centennial Lane ES	2:15-3:15 PM	Sa
RP6703.604	Clemens Crossing ES	2:15-3:15 PM	Sa
RP6703.605	Jeffers Hill ES	2:15-3:15 PM	Sa
RP6703.606	Waterloo ES	2:15-3:15 PM	Sa

8 yrs / Advanced-10 yrs

RP6704.601	Athlton ES	3:30-4:30 PM	Sa
RP6704.602	Bollman Bridge ES	3:30-4:30 PM	Sa
RP6704.603	Centennial Lane ES	3:30-4:30 PM	Sa
RP6704.604	Clemens Crossing ES	3:30-4:30 PM	Sa
RP6704.605	Jeffers Hill ES	3:30-4:30 PM	Sa
RP6704.606	Waterloo ES	3:30-4:30 PM	Sa

Adult Leagues (18 yrs +)

Adult Soccer Leagues

Team registration only. Winter, spring, summer and fall seasons offered. Visit www.eteamz.com/hcrpsports for information (Adult Sports link).

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



Our popular softball leagues are back for another spring!

Softball

• Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

Early Bird Softball Tournament

18 yrs + / Apr 2 & 3 / \$250

Register your team by March 27 for this three-game guarantee tournament. Games are April 5 and 6 at county parks. The tournament provides 3 USSSA approved balls to each team before the tournament. Additional balls may be purchased at the tournament for \$5 each.

Cedar Lane Pk West

RP5731.701	Co-Rec	Sa
RP5731.702	Men's	Sa

Softball Leagues

Games begin the week of April 10. Team fee includes balls, awards, officials, field reservation fees, sanction fee and administration. Team registration deadline: March 18. All games are played in county parks. See page 68 for league refund policy.

Men's League / 10 wks / \$890

18 yrs + / Men's League / Su-F

10 double headers for a 20-game schedule. D sanctioned teams.

50 yrs + / Men's 50 + Leagues / M

10 double headers for a 20-game schedule. ASA sanctioned teams.

Women's League / 10 wks / \$890

18 yrs + / Women's League / Tu

10 double headers for a 20-game schedule.

Co-Rec League

18 yrs + / Co-Rec League / \$475 / M nights

One game per week for a total of 10 weeks. Rec.-level league.

18 yrs + / Co-Rec League / \$890 / W-F

10 double headers for a 20-game schedule. D level leagues available.



Work on your forehand at our tennis programs.

Tennis

Kiddie Indoor Tennis

5-7 yrs / 6 or 8 classes, start dates & prices below

Time for tennis! Players learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. (No class 2/5, 2/8, 2/15.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

60 mins / 8 classes / \$63

RP6870.601	Waterloo ES	Jan 20	5-6 PM	W
RP6870.602	Jeffers Hill ES	Jan 21	4:40-5:40 PM	Th
RP6870.603	Waverly ES	Feb 2	4:55-5:55 PM	Tu

55 mins / 6 classes / \$43

RP6870.604	Meadowbrook Ath Comp	Jan 25	5:05-6 PM	M
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Private Indoor Tennis Lessons

6-10 yrs / 4 classes, start dates below / \$94

Individual and small group lessons (1:4 ratios) for 10 and Under QuickStart Tennis Players. Drills, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. 10 and under QuickStart Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by using specialized equipment, shorter court dimensions, and simplified scoring, all tailored to match youth age and size. Bring a junior-size racquet (21" to 25"). All lessons run for 45 minutes. (No class 1/18.)

Info: 410-313-4637.

Meadowbrook Ath Comp / 4:10-4:55 PM / Instructor: Shantha Chandra

RP6872.601	6-8 yrs	Beginner	Jan 11	M
RP6872.602	6-8 yrs	Advanced Beginner	Jan 12	Tu
RP6872.603	9-10 yrs	Intermediate	Jan 15	F
RP6872.605	6-8 yrs	Beginner	Feb 22	M
RP6872.606	6-8 yrs	Advanced Beginner	Feb 16	Tu
RP6872.607	9-10 yrs	Intermediate	Feb 19	F

Meadowbrook Ath Comp / 4:10-4:55 PM / Instructor: Gene Pierelli

RP6872.604	9-10 yrs	Advanced Beginner	Jan 15	F
RP6872.608	9-10 yrs	Advanced Beginner	Feb 19	F

Jr. Development Tennis Spring Break Camp with Shantha Chandra

7-13 yrs / 4 days starting Mar 28 / \$90

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy the fun competition with players of the same skill level. Makeup rain day: Friday. Info: 410-313-4637.

RP7012.701 Centennial Pk West 9-11 AM M-Th

After-School Indoor Tennis

8-10 yrs / 6 or 8 classes, start dates & prices below

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to gym. (No class 2/5, 2/8, 2/15.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

60 mins / 8 classes / \$63

RP6871.601	Waterloo ES	Jan 20	4-5 PM	W
RP6871.602	Jeffers Hill ES	Jan 21	3:35-4:35 PM	Th
RP6871.603	Waverly ES	Feb 2	3:50-4:50 PM	Tu

55 mins / 6 classes / \$43

RP6871.604	Meadowbrook Ath Comp	Jan 25	4:10-5:05 PM	M
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Jr. USA Team Tennis Spring Break Camp with Shantha Chandra

10-15 yrs / 4 days starting Mar 28 / \$90

Advanced beginners and intermediate players freshen up on their basic ground strokes, serving, scoring and playing matches. Makeup rain day: Friday. Info: 410-313-4637.

RP7015.701 Centennial Pk West 11:15 AM-1:15 PM M-Th

Volleyball

Youth

• Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

After-School Volleyball

6-10 yrs / 6 or 8 classes, start dates & prices below

Practice makes perfect! This program is for beginners who enjoy this exciting sport and want to learn the basics. Individual players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve.

6 classes / \$47

RP6400.603	Running Brook ES	Jan 27	4-5 PM	W
RP6400.601	Thunder Hill ES	Feb 1	4-5 PM	M

8 classes / \$63

RP6400.602	Dayton Oaks ES	Jan 5	3:25-4:25 PM	Tu
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Learn to perfect your serve at our volleyball programs.

Instructional Volleyball League

6-10 yrs / 8 wks, start dates below / \$99

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks are scrimmage games. Fee includes t-shirt.

N Laurel Comm Ctr / Jan 2

RP5893.604	6-7 yrs Beginner	1-2:10 PM	Sa
RP5893.605	7 yrs Advanced – 9 yrs Beginner	2:20-3:30 PM	Sa
RP5893.606	8 ½ yrs Advanced – 10 yrs	3:40-4:50 PM	Sa

Roger Carter Comm Ctr / Jan 23

RP5893.601	6-7 yrs Beginner	1-2:10 PM	Sa
RP5893.602	7 yrs Advanced – 9 yrs Beginner	2:20-3:30 PM	Sa
RP5893.603	8 ½ yrs Advanced – 10 yrs	3:40-4:50 PM	Sa

Volleyball Skills Development

8-18 yrs / 8 classes, start dates below / 125

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving.

8-12 yrs

RP5892.601	N Laurel Comm Ctr	Jan 25	6-7:30 PM	M
RP5892.602	Gary J Arthur Comm Ctr	Jan 20	7-8:30 PM	W
RP5892.603	Roger Carter Comm Ctr	Jan 21	6-7:30 PM	Th

13-18 yrs

RP5892.611	N Laurel Comm Ctr	Jan 25	7:30-9 PM	M
RP5892.612	Gary J Arthur Comm Ctr	Jan 20	7-8:30 PM	W
RP5892.613	Roger Carter Comm Ctr	Jan 21	7:30-9 PM	Th

Youth Volleyball League (Formerly MVL)

10-16 yrs / 8 wks starting Jan 17 / \$130, *\$60 head coach's child

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Weekly practices are scheduled between 5-9 PM on a weekday at a Recreation & Parks indoor facility depending on team placement

and coach's availability. Matches are on Sundays between noon-4 PM at Meadowbrook Athletic Complex. Players are placed on teams after a skills evaluation scheduled for Sunday, January 17, time TBD. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Registration deadline is January 6.

Matches: Meadowbrook Ath Comp / Practices: TBD

RP5891.601	10-12 yrs	RP5891.602*	10-12 yrs
RP5891.611	13-14 yrs	RP5891.612*	13-14 yrs
RP5891.621	13 yrs (adv.)-16 yr	RP5891.622*	13 yrs (adv.)-16 yrs

School's Out Volleyball Tune-Up

9-15 yrs / 3 days starting Dec 28 / \$99

Sharpen your volleyball skills and develop new ones in three condensed sessions. Skill instruction includes serving, passing, setting and hitting. The coaching staff and curriculum focus on having fun while learning through drills and games in an encouraging environment.

RP5892.651	N Laurel Comm Ctr	9 AM-noon
RP5892.652	N Laurel Comm Ctr	1-4 PM

Adults (18 yrs +)

Drop-In Co-Rec Volleyball

18 yrs + / 10 wks, start dates below / \$44

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. Want to play more than once per week? Look into purchasing our Get Active Package (page 9). Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP6901.601	Burleigh Manor MS	Jan 4	8-10 PM	M
RP6901.602	Burleigh Manor MS	Jan 7	8-10 PM	Th
RP6901.603	Forest Ridge ES	Jan 6	8-10 PM	W
RP6901.604	Rockburn ES	Jan 5	8-10 PM	Tu
RP6901.605	Meadowbrook Ath Comp	Jan 6	9-11 PM	W

Co-Rec Volleyball League

18 yrs + / 8 wks plus playoffs starting Jan 10 / \$220

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by January 3; or by November 29 to receive a 10% discount. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5890.601	Roger Carter Comm Ctr	4-10 PM	Su
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Co-Rec Volleyball

55 yrs + / Starting Jan 5 / \$76

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. Stop by Meadowbrook Athletic Complex before you register to see if this program is right for you. The program meets two times per week. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

RP5592.601	Meadowbrook Ath Comp	10:30 AM-12:30 PM	Tu & F
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

***Waiver:** In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and policies.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2014 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7 AM, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7 AM, programs in schools in progress may be completed but those later in the day will be canceled.

- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines

Programs (Events, Trips, Selected Sports,* Outdoor Rec, Child Care & Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel	
Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr	410-313-4452
Belmont Manor & Historic Park	410-313-0200
All School Fields	410-313-6827
Alpha Ridge, Western Regional	410-313-4372
Blandair	410-313-3673
Cedar Lane	410-313-4453
Centennial	410-313-4454
Cypressmede & Hollifield	410-313-4457
Dayton Oaks Parks & Schooley Mill	410-313-4458
Dickinson, Hammond, Hawthorn,	
Huntington & Martin Road	410-313-4459
East Columbia Library, Guiliford	
Savage & N Laurel Fields	410-313-4456
Howard County Center for the Arts,	
Rockburn Branch, Waterloo &	
Worthington Off-Leash	410-313-4455
Meadowbrook	410-313-2727

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eg. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request

along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Cynthia Vaillancourt (Board of Education Designee), Mr. David Brown (Board of Education), Mr. William Santos (Planning Board Designee), Mr. Michael Smith (Student Member), Mr. John R. Byrd (Recording Secretary), Ms. Barbara Anderson, Mr. Thomas M. Franklin, Ms. Joanne Kiebler, Ms. Sylvia Ramsey, Mr. Daniel Tracy, Jr.

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/ContractorApplication.pdf or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.

Program Locations

Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock ES	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Ducketts Lane ES	113 (b-5)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mill s MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harper's Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Lake Elkhorn MS	15 (b-4)
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbot Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

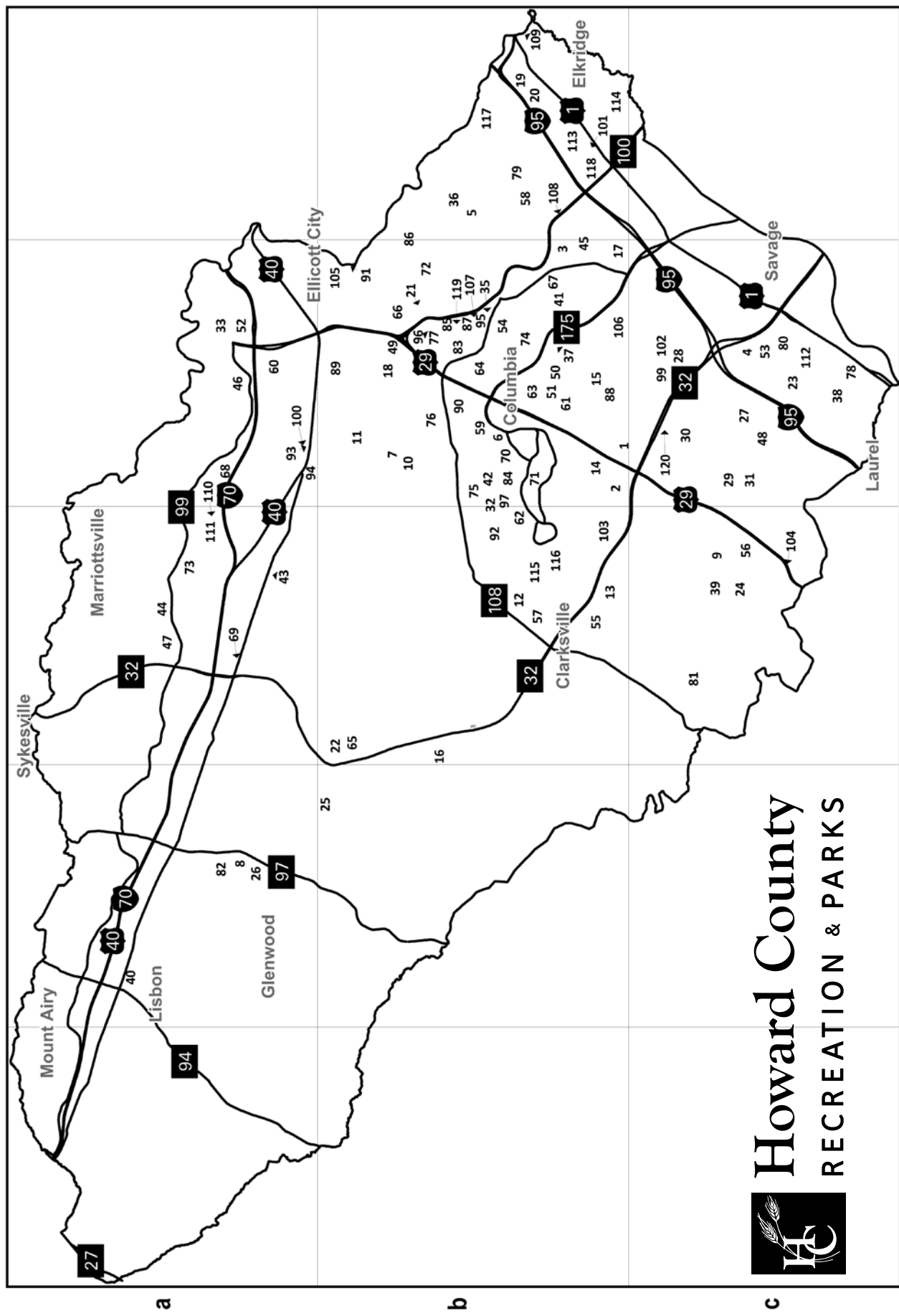
Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental Area (MPEA), Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

AXIS Sports Facility	83 (b-4)
Bain 50+ Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills Golf Course	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up – Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy Golf Course	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)

For additional locations and driving directions, please visit www.howardcountymd.gov/Directions.htm.

1 2 3 4 5



Howard County

RECREATION & PARKS





Howard County

RECREATION & PARKS

Registration Form

Voice/Relay: 410-313-7275

Fax: 410-313-4658

www.howardcountymd.gov/rap

7120 Oakland Mills Road, Columbia, Maryland 21046

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

PAYMENT OPTIONS

Cash/Check

☐ Cash \$ _____ ☐ Check # _____ \$ _____

Make checks payable to **Director of Finance; Howard County**

Mail to: Howard County Recreation & Parks, Attn: Registration
7120 Oakland Mills Road, Columbia, MD 21046

Credit Card



Card #: _____ Exp. Date: _____ CVC Code: _____

Account Holder Signature _____ Date _____

Account Holder Name (Print) _____

Electronic Check Payment

☐ Checking

☐ Savings

Routing # _____ Account # _____

Account Holder Signature _____ Date _____

Account Holder Name (Print) _____



Routing Number

Account Number

☐ I would like to contribute \$ _____ to the HCRP Scholarship Fund.

		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Name of Payer	Date of Birth	Home Phone
Home Address: Street		Work Phone 1
		Cell Phone
City/State/Zip		Email Address

Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at www.howardcountymd.gov/recandparksforms.htm and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request.

Does the participant have a disability or any special accommodation request that we need to know about?

If yes, please explain. _____

Does the participant have an allergy that we need to know about?

If yes, please explain. _____

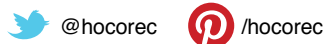
Signature _____ Date _____



Howard County

RECREATION & PARKS

7120 Oakland Mills Road, Columbia, MD 21046



43rd
Anniversary

Holiday Mart

Juried Arts & Crafts Show

December 5, 10 AM - 5 PM
5 yrs +, \$5 per person

- 140 crafters
- Door prizes
- Horse and carriage rides
- Childrens craft corner
- Refreshments and lunch available for purchase

Info: 410-313-4840 or www.howardcountymd.gov/rap
Inclement Weather: 410-313-4452

Gary J. Arthur Community Center
2400 Route 97, Cooksville, MD 21723

\$1 off with this ad. (Must be presented at time of purchase, good towards one admission only.)



RP-WINTER-2015/16